# MASTERS ATHLETICS

AUTUMN 2011. NUMBER 97



ANDREA JENKINS TWO WMA GOLDS & ONE SILVER Picture Louise Oliver

GREAT

WMA

#### MASTERS ATHLETICS SPRING 2011.

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Items for inclusion in the "Winter Edition" to reach the editor by the 16<sup>th</sup> November 2011.

# JOIN THE 300 PLUS CLUB

SHOULD YOU WISH TO JOIN PLEASE SEND YOUR DETAILS WITH YOUR CHEQUE FOR £ 12, DIRECT TO:

Danny Mullane, 34, Malden Road, Tiptree, Colchester, Essex, C05 0TN.

#### Winners in the latest draws were:

MAY: Jack Fitzgerald (£125); Dr Helen Burrell, Dr. Grahame Cooper, Mrs S Kirkup, Les Venmore, Leslie Vialls (all £10). JUNE: Patsy Forbes (£125); Carole Filer, David Lipscombe, Steve James , Andrew Johnson, Peggy Taylor (all £10). JULY: Keith Hall (£125); Jack Fitzgerald, Anita Neil, Pam Jones Malcolm Stewart, (all £10). AUGUST: Mike Caudwell (£125); Brian Fowler, Irene & Edgar Nicholls, Harold Piper & John Scott (all £10).

**OUR THANKS** go to Nigel Wray for his generous donation.

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THE PICTURES USED IN THIS ISSUE ARE BY JEREMY HEMMING hemming@dircon.co.uk

### TOM PHILLIPS

www.tomphillipsphotos.co.uk

LESLEY RICHARDSON www.rikko2photo.co.uk



POLANIK 1k DISCUS.

At the recent B.M.A.F. Championships, both of my Discus's failed inspection because of the thickness at the centre, which should have been between 37-39mm. Both were discovered to be 41mm hence they were declared illegal for competition, despite the fact they had UKA/IAAF markings.

On returning home I go in touch with Neuff, explained what had happened. I was asked to return them, and following return to the makers it was confirmed they were 41mm. The makers have now replaced both implements.

Moral of this is, all Athletes having purchased equipment should ensure they meet the proper specifications, even if they have the relevant marking from the manufacturers.

JIM SLOAN, Annan & district AC.

GINGE FULLEN sent this picture of Les D'Arcy from Wakefield. Having just turned 90 LES competed in the World Masters Championships. He broke the UK Shot put record with a throw of 6.66 and established new records in that age group in the Weight and Hammer with throws of 6.60m and 17.74m respectively. Les is also a World Champion at Table Tennis having won Gold and Silver in the

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doubles and singles last year in China and formerly second in the world in Weightlifting in the over 80 age group. Unlike Athletics both those sports stop competition at the over 80 age group.



#### Dear Sir

In considering the views concerning master's age groups with respect to team competitions, I would like to suggest a very different approach to how we determine team winners. Although older athletes make up a large proportion of competitors in most events, team awards are uncommon and when they are given close results are rare. Indeed, many clubs have good runners but rarely will, if ever, have a team in any of the age groups. I would like to propose the following approach.

A team should consist of between four and six scorers (depending on the size of the field) and should either cover all age groups or be split into under 55 and over 55 (or possibly making the division at 50). The points each athlete would score would be their position within their own age group. With four to score it would be possible for a team to score four points by getting winners in four different age groups. It would be a club very worthy of a team award, but which may not have enough finishers in a single ten year age group to score.

My feeling is that this would result in competition which is both fiercer and fairer than at present at national level, and which would make organisers of local races much more willing to offer team awards. This approach is very flexible: it would be possible to have a single team prize covering both men and ladies where athletes of all ages are equally important.

Michael Hand Cheltenham Harriers

#### A query passed to me by Martin Duff.

#### Hello Martin,

Hope all's well with you. I have just received most recent copy of Masters' Athletics.

My query is a small matter really but, the results shown within your article for M65-74 teams don't include Bingley (me) as an incomplete team nor my time. Do you know of any reason for this omission and, when you get time after Sacramento, who do I go to get the details recorded.

Cheers for now. All the best. Fred.

Simple answer here! Fred was not included in the official results. However, his time was 20.12 as a member of an incomplete Bingley Harriers team. Editor.

A good picture sent by Jenny Doxley, of Jason Harne, Gavin Jones and Martin Tighe, British Gold medallists Marathon M35 Team.



#### Hi Brian,

Congratulations on another excellent edition. Although' my competitive days are over I enjoy reading reports and results of those still competing.

Some points worthy of comment -

Page 4 - IAAF Rule 141 - My personal view on the 35/40 Master/Veteran borderline is not relevant but the on-going confusion and continual changes are totally detrimental. In practice I would point out that promoters and others can recognise and reward whatever age categories they wish so long as they do not contravene specific rules nor use incorrect titles. For instance, in the past the Gwent Cross country League had a Women's 30-35 category which operated for several years with no problems. I concede Bridget's point regarding financial implications but feel she has confused some other points (W35 athletes being prevented from training in a stadium).

Page 4 - Cheques - Recently an announcement was made that cheques will now continue beyond 2018 until a suitable alternative is available.

Page 5 - Being pedantic -Until ratified Caroline Powell's performance is not yet a new World Record. JOHN COLLINS.

Someone needs to inform the press and TV, of this fact, as they always shout WORLD RECORD never unratified WORLD RECORD. Editor.

Sacramento A disappointed Tony Bowman comments.



Looking at the entry booklet for these games I got the impression (wrongly!), these were going to be something special. I was fooled by the glossy Brochure and should have known better, having competed in the United States Masters Indoor a few years ago and had experienced how badly they were run.

I certainly did not expect the world championships to be held in such an amateur, inexperienced manner. The facts:

One) there were no programs only a daily list of events stuck to the call room table for the benefit of officials checking in the athletes. Competitors were given an entry list and schedule, however this only enabled the athlete to determine which day and what time they were competing, it did not enable an observer to follow the day's programme.

Two) I know it's hard to believe, but there were no changing rooms' showers.

Three) the toilet facilities for up to 4500 competitors and many spectators was disgusting! They consisted of a portaloo one for men, and one for Women. The men's portaloo was designed for use by seven people. There were in addition two portaloo's in the call room and an additional four units on the warm up track. And it difficult it is to believe a grand total of two wash basins!

Four) only a third of the main stand was covered. Consequently this area was packed with spectators sheltering from the searing sun, packed like sardines in a tin.

Five) at almost all championships I have attended it is possible to find something to eat. Not here! The only refreshment available was served from a small Caravan track side, providing hot dogs, sandwiches and cold /hot drinks. Outside of the stadium there was a sandwich shop in the college complex. What an opportunity the organizers had missed here.

Six) the party at \$50.00 was a complete rip off. The only food available was provided by eight kiosks serving bite sized portions of nibbles. Where were the plates of hot food ?, There was plenty of alcohol. However, the athletes in general do not tend to consume a great deal of drink. On the whole well below the expected standard from one of the World's richest nations.

Seven) they managed to run out of medals, apparently due to miscalculation!

Eight) it appeared that heats were compiled from those who had entered the competition, rather than those who were actually there waiting to complete. This meant that races had to be rearranged on the spot. Inefficient and confusing.

Nine) it was hardly surprising that the organisers had not arranged for the transfer of clothing between start and finish. Therefore it was necessary to collect your own clothing from the start. However you were not allowed to walk on the grass, so therefore you had to walk on the concrete in spikes or your bare feet! does that make sense?

Ten) in the heat of the 300 metres hurdles the competitors were issued leg numbers by the call room. When we got to the start these numbers act did not match those on the starters list. Consequently we all have to remove the numbers, the confused recorders were not aware of this fact because the starter had not told them.

Eleven) my brother who lives in Boston (USA not Lincolnshire) Had arranged to meet me due to the fact there was no programme and officials did not appear to know what was going on, the first knowledge he had of my existence was when my name came up on the display board minutes before the start of the race.

Twelve) I stayed in a city centre hotel in downtown Sacramento. Things looked good when I saw a notice board outside my hotel, that a shuttle service would run a between designated hotels and the track. Actually this never happened, instead I caught the public bus service which entailed a longer walk to the track, and latterly I found a more direct route using the light railway system. This entailed having to walk from my hotel running the gauntlet past a group of economically dispossessed, before getting to the train stop. Unfortunately several of these people turned out to be my travelling companions once on the train.

13) The souvenir wear, a T shirt with a games logo on the front and a list of British competitors on the back would have cost \$50.00 which was not good value for money .
14) On Monday, the 11<sup>th</sup> of July I had to attend a medal presentation at 5.30 AM. I had a 200 metre race, in another stadium so I thought I could catch the inter stadium shuttle bus. The driver drove the bus to the main stadium and then, he told us he would not run again until 5.00 PM. Hence another long walk to take the public bus to the main stadium , a 50 minute journey at the hottest time of the day.

15) Road signs to the championships, and to the stadiums ...

16) I ordered a photograph from the official photographer, but when I called to collect it was not the correct one, so the process had to be repeated.

17) Normally finishing times are included on winners certificates, but not in the USA.

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18) I have observed U.S. Masters Officials at least two of our European championships; they were taking notes on how we organize our events.

Conclusion) the championships were a disgrace. We expect more from one of the world's most developed nations. In many ways I thought I was back at a school's sports day. Serious questions need to be asked before the United States of America are allowed to stage the World Masters Championships in the future.

According to the competition manual . Sacramento was proud to hold this tremendous international event. The local organizing committee, meeting officials and general public would do all they can to make your visit to California and most memorable one.

It certainly was, but not how they intended!

Views from our other competitors and guests would be appreciated.

*Tony Bowman, 25 the poplars, Guiseley, LS209PF. England.* 



### CHAIRMAN'S REPORT ARTHUR KIMBER

The main event since the last issue of Masters Athletics was the World Track and Field Championships in Sacramento, California, where quite a small team of British athletes took a creditable fourth place in the medals table, behind the U.S.A., Germany and Australia. In August, the annual Inter Area Track and Field Challenge was extremely competitive with very close finishes in all three matches, men's, and women's and overall. Southern Veterans were the winners of the men's and overall matches and Midland Masters of the women's match. The BMAF decathlon/heptathlon championships are being held a few days after the time of writing. Road runners have been busy competing in two BMAF championships, the half marathon in Leek and the 10 miles in Hexham, and the race walkers in the BMAF championships in Leicester.

The World Masters Assembly in Sacramento awarded the 2015 track and field championships to Lyon, France, a return to Europe after Sacramento this year and Porto Alegre, Brazil, in 2013, and easily accessible for British athletes.

I have received a number of comments about the idea of inaugurating an indoor inter area match, all in favour, and I will make a detailed presentation to the regional delegates at our meeting at the end of October.

The road runners will be busy this Autumn at the BMAF 10k. championships at Exmouth and the Marathon at Abingdon in October, and the cross country season starts with the B.M.A.F relays at Derby, also in October, followed in November by the very popular British and Irish Masters International in Glasgow.

If you are taking a welcome break at the end of the track season, I hope you will recover well to get back to a good winter's training.

### SECRETARY'S REPORT BRIDGET CUSHEN.

#### Change to IAAF Rule 141

At the I.A.A.F Congress in Daegu, Delegates voted by a large majority to amend the above Rule to recognise men and women as Masters at aged 35 years for all events, i.e. Stadia and all Non Stadia. The new Rule takes effect from 1 November 2011.

#### World Masters Athletics Congress

This lively and well attended biennial Congress took place in July in Sacramento on one of the Rest Days and we are indebted to four members Lesley Richardson, Archie Jenkins, Mike May and Ian Richards who came along with me, particularly Ian who spent so much time scrutinising Drafts beforehand. The following decisions were taken:

► Budapest won the vote to host the 2014 World Masters Indoor Championships. Non Stadia events i.e. throws, (with two hammer throwing areas), road walks/runs/cross-country relays are included.

► Lyon, France, will be the venue for the 2015 World Track & Field Championships.

 In an update on the 2012 World Masters Indoor in Jyvaskyla, the Finns reported that there are 1,312 hotel rooms at from €59-106 and School accommodation available at €25. The Half Marathon course is described as fast and scenic. How to enter details in Fixtures on our web site.

► The W.M.A Age Factors for the multi events was completed in 2010 and are available on www.world-masters-athletics.org.

▶W.M.A Indoor Championships will in future include either a  $\frac{1}{2}$  marathon or a 10km.

► A Road Racing Commission/Task Force to be appointed to explore "stand alone" Championships in the Non Stadia distances.

▶ Change to World and Regional biennial Championships WMA Council proposed that we change the year of our Championships from odd numbered years to even numbered years effective from 2016 due to potential conflicts with another organisation, the International Masters Games Association. The Proposal was carried. The bidding team from Perth, unsuccessful in their bid to host 2015, was awarded the WMA 2016 Track & Field Championships. To effectively achieve this change the 2015 Championships will be held in Lyon, but the next T & F will be held in 2016 in Perth, Australia, and from then on in each even numbered year, 2018, 2020 etc. This means that the WMA Indoors will be in Budapest in 2014, but then not until 2017, a three year gap. The European T & F Championships, venues not decided beyond Izmir in 2014, will

then jump to 2017. Some may view this as WMA's acquiescence to the Masters Games Association who promotes a World Games every four years involving some 15 core sports.

#### ► False Starts

I would also like to reiterate that in European or World Masters Championships, you are only disqualified if you make two false starts.

#### ▶ Medals from Sacramento

We will continue to monitor the team and relays medals situation and update on our web site.

► Lyon resident, Pierre Quinon, the 1984 Olympic pole vault gold medallist and a former 5.82m World Record holder led the successful Lyon 2015 bidding team in Sacramento. We learned of his death on 17 August aged 47. He leaves a wife and two children.

The Editor of "Masters Athletics" would like to congratulate BRIDGET on her re-election to the IAAF Masters Committee, at the Congress in Daegu.



Yamilé Aldama (14/8/72) set a new British W35 Triple Jump record competing for Great Britain in the World Championships in Daegu on the 1st September.

The new distance was 14.50 just one centimetre down on the World Masters record.

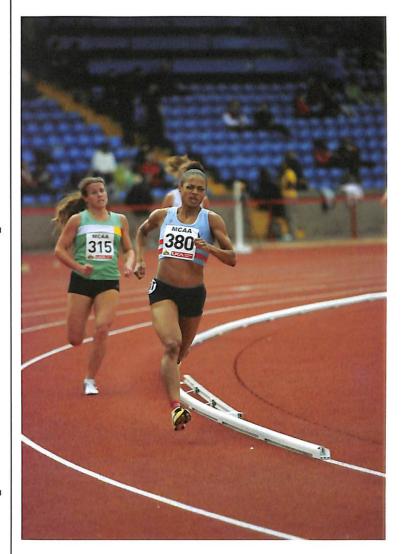
Mike Hazlewood (Throws Pentathlon Records) has a new mail address it is: *mr.mike.hazlewood@gmail.com*.

SO WHAT DID ALL THAT TRAINING BACK THEN DO TO THE HEARTS OF RUNNERS WHO DID HIGH MILEAGE AND ARE NOW IN THEIR 60S AND 70S?

Having recently been told that I may eventually need a pacemaker to go with the beta-blockers to suppress my heart rate and the aspirin (or warfarin) to prevent me getting a stroke, I discover that I am not alone with such diagnoses, writes Martin Duff.

Former internationals like the late Roy Fowler, Bernie Ford and Don Fairclough are all known to sport pacemakers but many more, such as Stan Eldon and Gerry North are also heart problem sufferers.

To try to discover just what proportion of high mileage runners from the 1970s are now suffering from heart problems and to statistically see if there is a link (as my cardiologist suggests) between that mileage and current problems I intend to seek the help of (hopefully) 1000 runners who are now over 60 and who did high mileage in the past. I will then send a questionnaire for completion, before analysing the answers with a view to establishing reasons why and what present day runners and their coaches should look out for. To take part in the survey, please contact me by, preferably, email at martin.martinduff@btinternet.com or by post to Ramatuelle, Spronketts Lane, Warninglid, West Sussex, RH17 5SA.

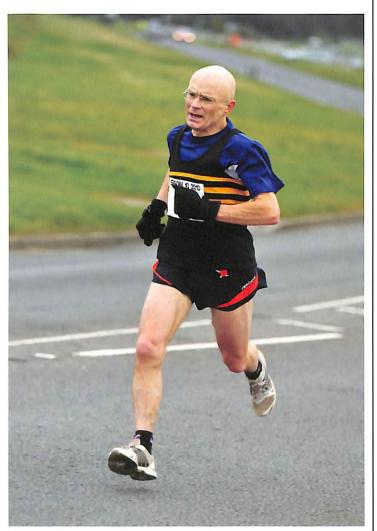


Karen Harewood ,Corby AC set a new W35 British Best , running in the BMC Grand Prix at Birmingham. The GB international ran 2:02.88 in the Women's 800 metres "A" race on the 20<sup>th</sup> August.

### KEITH WHO? A PROFILE OF BMAF 1500M CHAMPION KETH EWING Words; Peter Hamilton Photograph; Tom Phillips

Slipping seamlessly under the radar to win the National M50 1500m title, Keith Ewing, in his first year in the age group could easily provoke the question, where has this man come from? Not widely known on the circuit, the affable, quietly spoken Ewing has not corrected his attributed pb on the Power of 10 rankings, but were he to do so, his best time of 3.42 set in the early 80s in his native New Zealand might suddenly draw more

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attention as well as testify to the pedigree he still displays 30 years on.

So where has he been all this time after having arrived on these shores in 1982 from Auckland where he was working as a journalist on a daily newspaper with an ambition to take his running career to the next stage?

"I was training with and was being coached by John Walker prior to coming to the UK. I had achieved my 1500m time in an international race in Christchurch, just pipping Scotland's John Robson for about 10th place in a field of 12!

"Most young Kiwis come to Europe before heading home and settling down to have families – it's what we call 'overseas experience' and often includes working in bars in London and driving across Europe in camper vans – but I had an additional motivation which was to compete in athletics."

After lodging with relatives in Gloucester when he first arrived (where he set the Gloucester AC record for the mile at 4.05.0, which still survives), it all went badly wrong. The day before he was due to compete in the AAAs 1500m championships at Crystal Palace; Keith sprained his ankle while training with Walker.

"It was just one of those unfortunate things," says Ewing. "We were literally just jogging and I stepped off a kerb and went over on my ankle. Within minutes it was the size of a balloon. I couldn't believe it. To make matters worse I tried to get back into training too soon which caused an Achilles problem that

dragged on for months. By this time I had run out of money and needed to find work."

Keith, a British passport holder, found work as a journalist on the weekly Hampshire Chronicle newspaper in Winchester, where he met his wife Janie and started family life. Track running became a distant memory although the odd 10km race and two London Marathons (2hrs 56mins for both) meant he kept his running hand in from time-to-time. Only when his son Joseph ran 2m 12secs for 800m as a 14-year-old and expressed interest in joining a club was Keith's interest fully rekindled. The comeback is a familiar and not a particularly unique reintroduction to athletics

"I was sitting at Blackheath and Bromley watching Joseph compete and I thought to myself, if I am spending so much time watching athletics, I might as well have a crack at it again."

This led to Ewing senior's enrolment at Blackheath and soon he was turning out and scoring in the Kent division of the SCVAC league in the 2008 season, running a solid 2.11.6 in his comeback year. But, never far from any athlete's return to competition after a sustained absence, injury interrupted the following two seasons, with a 2.14.6 800 in 2009 and only two track races in 2010, the best being a 4.28.3 1500m. What seems to have made a difference in 2011 is a solid winter that included weekly track sessions at Sutcliffe Park with that eternal motivator, graduation to a new age group.

2011 has not been a complete bed of roses. In March he lost his job as communications director for a charitable organisation. This led to an action plan for re-employment that involved a training course occupying several weekends. In fact Ewing raced back down the MI following his Birmingham victory to spend the remainder of the weekend studying counselling and psychotherapy in north London, and it was required attendance on the course in February that caused him to miss the National Indoor championships, an absence that must have been noticed by fellow competitors after he had opened the season with a front running 800 win in 2.08.56 at the VAC championships at Pickett's Lock.

Perhaps having seen himself as an 800m specialist in the past (he still holds the Auckland Secondary Schools record at 1m 54.4 and was NZ under-17 800m title holder), 1500m may now be the natural focus, with strength backed up by a 77.27 half marathon and a 34.06 10k at Eastleigh in March. In fact due to being in good shape from the winter and having missed the indoor champs, he gave the BMAF cross country a go. Ewing's blend of strength and speed resulted in 5th place (3rd Englishman, 18 seconds down on distance specialist Mike Deegan) which should augur well when selection is made for the 2011 Home Countries international.

With a national title in the bag, the time came for all that training to be tested in a quest for times and 2.05.7 twice and 4.15.1 in the second half of the season have placed him firmly at the top of the rankings, in fact he has the top three 800m times. A consummate team man, Ewing has gained valuable points all season for Blackheath in the league fixtures, racing in the lower M35 age group. The way forward is best summed up by Ewing himself. "I am loving athletics again. Each training session and race is a joy because as a vet you never know when the next injury may strike. Just keeping the show on the road feels like a major achievement. If you get to run fast, it's a bonus."

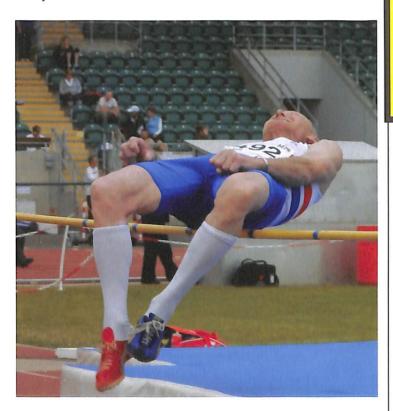
Clearly a successful balance has been established. Now re employed as a communications manager at Macmillan Cancer Support, slipping under the athletics radar in future is clearly going to be difficult.

### INTERVIEWS BY ALASTAIR AITKEN

**ANGELA COPSON (***British W60 record of 5:20.22 and won the 5k in 19:36.90***)** 

She was injured last year but gradually came back through the winter. Her coach Ian Wilson remarked " She is running as well this year as she was 2 years ago. She had never really been properly injured till last year, got treatment and gradually came back through the cross country season. Her biggest track meeting for her was the British Masters and now she goes to Sacramento. It will be interesting to see how she does!

Angela Copson pointed out "Cross-country is my best. Things get a bit serious on the track. I think I am too old to be serious "However she is kept young by the people who run with her while training in the Midlands. **LUCY HODGSON** (W35) 5k winner in 18:12.91 " That was a personal best for me as I have never run 5k on the track before, only on the road. I normally do crosscountry and my best was coming 31st in the Southern last year."



**COLIN SHAFTO** (76) was the M75 high jump record holder with 1.31 from last year and, looks back to when he first broke records and ran 110 hurdles in the '40 to 45' group. He has been a regular at these

Championships since those early days as a Master. His rival 75 year old,

**TONY CROKER**, improved on Shafto's height with 1.33. Croker, who is a coach with Kidderminster & Stourport AC did 6ft 41/2, in old measurements as a 24 year old. He remarks " I did 1.40 this year in the European and was one centimetre away from the World record.' He remembers his first interest in athletics was as the 1948 Olympics approached and then, when he was at school and with Thanet AC he did the high jump, as there was no one else to do it at the time.

### Old Guard, shorten the winter, Track and Field Championships

5th Sunday morning Open Competition 16<sup>th</sup> October 2011, 10.00 AM – 12.30

Venue: Stourport on Severn Sports Centre, Worcestershire

Events: 150, 300, 600, Mile, High Jump, Hammer, Shot

6th Sunday morning Open Competition 25<sup>th</sup> March 2012 10.00 AM -12.30

Venue Stourport on Severn Sports Club

Events 100, 200, 400, 800, Javelin, Discus, Long Jump

All Masters level five year age groups, women and men Sponsored by Kidderminster and Stourport Athletics Club

Fees: £2.00 first event; all additional events £1.00

Free car parking, Sports Centre open for bar, cafeteria, changing, showers, Information on local Hotels/Boarding Houses.

Full details and entry form from: tonycrok@aol.com Or from Tony Crocker, Croft Cottage, Pershore Road, Upton Snodsbury, Worcestershire. WR7 4NR (SAE please



**IRIS HOLDER** won the triple jump with a new British record for the over 70's of 7.07. She said " I was absolutely amazed because I had not jumped for 2 years

#### MASTERS ATHLETICS AUTUMN 2011.

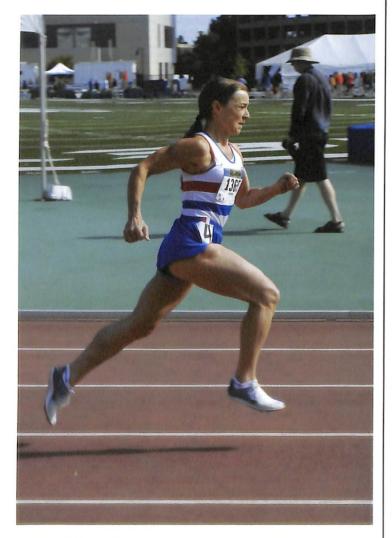
with injury. It was a lot of mental preparation and things held together...

I was absolutely thrilled. My son Craig ran yesterday and came fifth in the 400. He was a bit disappointed as he said his legs gave way."

**STEVE LINSELL** (47 did a Championship Best in M45 high jump of 1.84.) " I used to hold the British Record till last week of 1.85. My best was 2.00 in 1997--I had a stagnant period in the '80's as I did 1.95 at 18. then, finally did 2.00 at 33. I have been struggling most of the year with an Achilles. I ruptured it in 2005. Most of the jumping I have been doing has been in the competitions because it hurts to also train on it as well. That means my technique is ropey but I got away with it today."

NANCY HITCHMOUGH, as an M60 ran to a British record of 5:27.02 on the Saturday and then on Sunday in the W60 800 ran 2:36.03 Also a British record. Did she feel that the 800 was one of her best results " Yes, as I broke the record last year with 2:37.42 so, to break it a year on is quite good really'

'The time I started was when the Indoor European and 'World invitational Masters' came to the Birmingham Indoor Arena and somebody said to me 'You should try that and I did not know what a big event it was. After that I started doing the 'Nationals'



LAURA MAHADY (Winner of 400/800 W50. in 62.88/2:24.81)

" I did not have a particularly good Winter after Finland.

I did the World's 2 years ago. I won the 800 and set a European record of 2:19 in Finland. I think last year was payback time. Since March I took a break. At Easter I went to Club La Santa and turning the heat up since then. Last three weeks it has been good. It has been hard in the winter in Aberdeen--Appalling. Six weeks solid snow. . Last week at Meadowbank I did 2:23 (2:24.81 in the British Masters). In the Masters I was out on my own. I needed to be challenged to run at my best. It is great to be here and catching up with everybody."

#### ERIC SHIRLEY (82) The M80-800 gold medallist. 1956,58, and 1960 AAA's Champion for the 3k steeplechase and Olympic finalist 1956.

" I do this, not just for me, to set an example for other people. Even internationals today--'Keep Going!' Stay in athletics, 'Stay with your club and compete. Forget your pride, that you were a great Champion once, it's not today. Have fun in club athletics, Masters Athletics it's Great!"

#### ROB ANDREW (48) The M45 800/1500 winner.

Looking back at his most satisfying result in his life " I was delighted to win the European Masters 800 last Summer. It may not be the quickest I have run a race but was pleased to have won because of the competition. I won the 1500 three days earlier (4:14.22) and I was really wanting to make it a double. I ran the race from the front, like today, but quicker. To win that gave me most pleasure of any race I have won. I doubt whether I would ever get the opportunity again to double at the European Championships It was a personal Masters Best of 2:00.56 for me. The nature as well as the win I found particularly pleasing."

#### KEVIN ARCHER (M55, 1500 Champ)

"Looking back to my best result was in the 800/1500 M45' when I beat Pete Molloy over 1500 and Pete Browne over 800 at the British Vets at Newport 1998. They were World class vets.

'I am 58 now. I moved to Weymouth and the sea air has kept me interested. No track running but on grass and beach. If I was able to get to a track I would be a tad faster."

#### DAVID OXLAND (M60 800/1500/5000)

"I joined a club seven years ago when I was a fun runner. I have done two PB's in the last month. At Horwich last week I did a Championship best of 17.03 (PB by one second). Oxford 10k did 35.53. Moving up an age band to the 60's has given me a new lease of life."

### BARRY FERGUSON has been in Vets athletics since he was a vet in his 40's

His biggest memory was the World Masters Sprint hurdles a while back.

"I actually won the sprint hurdles World Championship in San Sebastian, when I was top of the 60 age group as a 64 year old. It was a trying time getting there! On the morning I was supposed to be flying I was at home looking for my passport which, to this day, I have not found. The flight went without me. I managed through phone calls etc to get myself to the passport office. Within a day of me phoning, catching up with them in

San Sebastian I knocked myself out mentally. For days I did not do anything (*Did not compete in the 300h*) and focused on the sprint hurdles which I won. (*Barry had to convince the passport office with pictures of him competing and with several other forms and then they still contacted San Sebastian before they let him have his new passport-All a hair raising story.*)

ANN WHEELER .3K and 5k winner in the walks. "I have been race walking for 15 years since the W40 Group. I have had a lot of injuries. Got a new coach Dave Ratcliffe. This year has been good as I won the 10k & 20k in my age group in the European and got a British record for 20k of 2:01.44 and it was 2:02 and stood for 18 years. I changed from the Leicester walking club. We were the National 10 mile champions and got bronze in the 20k. I was 2nd in the in the Inter-Counties representing Warwickshire so I was pleased with that. This year has turned out to be quite good on the whole. All that training in the rain was worth it."

## **ANNE MARTIN** (W75 2000m steeplechase WR and British Masters 1500 winner)

" I ran in my Youth but then did not do anything till I was 60. I thought I would run a marathon just like that. I did finish it then I thought, I could do better if I trained harder. I then won my age group in my 60's"

#### DAVID MORWOOD (JUNE 2011) Born 9/10/70

British Masters 1500/5000 CHAMP 'M40' in 2011 and in 2008, as an 'M35' won the British & Irish International cross country Championships in Northern Ireland.

## The 2011 track season went well for David Morwood as he explains:-

"I ran 14.56 at the British Milers Club Grand Prix in Sports City, on the 28th of May, which I was delighted with.

There are not too many 40 year olds who do under 15 minutes -Nobody in the last few years I could see. My objective of the season was to break 15 minutes for 5000. I did it last year but I was only 39. I wanted to do it when I was 40

## Some would think that 40 is the real Masters age not 35?

" You are absolutely right. Yes the BMAF have introduced 35 as a category and, I would encourage any 35 year olds to run in the category because it opens up another area of competition for guys who, maybe aren't getting any quicker but it maintains their motivation to 40. I accept that real masters athletics starts at the age of 40' 'I won the two indoor middle distance races at Lee Valley 1500/3k and followed that up with a bronze at the European's, be that it was not a great race for me. I was happy to come away with something.'

#### David had an interesting start to his sporting career:-

"When I was a teenager I was involved in the triathlon. That was my love throughout my teens and early 20's it was a very time consuming sport and, when I finished University I did not have the time to devote to triathlons. I



had been training for three disciplines so, I stopped the triathlon and concentrated on the cycling. I raced the bicycle all the way through the 90's. Got a first category license and raced up until the year 2000. Then a family came along and I decided cycling on a Sunday, when you go out for four or five hours or even six hours, that does not go down well at home. I then thought I would go back to running again to keep myself in shape and, I found the strength developed over 8 or 10 years, I had a fairly decent heart and set of lungs so, running ability came back quite quickly. I find, having said that, all my track PB's I set last season when I was 39. 4.03.32 for 1500 and 8:32.51 for 3000, 14.51.7 for 5000 so, if I can get anywhere near that I will be over the moon. Now that I have reached the age of 40 what I want to do is try to maintain my form.

#### Have there been any people in athletics that David Morwood admires?

"I admire my coach who is Mark Kirk. A Commonwealth Games 800 runner. He has coached me for the last six or seven years. He has dragged me from a 'want to be marathon runner' to a track runner. When I first started with Mark I could not run a sub-70 second lap at the age of 33 or 34. Mark has dragged me from that to close to 4 minutes for 1500.Mark has been there and had all the experience and knowhow. I admire Mark from that point of view'

'I admire any master athlete who continues their sport. The late 30's and into their 40's. I am inspired by seeing the 50's and 60 year old guys running round the track. That is an inspiration in itself. To think I could still be doing that at that age " 'I have always been competitive at something. I could not imagine the day when I don't want to do something active and train with a view to competing at some stage, since I was a teenager and I hope to keep going.'

His Club Annadale Striders

#### MASTERS ATHLETICS AUTUMN 2011.

" Annadale is a Belfast based athletics club. A great club. I have only been with them 2 or 3 years. I was a member of North Belfast Harriers which I really enjoyed but 'Striders' would be more of a track club. That was the reason I made the move to striders."

## **OBITUARIES**

WE received a letter from Jo Ogden's nephew informing us that Jo died of cancer in Lincoln Hospital on the 30th May this year, aged 83.

Jo still holds 6 T&F Championship Bests in the 100m; 200m; HT & JT.

Michael Hall of 10, Orchard Drive. Durham, DH1 !LA died in March this year.

### PAT GREEN 1930-2011

Pat Green, a stalwart of SCVAC, died on August 15<sup>th</sup>. As a pupil at Hendon County Grammar School he was keen on sport and became a good footballer and on leaving school in 1946 he took up employment in insurance with Legal and General. The company had a thriving sports club with up to eight football teams at some times, and at the tender age of 16 Pat was recruited straight into the first team, and continued to play, later in the veterans' team, until the age of 57. He became captain of the company's sports club, holding the post for 25 years, playing football and cricket, and organising many fixtures, including some tours abroad, football tours to Europe and a cricket tour to South Africa.

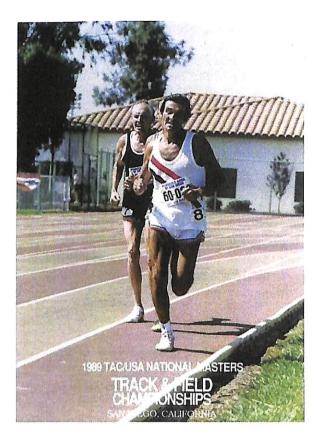
Pat also took up athletics, joining Serpentine and, as a veteran, SCVAC. He tried sprinting and was quite fast, but settled into distance running for most of his races. He competed on the road and track, running a total of 16 marathons at various venues around the world, including London and New York, and in many WMA and EVAA championships as far afield as Canada, USA and Japan.

After his retirement from Legal and General in 1988 he had more time for his running and took up athletics administration, becoming a member of the SCVAC committee and in the 1990s the track and field secretary and so organiser of the newly created evening league. He was still busy at the same time travelling to regional, national and international master's track and field meetings to compete and as support to his wife Brenda, in her sprinting career.

Sadly in recent years ill health forced him to give up running and resign from the SCVAC committee and he became unable to travel as Brenda's support. The large attendance at his funeral was a clear indication that he will be missed very much, of course by his family, Brenda, his son Chris, his four grandchildren and by his many friends and colleagues from his Legal and General and football days, and from Serpentine and SCVAC.

#### Arthur Kimber

### IN LOVING MEMORY OF



# **Colin Simpson**

2nd April 1929 ~ 24th July 2011

We regret to inform you of the death of Midland Master's member number one, Colin Simpson who passed away on the 24<sup>th</sup> July 2011.

His funeral service was held at Robin Hood Crematorium, Shirley near to the home he shared with Margaret and the children for many years.

The chapel was fittingly crowded with many old friends and acquaintances many standing to remember this popular administrator and athlete.

The esteem is such for Colin that a special edition of the "Midland Master Athlete" was produced which carried many tributes, should you wish to view these the link is:

http://tinyurl. com/3lukear

### MASTERS ATHLETICS FIXTURES 2011 & 2012

		ATHLETICS FIAT		
2011				
16 <sup>th</sup> OCT	NVAC 10k Track	Leigh		
	SVHC 10k Track	Coatbridge	AGM: 1400h	
	Championship			
	Old Guard Meeting	Stourport	tonycrok@aol.com	
	BMAF Marathon	Abingdon	entries for the BMAF Marathon Champs at Abingdon, are closed as the event has filled up much sooner than expected.	
	SVHC 10k Track	Coatbridge	AGM follows at 1400h	
29-30 <sup>th</sup> OCT	EAMA & BMAF Council	Birmingham		
4 <sup>th</sup> NOV	NVAC Monthly Run	Leigh		
19 <sup>th</sup> Nov	MMTG Hammer Pentathlon	Moorways Stadium, Derby.	www.mmtg.org.uk	
26 <sup>th</sup> NOV	International XC	Bellahouston Park, Glasgow	www.scottishmastersathletics.webnode.com	
3 <sup>rd</sup> DEC	MMTG Informal Weight Pent			
4 <sup>th</sup> DEC	NVAC Christmas Run	Leigh		
12 <sup>th</sup> DEC	SVHC Christmas Handicap	Cartha Rugby Club	Peter Rudzinski ,106,Braes Avenue,Clydebank,G81 1DP	
2012				
18 <sup>th</sup> FEB	MMTG Strongest Man / Women WTC World Cup	Moorways Stadium, Derby.	www.mmtg.org.uk	
17 <sup>th</sup> MAR	MMTG Throwerama	Moorways Stadium, Derby.	www.mmtg.org.uk	
25 <sup>th</sup> MAR	Old Guard Meeting	Stourport	tonycrok@aol.com	
3-8 <sup>th</sup> APL	WMA INDOOR CHAMPIONSHIPS	JYVÄSKYKÄ	April 3-8 WMA Indoor Chempionships	
14 <sup>th</sup> APL	British 56lb Championship			
28 <sup>th</sup> APL	MMTG Slingball Championships	Moorways Stadium, Derby.	www.mmtg.org.uk	
19 <sup>th</sup> May	WMA Mountain Championships	Buthlertal, GER		
19 <sup>th</sup> May	MMTG Weight PentathIon	Moorways Stadium, Derby.	www.mmtg.org.uk	
23 <sup>rd</sup> JUN	British Throwers Decathlon	Moorways Stadium, Derby.	www.mmtg.org.uk	
7 <sup>th</sup> JUL	MMTG Highland Games	Moorways Stadium, Derby.	www.mmtg.org.uk	
28 <sup>th</sup> JUL	MMTG Heavy Weight Pentahlon	Moorways Stadium, Derby.	www.mmtg.org.uk	
16-25 <sup>th</sup> AUG	EVAA, European Championships, Stadia	Zittau (GER) Bogatynia (POL) Hradek n.N. (CZE)	EVACS 2012 38. LEICHTATHLETIK SENIOREN EUROPAMEISTERSCHAFTEN ZITTAU - BOGATVMIA - HRADER N.N	
8 <sup>th</sup> SEP	WTC Hammer Decathlon	Moorways Stadium, Derby.	www.mmtg.org.uk	
22 <sup>nd</sup> SEP	MMTG Thros Fest	Moorways Stadium, Derby.	www.mmtg.org.uk	
2013			APPENDING STATE A SAME A SAME A LONG A SAME A SAME A SAME AND A SAME	
March	EVAA Indoor Championships	San Sebastian, ESP		
Мау	EVAA Non Stadia	Upice,CZE		
24 <sup>th</sup> JUL-4 <sup>th</sup> AUG	WMAA Track & Field Championships	Porto Alegre,BRA		
2014				
March	WMAA Indoor Championships	Budapest, HUN		
Aug	EVAA Track & Field Championships	Izmir, TUR		
2015				
	WMAA Track & Field Championships	Lyon, FRA		



acramento hosted the 19<sup>th</sup> running of the above biennial Championships from 6-17 July and despite being sited in the opulent State of California. costs were cut to the very bone. Furrowed brows stared disbelievingly at Hornet stadium, the premier track, that was without changing rooms or showers and sometimes had queues for the limited toilets facilities. There was little cover either for the many spectators from the burning sun and the only food outlet was a van parked trackside and a small but very welcoming campus café run by some Vietnamese. The three tracks are part of University campuses on lease to the organisers who apparently were charged for every facility. The second track conveniently close to a Light Rail station had changing facilities and it is puzzling therefore why more events were not scheduled there. Competitors were reporting in for their event as early as 06.00 in the morning in a tight schedule that allowed for a few hours break during the hottest part of the day. Getting home in the evening was a problem for those billeted further out as the Light Rail connecting tracks and downtown hotels, stopped running at 21.00, well before the last scheduled event. Personal safety was another concern, the shuttle buses ran late but only to the main hotels. With entries struggling to reach 5,000 competitors, due no doubt to the economic downturn - more visible there with its empty shopping malls, restaurants etc high air fares and the difficulty some countries have in obtaining a visa to enter the USA, one has to sympathise with the Organising Committee who take on this mammoth task and they did well to get some local sponsorship and over 500 very helpful volunteers.

Rex Harvey, the former W.M.A Track & Field Vice President, as Meeting Director ensured that technically the meeting was well organised with only a few glitches that were quickly remedied. It is encouraging to see countries such as Senegal, Belize, Fiji, Liberia and U.S. Virgin Islands amongst the 93 countries participating as our sport continues to expand. This Championship was noted for the high number of Olympic athletes entered - Al Joyner the 1984 Olympic triple jump champion, Willie Banks, the former world record holder in this discipline and a three time Olympian. Double Olympic gold medallist Jearl Clark pulled out of the W45 800m at the last moment apparently injured. Zola Budd, Ed Burke, a three-time Olympian, entered the M70 hammer and weight, the Swede Hans Lagerqvist in the M70 pole vault and the Puerto Rican sprinter Marie Mathieu as well as our walker Ian Richards and Justin Chaston, to name but a few

Our smaller than normal team of 195, 187 of whom actually competed, were minus our emblematic sprinters Stephen Peters and Viv Oliver, the defending W35 400/800m Nina Anderson, Kermitt Bentham and Justin Chaston, but still returned to base loaded with medals and several season's best performances. With top American and Caribbean sprinters on show the British got value for money with Preliminary, Quarter and Semis needed in the younger age groups. Plymouth flyer Julia Hubbard was delighted with her



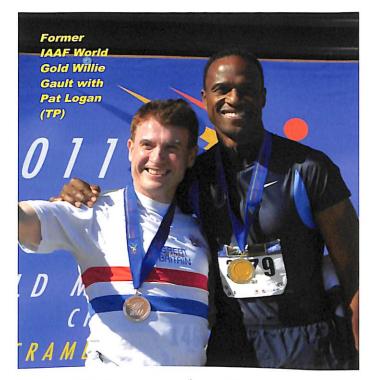
W35 individual 200m gold and 100m silver. 47 men from 21 countries entered the M35-39 200m, Jim Tipper and Ed White got through their heats and semis in the 100/200m with Tipper collecting  $3^{rd}$  in the 100m, White  $6^{th}$  and  $5^{th}/7^{th}$  in their 200 final. There was drama in the M40 100m final when Darren Scott hopped to a standstill just 10m short of the



finishing line when leading allowing the beautifully smooth Mark Dunwell to come through to collect another major title ahead of Pendland and Anthony Prior of the USA and the 3<sup>rd</sup> British finalist Jason Carty. Scott had won his heat and with 10.89sec in his semi, was fastest qualifier going into the final. Three false starts did not help and he cramped badly losing any chance of a sprint double.

Kingston sprinter Pat Logan must have read through the 80 entries in his M50 100m with disbelief! Olympians Willie Gault, Karl Smith of Jamaica and previous age group winner, Martin Krulee, were amongst a distinguished list. Gault, a double Olympian went on to take the final in 10.96sec into a 0.5m headwind, slower than his pending 10.88sec M50 World Record set earlier this year, and by far the fastest of any age category, Logan snatched the bronze in 11.62 behind another American Ken Eaton in one of the most eagerly awaited finals. The sprinters complained that they found the track surface hard, it is remarkable therefore that evergreen Wally Franklyn, now aged 58, was able to get 3<sup>rd</sup> in the 400m after getting through to the 100/200m finals and still had the legs left to run the two relays.

The medals continued to roll in the 200m as Scott had recovered sufficiently to survive another round of heats and semis to win in 22.20 from Dunwell.

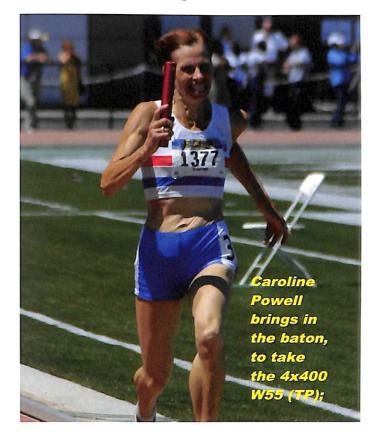


Carty and Will MacGee were 7<sup>th</sup> and 8<sup>th</sup> in a race whittled down from 50 starters, MacGee at age 53 was the oldest one to get through to the final. Logan got his second medal, silver, in a final dominated by USA and the other three Britons John Wright 4<sup>th</sup>, Michael Vassiliou 5<sup>th</sup> and Jeff Battista 7<sup>th</sup> Gault hobbling home 8<sup>th</sup> another victim of cramp.

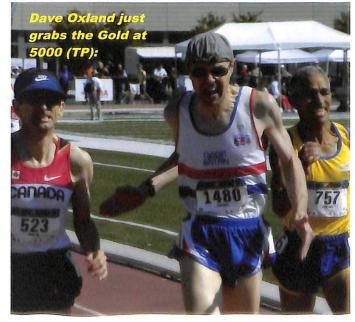


The M35 400m was won in a sizzling 47.34sec by the American Dussett, Darren Scott was pleased with his 49.81sec clocking behind Eric Prince, USA, 49.61 in the M40 group. The women's 400m were as demanding, a time of 57.42 was needed to win the W40 race, Denise Morley got yet another top placing, getting the bronze here as did Virginia Mitchell in the W45, but it was 1 and 2 in the W55 race as Caroline Powell added to her 200m silver with a clear victory from Joylyn Saunders-Mullins. The Masters are the only British sprinters who can come home from the Americas with medals around their neck and from such huge international entries.

Weather conditions varied from 95°F on the first two days to as low as 54° some mornings, athletes were actually complaining of the cold as they reported in but as soon as the sun appeared the daily temperature was back well into the 80-ies. All top USA 800m runners were there, M40 Neil Fitzgerald, the undefeated M50 Anselm LeBourne and multirecord holder Nolan Shaheed surprisingly lost out to the Colombian Loaiza in a thrilling M60 race won in 2.11.65 to



Shadeed's 2.11.98, well below the 2.8.65sec record he set earlier this year. Alasdair Dunlop, Denise Morley, W50 Laura Mahady, W60 Angela Copson, W65 Pat Gallagher and W75 Anne Martin all collected silver in their age group. After rewriting the M55 Oceania records all last season, the appearance of the M55 Australian Keith Bateman was eagerly awaited and he did not disappoint, racing home in a 1500m World Record time of 4.12.35sec. Alasdair Dunlop set a British record 4.25.81 in 3<sup>rd</sup> place. Pat Gallagher, Anne Martin and David Oxland all added to their medal tally. David had handed Shaheed, a Californian jazz musician, a rare defeat in the 5000m earlier in the Championships when the Nottingham man held on to win by just 3/100sec.



One of the most prolific medallists was the British-born Canadian, Ed Whitlock. who ran amazing times for an 80year old setting World marks for 1500, 5.48.93, 5000m 21.32.87sec and 10,000 in 42.39.55sec after his incredible fast marathon in Rotterdam in the spring.

Whilst Angela, Pat and Anne Martin were bagging all their 1500m-plus age group titles, Sacramento will remain a painful memory for one of our other star performers. Greg Dunson. Defending the M45 110mH title he won in Lahti in a European record 15.05sec, the Telford man was the fastest qualifier but a hip injury coming out of the blocks in the final shattered all his dreams, he saw his title go to David Ashford of the USA in 15.37. What the hurdles lacked in depth, they certainly more than compensated for in quality from the strong home entry. Don Drummond, USA, only managed 3<sup>rd</sup> in the M40 final in 15.16sec just ahead of Joe Appiah 15.19.



There were wins for M75 Tony Bowman and W60 Jean Fail, Carole Filer got 2<sup>nd</sup> and Sally Steggles 3<sup>rd</sup> in their age categories in the 80mH and minor medals in the 300mH. Hardy perennial Barry Ferguson raced to victory in the M60 100mH, Tony Wells recorded 49.14sec in his M60 300mH qualifying round and 4<sup>th</sup> in the final. The two West Country hurdlers, Jane Horder and Jonathan Tilt were 2<sup>nd</sup> in their



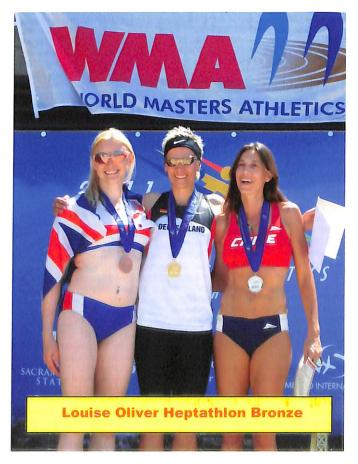
400mH finals but Virginia Mitchell had a hard fight with Ireland's Geraldine Finnegan to retain her W45 title in 65.65 to Geraldine's 66.65sec. The jumps brought together some intriguing clashes apart from the appearance of Al Joyner, 3<sup>rd</sup> in the M50 triple jump, an event he once dominated but conceded defeat here to the much inform defending champion, Wolfgang Knabe of Germany, who cleared 13.90m to Joyner's 13.19m. Willie Banks also had to give way to the Austrian Georg Werthner in the M55 group by some 17cm, Another Olympian, Jim Barrineau, cleared 1.78m to take the M55 high jump. Spectators flocked to watch these entertaining events as the USA dominated the men's HJ with three M50-ies clearing 1.81m. The pole vault lacked European entries and some age groups were also affected by a cross wind, the M50 4.60m winning height by the host country's Paul Babits would have won the younger age categories.



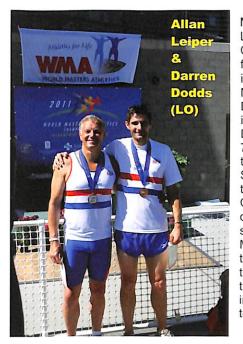
Field events are too often relegated to distant parts, but here they were in an area adjacent to the main track with up to three events running simultaneously in warm sunshine and featuring throwers from all parts of the globe. The USA only managed to claim two age group titles in both the men's and women's Shot, a Trinidadian won the W35 title. Susan Lawrence was 2<sup>nd</sup> in the W40 as Evaun Williams notched up gold in the W70. Throwing distances in the discus competition were under par with previous World Championships despite the international mix, 44 entries from 19 nations in the M60 for instance. The hammer also lacked quality with only the three times Olympian, Ed Burke, USA, with a throw of 55.12m for the M70 title getting anywhere near the top ranking. Leslie D'Arcy set a British M90 record. The women's event featured the remarkable Oneithea Lewis, USA, getting perilously close to the World mark with a 54.67m winning throw with the 3k implement. She also had a decisive win in the Weight throw. Andrea Jenkins ventured very successfully into international Masters competition winning the W35 age group double as did Evaun Williams, and later adding the Weight Pentathlon. Steve Whyte had a great tussle with the Australian 1986 Commonwealth Games representative, Stuart Gyngell, in the M45 Weight Pentathlon. Steve sent the hammer out to 54.08m to gain valuable points over his close rival. The many other British entries had mixed successes. The heptathlon and decathlon and cross-country are now

established as the first events, here it also happened to be by far the warmest two days. The younger age groups had

to find their way to the third stadium out at American River College for the multi events and those of us who had just stepped off the plane had to locate Granite Park for a 07.00 reporting in time for the 8km cross-country. Varied crosscountry running may be but here there were reports of sightings of a snake, a skunk and wild turkeys on the two-lap course that started in an open field and then out over an undulating trail. The presence of Zola Pieterse (nee Budd) in the W45 race aroused some curiosity and she looked so happy and relaxed shooting to the head of the field in the combined W35-59 race doing what she clearly loves - just running - this time in shoes and looking a little more curvaceous as they disappeared out on to the trail. A few others in the race were unfazed however and her lead was quickly closed by the Belgian W45 multi World and European champion, Corinne Debaets, our own Susan Ridley and a few 40 year olds gave chase. Re-entering the field, it was the svelte W45 Spaniard, Castro, who had come through on the last lap with Zola some 27sec adrift and Susan Ridley having another superb run for 3<sup>rd</sup> leading the British tight packing W45 team to victory. Debaets had surprisingly dropped out. Interviewed afterwards Zola, the mother of three, said this event shows how running can be part of your whole life and how you can use running as a tool to improve it. Individual winners were David Oxland in the M60, Ros Tabor W60 and Anne Martin in the W75. Despite sparse British entries, Mike Deegan held on courageously to take the bronze in the M55 despite an injury, the M45 team were 2<sup>nd</sup> behind the USA; the M60 team finished 3<sup>rd</sup> behind Russia and the USA. Our M80 team of Derek Howarth, 2<sup>nd</sup>, Arthur Walsham and the irrepressible Ron Franklin were awarded the M80 team gold after a disgualification was successfully overturned.



Whilst the heat at the cross-country favoured the strong South American and Oceania teams, our multi eventers were also affected. The Australian ex-jumper, Marie Kay set a new World W50 6202 heptathlon score and Ireland's talented allrounder, Geraldine Finnegan, launched her medal winning spree. There were silver medals for W40 Louise Oliver and



M50 Allan Leiper. Gayle Clarke got her first medal, 3rd in the W50 and M35 Darren Dodds was 3rd in the Decathlon 72pts down on the Brazilian Souza. With the Championships on American soil the Mexicans were there in force in the Walks taking several individual and team titles.

No fewer than 20 countries shared the medals in the men's walks, including the Dominican Republic and Costa Rica. Only two women and 13 men were DQd this time from all races, again mostly in the 70-plus groups and with up to 25 finishers in some age categories. There were British successes as Ian Richards finished 3<sup>rd</sup> in his 5, 10 and 20km races, Ed Shillabeer went on to win the M70 20km from Hermann Ing Strieder of Austria who had beaten him earlier in the 10km. It was a successful trip for M75 Dave Stevens with a British record in the 10k after his bronze in the 5km. It was a pity more of our walkers were not able to make the trip as it was a rare opportunity to compete against so many South American and Oceania walkers.

The Marathon runners had a very, very early wake-up call as the buses collected them from their hotels at 03.30 for the 05.00 start and five circuits, including two bridges, that hugged the American River Parkway as daylight was just about breaking. Many of you may not be aware but there are also team awards in the marathon. Teams Managers had to submit teams, based on the youngest member in a team, by noon the previous day. We had to down-aged some runners to complete a team and those of you who signed in very late you may have lost out on a medal. After such a gruelling race it would have been nice to have a team medal and this is something that you should remember in future to let the Team Manager know if you will be arriving late. Gavin Jones in 6<sup>th</sup> overall took the M50 title and led our small group home in 2.40.13sec with the USA-based Martin Tighe immediately behind in 2.40.36 and 2<sup>nd</sup> M50, M35 Jason Harne, finding a World Championships marathon right on his doorstep, got the bronze in his age category. The M35 team combined times was good enough to beat the USA and Spain, and a further 3<sup>rd</sup> placing in the M45 team as M45 Martin Ferguson, M60 Alan Appleby, M55 Rob Sargent Alan Roberts closed in. The W45 team of Tracy Gibson, Fiona Bishop and Heather Stuart were awarded a well-deserved silver medal. Back on the main track the host country was dominating the relays but only after some exciting battles with Australia and us. Five World and numerous national age group records were set. The winning USA M35 quartet recorded 41.89sec in the 4 x 100, well inside the 42.51sec official World Record credited to D Scott, M Dunwell, J Tipper and A Leight since June 2008

The two Team Managers, Archie Jenkins and I, with lan Richards looking after the walkers, were also competitors and Delegates and it was obviously impossible to cover all six venues. Please see under Secretary's Report on some planned changes to future Championships. Many of our members felt that the Banquet, held in an open area adjacent to the beautiful Railway Museum, was poor value for money. The aim was to allow athletes to mix and mingle, listen to the music and generally socialise. One of the lingering criticisms however was the lack of team medals; the Organisers simply ran out of medals! We had to fill in names and address for these to be forwarded on and as we go to print no medals have yet arrived. We understand there was a misunderstanding between W.M.A and the Organisers and not enough medals were ordered. Another unfortunate incident occurred when a local TV station arrived at the track early one morning, interviewed the Press Officer but then proceeded to film two stunt men depicting William chasing Kate in their wedding attire around the track and screened this at 08.00 on the Saturday morning as the Royal couple were on their way home from a visit to Los Angeles. The Press Officer apologised explaining that after the interview the crew had asked if they could film the track, he agreed but unfortunately did not accompany them. We read much about leaving a legacy, how satisfying it must be for the Organising Committee to see so many ex-Collegiate students and University coaches who gave up the sport to pursue professional careers, take up the challenge again just because the Championships were there. Participation and renewing international friendships are as important as winning medals in Masters Athletics.

#### 100:

M35: (1.1) 1 Niangane, Samba FRA 10.98; 2 St. Louis, Albert TRI 10.99; 3 Tipper, Jim GBR 11.11; 7 White, Ed GBR 11.37 /11.30qr -0.4; M40:(0.0) 1 Dunwell, Mark GBR 11.03; 2 Pendland, Reginald USA 11.03; 3 Prior, Anthony USA 11.14; 4 Carty, Jason GBR 11.15; Scott, Darren GBR DNF (10.89qr - 0.1); (QR): Mkpa, Draco GBR 11.93-0.4; Dorset, Scott 12.12-0.5; M45: (-0.9) 1 Graziano, Mauro ITA 11.29; 2 Thigpen, Aaron USA 11.38 3 Hooker, Lonnie USA 11.47; (QR): Campbell, Lincoln 11.91-0.3; Glasgow, Derek GBR 12.89 /0.3; Gray, Marcel GBR 13.20/0.3; M50: (-0.5)1 Gault, Willie USA 10.96; 2 Eaton, Kenneth USA 11.60;3 Logan, Pat GBR 11.62; (QR) Wright, John GBR 11.89 /-0.4; Battista, Jeff GBR 12.12 / -0.4; Guest, Paul GBR 12.59 /0.5; Wragg, Nick GBR 12.86/ -0.4; May, Michael GBR 13.87 /0.6; M55: (-1.4) 1 Peyton, Oscar USA 11.89; 2 Leake, Damien USA 12.01; 3 Morning, Kevin USA 12.02; 6 Smart, Eric GBR 12.57 (12.31 qr -0.1); 7 Franklyn, Walwyn GBR 12.62 (12.60qr /0.2); (QR): Browne, John GBR 12.48 / -0.7; Walcott, Geoffrey GBR 12.89 / -0.1; Phillips, Tom GBR 12.93 / -0.7;O Hanlon, Richard IRL 13.96/0.1; M60: (-1.7)1 Peterson, Ralph USA 12.56; 2 Wilson, Thaddeus USA 12.59; 3 Allie, Charles USA 12.72; M65: (0.2) 1 Robbins, Stephen USA 12.77; 2 Brown, Kenton USA 12.95; 3 Whitley, Stanley USA 13.03;(QR): Isetts, Charles GBR 14.42 / 0.8; M70 (-01.) 1 Williams, Albert USA 13.35; 2 Mocka, Eugene FRA 14.06; 3 Hamaekers, Arno GER 14.18; M75(-0.3) 1 Coogan, Hugh AUS 14.12; 2 Cozens, Robert Anio Ger Ala, 10, Mr. 10, Mr. 10, 10, 10, 10, 10, 14, 12, 2 Cozens, Robert USA 14, 42, 3 Haraldseid, Jostein NOR 14, 49; 5 Bowman, Anthony GBR 14, 69; M80: (0.0) 1 Tanaka, Hiroo JAP 14, 70; 2 Shimizu, Yoshiyuki BRA 15, 33; 3 Hoppe, Felix GER 16, 20; M85: (-0.9) 1 Delgado Flores, Hugo Antonio PER 17, 07; 2 Ussami, Mamoru BRA 18, 19; 3 Sanchez Mata, Santiago MEX 18, 93; M90; (-2, 3) 1 Fischer, Frederico BRA 19, 19; 2 Manno, Jim USA 19, 33; 3 Sansonetti, Ugo ITA 19.39; M95; (-2.3) 1 Fonseca, Antonio BRA 26.27; 2 McPhie, Leland USA 28.05; W35 (0.9): 1 Birade, Dena USA 12.36; 2 Hubbard, Julia GBR 12.44; 3 Paunica, Emilia ESP 12.44; W40 (-0.8) 1 Lawrence, Donna USA 12.82; 2 Bezuidenhout, Jacqualine AUS 12.97 1 Lawrence, Donna USA 12.82; 2 Bezuidenhout, Jacqualine AUS 12.97; 3 Murphy, Toccata USA 13.14 ; (QR): Williams, Katy GBR 14.72 (0.6); Richardson, Lesley GBR 15.54 / 0.4 ; Waller, Sharon GBR 15.69 (0.1); W45 (-2.0) ; 1 Henderson, Renee USA 12.36 ; 2 Icarre, Maryvonne FRA 12.47 ; 3 Brims, Julie AUS 12.56; W50(-1.5); 1 Upshaw, Joy USA 12.95; 2 Palmer, Liz USA 13.09 ; 3 Alexis, Nicole FRA 13.22; 8 McClelland, Averil GBR 13.81 (13.45qr0.3); (QR); Kelly, Angela GBR 14.39 / 0.1; W55 (-1.1); 1 Alexis, Wendy CAN 13.81; 2 Jacobs, Tilly NED 14.00; 3 Powell, Caroline GBR 14.07; 4 Trimble, Ioan, GBR, 14.27; 6 Filor, Caroline, CBR, 14.65; (CR); 14.07; 4 Trimble, Joan GBR 14.27; 6 Filer, Carole GBR 14.56; (QR): Saunders-Mullins, Joylyn GBR 14.89 / 0.7; Howarth, Grete GBR 19.04/ 0.7; W60 (-1.7); 1 Warren, Sharon USA 14.53; 2 Matthews, Brenda USA 14.63; 3 Kokkonen, Terhi FIN 15.23; W65 (-1.8); 1 LaFayette-Boyd, Carol CAN 15.00; 2 Jager, Kathy USA 15.09; 3 Ungerer, Aletta RSA 15.36; W70 (0.5); Bergen, Kathy USA 14:90; 2 Bortignon, Christa CAN 16:57; 3 Nakamura.
 Noriko JAP 16:57; 5 Fraser, Dorothy GBR 17:23 (17:29 / 0.0qr); 8 Holder, Iris
 GBR 17:88 (17:43 / 0.0 qr); W75 (0.0); 1 Obera, Irene USA 16:09; 2 Jordan. Barbara USA 16 49: 3 Peters, Margaret NZL 16.98; (QR): Steedman, Betty GBR 20.57 / -2.7, W80 (0.0): 1 Ramirez, Ernestina MEX 18.83; 2 Kreiskott, GBR 20.57 / 52.7, who (0.67) - Hammez, Emesina MEA 10.66, 2 Holding, Rosemarie GER 18.91, 3 Reinberga, Austra LAT 19.37, 4 Mclennan, Christine GBR 20.04 (20.02 / 0.1 qr British Record)); W85 (-0.1) 1 Peterson, Patricia

USA 22.30; 2 Valien, Johnnye USA 23.51; 3 Garcia De Fontan, Emilia COL 24.69; W90 (-0.1): 1 Kotelko, Olga CAN 27.56; 2 Ramirez vda de Banue, Maria MEX 39.18; W95 (-0.1): 1 Kaur, Man IND 1:01.87 (World Record); ; 200

M35: (1.3) 1 Dussett, Antwon USA 21.57; 2 Niangane, Samba FRA 22.32; 3 Jorgensen, Brian O. DEN 22.41; 5 Tipper, Jim GBR 22.58; 7 White, Ed GBR 22.89; (QR): Dods, Darren GBR 25.08 / -2.1; M40: (-0.5) 1 Scott, Darren GBR 22.20; 2 Dunwell, Mark GBR 22.79; 3 Prince, Eric USA 22.82; 7 Carty, Jason GBR 23.33; 8 MacGee, Will M43 GBR 23.50 (23.32qr/-2.9); (QR): Mkpa, Draco GBR 24.04/ -1.5; Dorset, Scott GBR 25.42/ -3.5; M45: (0.3) 1 Mulazim, Khalid USA 23.09; 2 Graziano, Mauro ITA 23.33; 3 Speed, Johnny

USA 23.74; (QR): Campbell, Lincoln GBR 25.29/ -2.3; M50(-0.1) 1 Sullivan, Michael USA 23.36; 2 Logan, Pat GBR 23.65; 3 Waller, Michael USA 23.87; 4 Wright, John GBR 23.99; 5 Vassiliou, Michael GBR 24.36 (24.23qr-0.6); 7 Battista, Jeff M52 GBR 25.08 -0.1(24.59qr-0.7); (QR): Matthews, Brian GBR 27.62 -3.0; Berkeley, Steve IRL 27.82 -3.0; May, Michael GBR 28.48 -2.2; James, Tennyson GBR 29.70 -2.5; M55 (-0.4) 1 Peyton, Oscar USA 24.17; 2 Morning, Kevin USA 24.58; 3 Davis, Mark USA 25.25; 4 Franklyn, Walwyn GBR 25.72 (25.46f-0.3); Smart,Eric GBR DNF –(25.34 / -0.3); (QR): Phillips, Tom GBR 27.20 -2.8; O Hanlon, Richard IRL 29.26 -2.8; M60 (-0.1); 1 Peterson, Ralph USA 25.43; 2 Allie, Charles USA 25.83; 3 Felicetti,

Vincenzo ITA 25.99; M65: (-1.1): 1 Robbins, Stephen USA 26.12; 2 Crombie, Peter AUS 26.46; 3 Whitley, Stanley USA 26.89; (QR): Isetts, Charles GBR 30.80 -1.9; Jones, Eric GBR 32.36 -1.9; M70 (-0.1): 1 Lida, Robert USA 27.78; 2 Williams, Albert USA 27.96; 3 Stevenson, Robert Louis TRI 28.67; M75 (0.4): 1 Coogan, Hugh AUS 29.42; 2 Cozens, Robert USA 29.66; 3 Aadmi, Andy CAN 30.17; 4 Bowman, Anthony GBR 30.73; M80 (0.6) 1 Tanaka, Hiroo 30.78 (World Record); 2 Shimizu, Yoshiyuki BRA 32.41; 3 Fee, Earl JAP CAN 32.55; M85 (0.3): 1 Delgado Flores, Hugo Antonio PER 37.85; 2 Sanchez Mata, Santiago MEX 42.55; 3 Ballantine, William USA 46.16; M90 (0.0): 1 Manno, Jim USA 42.65; 2 Fischer, Frederico BRA 44.00; 3 Tejada Vergara, Antonio MEX 50.58; M95 (0.6): Fonseca, Antonio BRA 1:00.79; W35 (-1.2): 1 Hubbard, Julia GBR 25.50; 2 Birade, Dena USA 25.51 -1.2 3 Paunica, Emilia ESP25.57; W40: (-0.6) : 1 Daley, Lisa USA 26.16;

2 Bezuidenhout, Jacqualine AUS 26.71; 3 Garcia, Monica MEX 27.46

7 Oliver, Louise GBR 28.05 (28.03 / -1.0qr); (QR): Williams, Katy GBR 31.36 ; Richardson, Lesley GBR 33.39; Waller, Sharon GBR 34.71; W45 (0.0)

Icarre, Maryvonne FRA 25.05; 2 Henderson, Renee USA 25.28; 3 Brims, Julie AUS 25.65; W50 (-0.7): 1 Upshaw, Joy USA 26.54; 2 Alexis, Nicole FRA 27.35; 3 Forster, Julie AUS 27.50; 5 McClelland, Averil GBR 27.99; 8 Horder, Jane GBR 29.32 (29.09 / -1.5) ; (QR): Dunn, Wendy GBR 29.12 / -1.5; Kelly, Angela GBR 30.55 / -1.5; Timmis, Denise GBR 31.66 / -2.4; W55 (-2.6)

Angela GBR 30:357-13, 1111113, Denise GBR 31:307-2.4, 1032 (2.0), 1 Alexis, Wendy CAN 28.66; 2 Powell, Caroline GBR 29.23 ; 3 Trimble, Joan GBR 29.87; (QR): Argent, Fiona GBR 35.51 / -2.2; W60 (-0.1); 1 Warren, Sharon USA 30.30; 2 Heagney, Kathryn AUS 30.56 ; 3 Perkins, Wilma AUS 31.39; 8 West, Moira GBR 32.67 (32.31 / -2.0 qr); W65 (1.6);

1 LaFayette-Boyd, Carol CAN 31.05; 2 Allison, Marge AUS 31.40; 3 Ungerer,

Aletta RSA 31.78; W70 (0.9): 1 Bergen, Kathy USA 32.23; 2 Nakamura, Noriko JAP 35.14; 3 Stobaus, Anne AUS 35.18; 7 Fraser, Dorothy GBR 37.19 (36.96 / 0.3qr); W75 (-0.1) 1 Obera, Irene USA 34.82; 2 Jordan, Barbara USA 35.80; 3 Peters, Margaret NZL 36.90; 8 Steedman, Betty GBR 44.70 (44.18 / -1.5qr); W80 (-0.4): 1 Kreiskott, Rosemarie GER41.69; 2 Ramirez, Ernestina MEX 42.74; 3 Reinberga, Austra LAT 44.22; W85 (=0.4): 1 Peterson, Patricia USA 51.43; 2 Garcia De Fontan, Emilia COL54.18; W90 (-0.4): Kotelko, Olga CAN 1:02.48; W95 (-0.4): Kaur, Man IND 2:29.90; 400:

M35: 1 Dussett, Antwon USA 47.34 ; 2 Jorgensen, Brian O. DEN 49.12; 3 Morales Hernandez, Javier PUR 49.66 ; 7 Rubenis, Richard GBR 51.45 ; 8 Brown, Michael USA 51.55 ; M40: 1 Prince, Eric USA 49.61; 2 Scott, Darren GBR 49.81; 3 Schulze, Andreas M42 GER 50.49; M45: 1 Mulazim, Khalid USA 50.70; 2 Sherar, Michael CAN 51.59; 3 Gosa, Duane USA 51.91 M50: 1 Sullivan, Michael USA 51.93; 2 Moody, Corey USA 53.04; 3 Blackwell, Ray A. USA 53.70 ; 4 Byrne, Eugene IRL 54.53 (53.30gr) 6 Vassiliou, Michael M50 GBR 54.70 (53.31qr); (QR): Bentham, Kermitt GBR

53.18; Lewis, Bob GBR 54.63; Battista, Jeff GBR 57.61; Berkeley, Steve IRL 1:00.50; Matthews, Brian GBR 1:01.67; May, Michael GBR 1:07.23; M55 1 Davis, Mark USA 55.85; 2 Michelchen, Reinhard GER 55.89; 3 Franklyn, Walwyn GBR 57.11; M60: 1 Allie, Charles USA 55.91; 2 Felicetti, Vincenzo ITA 57.22; 3 Blake, Carroll USA 58.51; (QR): Cannon, Francis GBR 1:10.84;

M65: 1 Crombie, Peter AUS 59.38 ; 2 Pierce, Roger USA 1:00.06 ; 3 Barnum, Larry USA 1:00.41; (QR): Eland, Albert Gordon GBR 1:11.39; Jones, Eric GBR 1:11.45; Bush, Frederick GBR 1:20.79; M70: 1 Lida, Robert USA 1:03.58 Cordy, Clifford COL 1:04.36 ; 3 McDonald, Maurice USA 1:05.46 Coogan, Hugh AUS 1:06.41 ; 2 Cozens, Robert USA 1:09.67 ; 3 Aadmi, Andy CAN 1:10.54 ; M80: 1 Tanaka, Hiroo JAP 1:11.53 ; 2 Fee, Earl CAN 1:12.73 3 Barrett-Lennard, Irwin AUS 1:25.27 ; M85: 1 Ussami, Mamoru BRA 1:53.78; 2 Ballantine, William USA 1:54.94 ; 3 Saihgal, Chaman Lal IND 5:54.54 ; M90 1 Pauwels, Emile BEL 2:10.40; 2 Tejada Vergara, Antonio MEX 2:10.57 3 Bulkley, Daniel USA 2:11.86; W35: 1 Baggiolini, Emanuela ITA 56.48 2 Dendy, LaTrica USA 57.19; 3 Walles, Maurelhena USA 58.80; W40: 1 Daley, Lisa USA 57.42; 2 Roberts, Charmaine USA 57.76; 3 M

3 Morley. Denise GBR 59.64 ; W45: 1 Black, Jai USA 58.71 ; 2 Brims, Julie AUS 58.83 3 Mitchell, Virginia GBR 1:00.47 ; (QR): Finegan. Geraldine Ireland 1:03.19; Johnson, Oriana W49 GBR 1:12.52; W50: 1 Forster, Julie AUS 1:01.09

2 Pretorius, Elaine RSA 1:01 14 . 3 Kauerhof. Petra GER1 01 33 . 5 Mahady. Laura GBR 1:03.35 (1:02.57qr): W55 : 1 Powell, Caroline GBR 1:04.21; 2 Saunders-Mullins, Joylyn GBR 1:08.23 ; 3 Dickson-Taylor. Paula USA USA 1:11.42 , 3 Steinbach, Coreen USA 1 12 79 7 Marler Caroline GBR 1:15.22 (1:12.06 qr): 8 West. Moira GBR 1 17 97 (1 12 78qr). W65 1 Allison. Marge AUS 1.11.33 2 Ungerer Aletta RSA 1.12.80 3 Haakensveen

Oddbjoerg NOR 1:13.80 ; W70: 1 Stobaus, Anne AUS 1:16.63(World Record) ; 2 Daprano, Jean USA 1:19.44; 3 Bortignon, Christa CAN 1:25.16 ; 4 Fraser, Dorothy GBR 1:25.70 ; W75: 1 Mazzenga, Emma Maria ITA 1:26.74 ; 2 Rosinska, Janina POL 1:36.88 ; 3 Chou, Fei-Mei USA 1:50.67 ; W80: 1 Ramirez, Ernestina MEX 1:49.77 ; 2 Petley, Marcia NZL 2:03.78 ; 3 Londono De Abondano, Maria COL2:17.08 ; W85: 1 Peterson, Patricia USA 2:07.79(World Record) ; 2 Garcia De Fontan, Emilia COL2:09.22 ; 3 Saito, Tomico BRA 2:25.37; 800:

M35: 1 Schroer, Michael USA 1:57.14 ; 2 Aust, Martin CZE 1:57.74; 3 Boross, Gabor HUN 1:57.97; 8 Weaver, Richard GBR 1:59.79; M40: 1 Fitzgerald, Neil USA 1:55.70 ; 2 Tremain, Rich CAN 1:55.76 ; 3 Sax, Brian USA 1:55.83 ; 10 Cowlishaw, David GBR 1:59.22 ; **(QR):** Conway, Joe IRL 2:10.55; M45 1 Sherar, Michael CAN 1:58.11 ; 2 Carnegie, Joe USA 1:59.89 ; 3 Schwerkolt, Robert AUS 2:00.08 ; (QR): Roberts, Alan GBR 2:43.81 ; M50: 1 LeBourne, Anselm USA 2:01.30 ; 2 Knerr, Ray USA 2:02.32 ; 3 Shackelford, George USA 2:03.42 ; (QR): Down, Malcolm GBR 2:13.73 ; M55: 1 Hawes, Peter AUS 2:07.87 ; 2 Dunlop, Alastair GBR 2:09.12 ; 3 Grant, Horace USA 2:09.67 ; (QR): Pidgeon, Frederick GBR 2:26.78; M60: 1 Loaiza, Carlos COL 2:11.65 2 Shaheed, Nolan USA 2:11.98 ; 3 Lang, Dennis CAN 2:13.22 ; 6 Oxland, David GBR 2:17.77 ; (QR): Snow, Ian GBR 2:25.73; Cannon, Francis GBR 2:42.77; M65: 1 Patton, Gary USA 2:21.25 ; 2 Lawson, Charles USA 2:23.64 ; 3 Mathewson, Donald AUS 2:25.09 ; 10 Eland, Albert Gordon GBR 2:36.74 ;

12 Jones, Eric GBR 2:49.20 ; (QR): Bush, Frederick GBR 3:15.98 ; M70: 1 McDonald, Maurice USA 2:34.37 ; 2 Howard, Sid USA 2:36.44; 3 Wendt, Axel GER 2:36.73; M75: 1 Carr, David AUS 2:46.02 ; 2 Alonso Domingo, Manuel ESP 2:46.82 ; 3 Spencer, Bill USA 2:56.07 ; M80: 1 Fee, Earl CAN Manuel ESP 2:46.02, 3 Spencer, Bill USA 2:56.07; M80; 1 Fee, Earl CAN 2:53.71; 2 Kumamoto, Michio JAP 3:03.67; 3 Nakagawa, Hisashi JAP 3:16.06; M85; 1 Englert, Roy USA 4:27.12; 2 Saihgal, Chaman Lal IND 11:43.13; M90; 1 Tejada Vergara, Antonio MEX 4:40.00; 2 Pauwels, Emile BEL 5:08.06; W35; 1 Baggiolini, Emanuela ITA 2:11.70; 2 Grutters, Ingrid NED 2:12.63; 3 Haavikko, Hanna FIN 2:16.98; W40; 1 Friend-Uhl, Sonja USA 2:10.02; 2 Morley, Denise GBR 2:15.28; 3 Arlin Genet, Aeron USA 2:17.50 (QR); 14 Hooton, Michelle GBR 2:34.12; W45; 1 Valle, Lisa USA 2:20.73 ; 2 Debaets, Corinne BEL 2:21.29 ; 3 Bunting, Annie CAN 2:23.54 2:20,73 ; 2 Debaets, Colline BL2 2:21,29 ; 3 Building, Annie CAN 2:23.54 ; 9 Finegan, Geraldine IRL 2:25.77 (QR): Ramage, Sharyn GBR 2:35.89 ; 9 Sullivan, Julie GBR 2:35.95 ; W50: 1 Pretorius, Elaine RSA 2:23.73 ; 2 Mahady, Laura GBR 2:24.72 ; 3 Regonesi, Monica CHI 2:28.14 ; W55: 1 Quibell, Rita CAN 2:37.00 ; 2 Fernandez Penafiel, Ma. del Ca MEX 2:38.07; Quibell, Rita CAN 2:37:00, 2 Fernandez Fernande, Ma. dei Ca MEX 2:38.07;
Martin, Kathryn USA 2:39.32 (QR): Hall, Carol GBR 3:41.55; W60:
Jensen, Ingerlise V. DEN 2:38.93; 2 Copson, Angela GBR 2:40.54;
Heagney, Kathryn AUS 2:41.54; 6 Marler, Caroline GBR 2:49.98; W65:
Haakensveen, Oddbjoerg NOR 2:52.57; 2 Gallagher, Patricia GBR 2:53.58; 3 Allison, Marge AUS 2:57.28; W70: 1 Daprano, Jaan USA 3:03.13;
Gathards Anne AUS 3:03.94; 3 Lobes, Lorraine AUS 3:10.54; W75; 2 Stobaus, Anne AUS 3:03.94 ; 3 Lopes, Lorraine AUS 3:10.54 ; W75 2 Stopaus, Anne AUS 5:05:94 ; 3 Lopes, Lorraine AUS 3:10.54 ; W75: 1 Visser, Helly CAN 3:46:59 ; 2 Martin, Anne GBR 3:48.14 ; 3 Harada, Mary USA 4:05:76 ; W80: 1 Montgomery, Lenore CAN 4:00.53 ; 2 Wilson, Thelma USA 4:20.62 ; 3 Petley, Marcia NZL 5:17.32 ; W85: 1 Saito, Tomico BRA 5:23.52 ; 2 Alves, Maria BRA 6:58.03;

#### 1500:

M35: 1 Wasinger, Randy USA 3:58.71 ; 2 Lorenzo Marcos, Fernando ESP 3:59.49 ; 3 Boross, Gabor HUN 4:01.14 ; 10 Weaver, Richard GBR 4:10.46 ; (QR): Middleton, James GBR 5:01.78 ; M40: 1 Tremain, Rich CAN 4:03.37 2 Kern, Charlie USA 4:04.33 ; 3 Castro, Daniel Andres ARG 4:05.18; (QR) Conway, Joe IRL 4:32.03 ; M45: 1 Schwerkolt, Robert AUS 4:06.91 ; 2 Blackmore, Michael USA 4:08.25; 3 Messilter, Sean USA 4:08.82 5 Andrew, Robert GBR 4:11.61; (QR): Roberts, Alan GBR 5:38.23; M50: 1 LeBourne, Anselm USA 4:15.87; 2 Knerr, Ray USA 4:16.97; 3 Deighan, Chris CAN Anselm USA 4.10.87 ; 2 kital, kdy USA 4.10.97 ; 3 Deighan, Chris CAN 4:19.71 ; (QR): Down, Malcolm GBR 4:35.68 ; Doxey, Steven GBR 4:53.26 ; M55: 1 Bateman, Keith AUS 4:12.35(World Record) ; 2 Van der Hoorn, Martinus NED 4:24.57; 3 Dunlop, Alastair GBR 4:25.81 (British Record); Martinus (IED 4.24.67.20 GBR 4:57.21 (4:45.48qr); (QR): Pidgeon, Frederick GBR 5:01.20; Jenkins, Archie GBR 5:27.15; Proffitt, David GBR 5:32.61; M60: 5:01.20 ; Jenkins, Archie GBK 5:27:13, Plotint, David GBR 5:32.61; M60: 1 Shaheed, Nolan USA 4:35.97 ; 2 Lang, Dennis CAN 4:37.79 ; 3 Oxland, David GBR 4:37.88 ; 10 Snow, Ian GBR 4:48.66 ; (QR): Mcgovern, Ciaran IRL 5:31.80 ; M65: 1 Patton, Gary USA 4:46.05 ; 2 de la Camara, Emilio ESP 4:48.80; 3 Mathewson, Donald AUS 4:50.80 ; 4 Renyard, Malcolm GBR 4:57.34 ; M70: 1 Robertson, Ron NZL 4:52.95(World Record); 2 Esnault, 4:57.54 , Mr. C. H. 100 (1997) 2 Esnault Jean-Iouis FRA 5:15.68 ; 3 Sandery, Peter M70 AUS 5:17.21 ; M75: 1 Pereira, Bernardino POR 5:35.28 2 Alonso Domingo, Manuel ESP 5:35.52 ; 1 Pereira, Bernardino FOR 5:35:28 2 Aloiso Domingo, Manuel ESP 5:35:52 ; 3 Carr, David AUS 5:38.86 ; M80: 1 Whitlock, Ed CAN 5:48.93(World Record) ; 2 Kumamoto, Michio JAP 6:12.14 ; 3 Linde, Gunnar USA 6:44.71 ; Record) ; 2 Kullando, Mano V av 1997 ; 0 Einde, Gullar USA 6:44.71 ; M85: Canelo, Jose POR 8:25.25 ; M90: 1 Tejada Vergara, Antonio MEX 10:16.29 ; 2 Pauwels, Emile BEL 10:53.46 ; W35: 1 Grutters, Ingrid NED 4:50.13 ; 2 Haavikko, Hanna FIN 4:53.18 ; 3 James, Jeanine FRA4:56.06 W40: 1 Friend-Uhl, Sonja USA 4:28.52 ; 2 Padilla, Grace USA 4:33.80 W40: 1 Phendrom, 56, 363 ; 13 Wells. Sarah GBR 513.62 ; 14 Hooton, 3 Ryan, Lisa USA 4:38.63 ; 13 Wells. Sarah GBR 513.62 ; 14 Hooton, Michelle GBR 5:15.02 ; W45: 1 Debaets, Corinne BEL 4:42.87 ; 2 Valle, Lisa USA 4:44.00 ; 3 Bunting, Annie CAN 4:54.26 ; 9 Pidgeon, Jane GBR 5:05.11 USA 4:44.00 : 3 Bunding, Annie CAR 4:54:26 : 5 Flogeon, Jane GBR 5:05.11 : 12 Ramage, Sharyn GBR 5:12 76 : W50 : 1 Regonesi, Monica CHI 4:51:63 : 2 Ayala-Troncoso, Carmen USA 4:59:97 : 3 Blanchard, Patty CAN 5:01.72 : W55 : 1 Quibell, Rita CAN 5:22:48 : 2 Fernandez Penafiel, Ma. del Ca MEX 5:24:71 : 3 Fullove, Marianne USA 5:33:46 : W60 : 1 Jensen, Ingerlise V DEN 5:48.92 2 Steinbach, Coreen USA 5:50.03 3 Harvey, Sabra USA 5:51 37

W65: 1 Gallagher, Patricia GBR 6:18.83 ; 2 Matsuda, Mizue JAP 6:20 17 3 Osterlund, Rigmor DEN 6:32.23 W70: 1 Daprano, Jean USA 6:30.07 2 Lopes. Lorraine AUS 6:31 96 . 3 Stoll, Margie USA 6:48.96 ; W75 1 Visser Helly CAN 7 40 85 2 Martin, Anne GBR 7:46.20 ; 3 Cumming, Dawn NZL 8:00 18 W80 Wilson, Thelma USA 8:32.02 W85 Alves, Maria BRA

#### 13:49 13. 5000:

M35 1 Thiery, Fabrice FRA 15 15 20, 2 Celinski, Robert POL 15 16 17

3 Sanz Sanfructuoso, Javier ESP 16:12.04 ; M40: Castro, Daniel Andres ARG 15:22.30 : 2 Troncoso Troncoso, Cesar Javie ARG 15:22.64: 3 Khattabi, Elarbi



MOR 15:29.26; 19 Deegan, Gerard IRL 17:28.69 ; M45: 1 Fontaneda, Francisco Javier ESP 15:23.28 ; 2 Perminov, Sergey RUS 15:27.30 ; 3 Reynolds, Ben GBR 15:27.94 ; 33 Roberts, Alan GBR 20:25.16 ; M50: 1 Polikarpov, Sergey KAZ 15:39.61 ; 2 Kielczewski, Grzegorz POL 16:17.91 ; 3 Mickle, Iain USA 16:21.99 ; 33 Banner, Rob GBR 19:45.75 ; M55: 1 Bateman, Keith AUS 16:35:05; 2 McPhail, Elmer 17:00.60; 3 Ramirez, Jose del Carmen COL 17:04:47; 23 Proffitt, David GBR 20:41.52; 26 Jenkins, Archie GBR 20:50:46; 27 Murray, Andrew GBR 20:51:99; 31 Sargent, Rob M57 21:29.02 ; M60: 1 Oxland, David GBR 17:19.30 ; 2 Shaheed, Nolan USA 17:19.60 ; 3 Herridge, John AUS 18:00.97 ; 19 Williams, Paul GBR 20:27.31 ; M65: 1 de la Camara, Emilio ESP 18:07.91 ; 2 Andereqq, Albert SUI 18:16.10 ; 3 Renyard, Malcolm GBR 18:25.42 ; M70: 1 Robertson, Ron NZL 18:15.53(World Record); 2 Sandery, Peter AUS 19:20.47; 3 Batchelor, John GBR 19:49.82 ; 15 Cosgrove, Patrick IRL 23:33.96 ; 25 Holiday, Alan John GBR 19:49.82 ; 15 Cosgrove, Patrick IRL 23:33:96 ; 25 Holiday, Alan GBR 31:48.15 ; 27 Green, Les GBR 36:18.50 ; M75: 1 Pereira, Bernardino POR 20:47.79 ; 2 Rosales, Manuel ESP 21:18.52; 3 Iffrig, William USA 21:20.22 ; M80: 1 Whitlock, Ed CAN 21:32.87 (World Record);; 2 Nakagawa, Hisashi JAP 25:38.11; 3 Flanagan, Paul USA 25:54.20 ; 5 Howarth, Derek GBR 27:16.53 ; 9 Walsham, Arthur GBR 35:13.75 ; 12 Franklin, Ron GBR 49:31.03 ; M85: 1 Canelo, Jose POR 30:53.58 ; 2 Englert, Roy USA 34:05.40 ; 9 ; 11.03 ; M85: 1 Canelo, Jose POR 30:53.58 ; 2 Englert, Roy USA 34:05.40 ; 3 Velasco, Tomas MEX 34:40.55 ; M90: Ciapparelli, Ricardo Juan ARG 3 Velasco, Lomas MEX 34:40.55 ; M90: Ciapparelli, Ricardo Juan ARG 56:13.58 ; W35: 1 Manchia, Maria Domenica ITA 18:37.53 ; 2 Haavikko, Hanna FIN 18:40.62 ; 3 James, Jeanine FRA18:42.28 ; W40: 1 Coordt, Mary USA 18:02.33 ; 2 Sondag, Rebecca USA 18:06.09 ; 3 Visser, Magdalena USA 18:08.22 ; 12 Wells, Sarah GBR 20:52.07 ; W45: 1 Gibbs, Sally NZL 17:19.43; 2 Fischer, Tania USA 17:33.73 ; 3 Mosqueda, Sylvia USA 17:51.96 ; 5 Ridley, Susan GBR 19:13.37 ; W50: 1 Ayala-Troncoso, Carmen USA 18:44.73 ; 2 Pratt Wendy USA 10:16.21 ; 3 Blonebard, Patty CAM 10:10 Pd 18:44.73 ; 2 Pratt, Wendy USA 19:16.21 ; 3 Blanchard, Patty CAN 19:19.84 22 Marr. Lynne GBR 25:28.46 ; W55: 1 Kennedy, Christine USA 19:36.56 ; 2 Martin, Kathryn USA 19:58.74 ; 3 Roediger, Rosemary AUS 20:14.68 15 Darby, Anne GBR 23:39.43 ; W60: 1 Copson, Angela GBR 21:20.71 ; 2 Stevenson, Edie USA 21:22.36 ; 3 Tabor, Rosalind GBR 21:25.79 ; 6 Bowler, Karen GBR 22:16.64 ; W65: 1 Gallagher, Patricia GBR 22:37.63 ; 2 Schmieder, Sieglinde AUT 22:46.52 ; 3 Torti, Michele FRA22:53.65 ; 5 McNelis, Evelyn IRL 23:50.08 ; W70: 1 Flores, Joaquina POR 23:21.57 2 Lopes, Lorraine AUS 23:45.57 ; 3 Chen, Xuhua CHN 23:56.22 ; W75; 1 Martin, Anne GR 28:36:35; 2 Hochstatter, Margarida BRA 29:06.25; 3 Harada, Mary USA 30:27:51; W80: 1 Montgomery, Lenore CAN 29:30.65; 2 Angelis, Ruth GER41:48.08 . W85: 1 Saito, Tomico BRA 49:48.91 ; 2 Alves Maria W85 BRA 51 19 95 10000:

M35: 1 Celinski, Robert POL 31:58.96 : 2 Vega, Oscar CRC 33:39.87 : 3 Brychta, Jiri CZE 33:56.56 : M40: 1 Troncoso Troncoso, Cesar Javie ARG 32 34 27 . 2 Khattabi. Elarbi MOR 32 39 95 . 3 Reich. John USA 33:43 47 . M45: 1 Fontaneda, Francisco Javier ESP 31 32 85, 2 Paredes, Benjamin MEX 31 40 88 3 Perminov Sergey RUS 31 50 74 23 Roberts Alan GBR 41 54 46

#### **MASTERS ATHLETICS AUTUMN 2011** 100H:

M50: 1 Polikarpov, Sergey KAZ 32:30.31 ; 2 Kielczewski, Grzegorz POL 33:43.72 ; 3 Pilcher, Brian USA 34:27.12 ; M55: 1 Ramirez, Jose del Carmen COL 34:54.28 ; 2 Deegan, Michael GBR 35:18.41 ; 3 Becker, Rick USA 35:30.02 ; 15 Murray, Andrew GBR 42:45.98 ; 18 Sargent, Rob GBR 43:49.54 M60: 1 Karkkainen, Heimo FIN 38:05.81 ; 2 Herridge, John AUS 38:06.52 ; 3 Konrad, Josef GER 39:56.58 ; 5 Williams, Paul GBR 40:31.63 ;
 17 Rich, Alan GBR 46:18.67 ; M65: 1 de la Camara, Emilio ESP 39:55.04 ;
 2 Carboni, Antonio ITA 40:01.45 ; 3 Moreira, Domingos POR 40:14.57 ;
 15 Heywood, John GBR 48:53.80 ; M70: 1 Sandery, Peter AUS 40:36.20; 2 Lessing, Peter GER 41:25.60 ; 3 Schmid, Hans USA 42:19.21 ; M75: 1 Pereira, Bernardino POR 43:10.01 ; 2 Lauridsen, Bent DEN 43:43.60 ; 3 Iffrig, William USA 44:14.64 ; 14 Robinson, Peter GBR 1:21:22.17 ; M80: 1 Whitlock, Ed CAN 42:39.95(World Record); 2 Rivera Rivera, Romulo MEX 53:22.16; 3 Flanagan, Paul USA 53:33.94; 6 Howarth, Derek M80 GBR 57:58.28; M85: 1 Canelo, Jose POR 1:07:19.12; 2 Englert, Roy USA 1:09:48.68; W35: 1 Manchia, Maria Domenica ITA 39:26.49; 2 Haavikko, Hanna FIN 40:38.14 ; 3 Pascual-Garrido, Cecilia ARG43:24.96 ; W40: 1 Coordt, Mary USA 37:08.13; 2 Sondag, Rebeca USA 37:10.97; 3 Breen, Verity AUS 38:26.67; W45: 1 Gibbs, Sally NZL 36:03.59; 2 Castro Solino, Soledad ESP37:41.78 ; 3 Ridley, Susan GBR 40:08.90 ; W50: 1 Regonesi, Monica CHI 38:29.00 ; 2 Bruess, Laura USA 40:08.76 ; 3 Shemyakina, Elena USA 40:22.25 ; W55 : 1 Martin, Kathryn USA 39:56.53 ; 2 Roediger, Rosemary AUS 40:51.59 ; 3 Zderic, Miriam USA 41:06.20 ; W60: 1 Copson, Angela GBR 41:22.70 ; 2 Tabor, Rosalind GBR 44:09.14 ; 3 Stewart, Judith AUS45:52.35; 3 Torti, Michele FRA 47:48.29; 4 McNelis, Evelyn IRL 48:20.33 ; W70 : 1 Flores, Joaquina POR 48:08.96 ; 2 Chen, Xuhua CHN 40.20.35 ; 3 Turosz, Zofia POL 54:18.54 ; 7 Cushen, Bridget GBR 1:04:51.14 ; W75: 1 Leclerc, Denise FRA 51:18.57 ; 2 Restrepo, Mariela COL1:05:29.45 ; 3 Helfenstein, Ruth SUI 1:06:14.64 ; W80: Angelis, Ruth GER1:22:24.25 ; W85: aito, Tomico BRA 1:29:55.16; MARATHON:

#### M35: 1 Worthen, Chad USA 2:35:53.40 ; 2 Kristoffersen, Ronny NOR 2:39:15.50 : 3 Harne, Jason GBR 2:43:48.20 ; Team Result: 1. 8:04:40 GREAT BRITAIN; 2. 9:02:29 United States; 3. 9:13:21 Spain ; M40: 1 Torres, Tony USA 2:32:29.20 ; 2 Norvello, Alfredo ITA 2:36:34.60 ; 3 Ramirez-Castrillon, Efren COL 2:41:27.20 ; Team Result: 1, 7:59:42 United States ; 2. 8:59:48 Colombia; 3. 9:40:17 CANADA; M45: 1 Fiorini, Daniel CAN 2:46:18.00 ; 2 Foglia, Luca Guiseppe Luigi SUI 2:47:15.01 ; 3 Pommier, Jean USA 2:47:55.40 ; 10 Ferguson, Martin GBR 3:10:31.80 ; 21 Roberts, Alan GBR 4:02:29.20 ; Team Result: 1. 8:40:11 United States; 2. 9:45:27 Russia; 3. 10:27:04 GREAT BRITAIN; M50: 1 Jones, Gavin GBR 2:40:13.40 ; 2 Tighe, Martin GBR 2:40:36.30 ; 3 Bernd, Uwe GER 2:40:44.00 ; 20 Banner, Rob GBR 3:20:56.90 ; Team Result: 1 GER 8:19:05; 2 CAN 8:36.48; 3 USA 8:48.53; M55: 1 Bateman, Keith AUS 2:43:07.00 ; 2 Artero, Marcelo ARG 2:44:20.10; 3 Stevens, Gavin NZL 2:50:40.70; 12 Sargent, Rol 3:33:58.10; Team Result: 1.9:20:30 United States; 2. 10:02:18 Russia; 12 Sargent, Rob GBR 3. 11:12:36 MEXICO; M60: 1 McCluskey, Terry USA 2:52:42.20 ; 2 Cichonczuk, Antoni POL 2:56:49.10 ; 3 Vargas, Mario CHI3:01:49.90 ; 4 Appleby, Alan GBR 3:14:01.70; Team Result: 1. 9:47:04 United States; 2. 12:21:04 Italy; M65: 1 Garcia, Gabriel BRA 2:58:43.50; 2 Bautista Carbarin, Meliton MEX 3:05:51:10; 3 Arias, Jose Antonio ESP 3:17:21:50; Team Result: 1. 11:15:36 Spain; 2. 12:04:51 United States; 3. 12:06:45 Mexico M70: 1 Barreneche Rios, Hernan COL 3:17:16.70 ; 2 Schmid, Hans USA 3:39:02.90; 3 Stocker, Werner GER 3:44:28.70; Team Result: 1. 11:29:03 United States; 2. 14:04:19 Germany M75: 1 Rosales, Manuel ESP 3:50:37.70 2 Dodson, Bill USA 4:07:09.01 ; 3 Loverde, Manuel USA 4:35:00.70 ; Team Result: 1. 13:46:21 United States ; M80: 1 Kumamoto, Michio JAP 3:53:59.70 2 Wood, Keith USA 4:46:52.50 ; 3 D'Erbee, Leon GER 4:58:49.90 ; W35: 1 Gigliotti, Sara USA 3:00:42.20 ; 2 Worthen, Stacey USA 3:09:42.10 ; 3 Zorrilla, Alicia PAN 3:23:30.20 ; W40: 1 Bednosky, Annette USA 3:01:29.50 ; 2 Breen, Verity AUS 3:07:25.40 ; 3 Acuna, Veronica ARG3:13:43.10 ; W45: 1 Gibbs, Sally NZL 2:52:52.20 ; 2 Wolski, Kathy USA 3:03:18.40 ; 3 Bonilla, Rosalva USA 3:14:58.30 ; 6 Gibson, Tracey GBR 3:33:40.30 ; Team: 1. 9:36:42 USA; 2. 12:56:42 GREAT BRITAIN; W50: 1 Regonesi, Monica CHI 3:10:52.70; 2 Meyer, Ashley VEN 3:16:25.01; 3 Barrantes, Ana Luisa CRC 3:19:38.60; 9 Bishop, Fiona Jane GBR 4:27:51.90 ; 12 Stuart, Heather GBR 4:55:08.50 ; Team; 11:06:18 Germany ; W55: 1 Kennedy, Christine USA 3:00:47.80 ; 2 Jin, Hongyun USA 3:19:10.80 ; 3 Fischer, Anne GER3:36:07.60 ; Team 10:03:43 United States; W60: 1 Rivas, Luisa CHI 3:23:22.20 ; 2 Rollins, Nancy

USA 3:36:14.50 ; 3 Cain, Janet USA 3:37:23.90; Team: USA 10:56.48; W65 Bordato, Cecille JAM 5:03:09.20 ; W70: 1 Sarco, Marta ARG 4:19:37.01 2 Suzuki, Satsuko JAP 4:34:10.10 ; 3 Camargo, Edilia PAN 5:48:51.90 ; W75: Rosinska, Janina POL 5:47:42.10;

80H:

M70 (-2.9) 1 Hamaekers, Arno GER 14.04; 2 Stevenson, Michael AUS 14.49; 3 Ukhov, Valery RUS 14.62; (QR): Caffrey, Ernest IRL 18.67 / -1.8; M75: (0.5) 1 Bowman, Anthony GBR 14.99; 2 Ueda, Yutaka JAP 15.95; 3 ESPhower, Doug USA 16.26; M80: (-0.8) Przyborowski, Jerzy POL 19.24; M90: Ralph Maxwell USA 21.62 (World Record); W40(-1.8): 1 Nagel, Evelin GER11.75; 2 Scott, Menka USA 12.47, 3 Schilling, Tatjana GER12.48; W45 (-2.6): 1 Pellegrinelli, Monica SUI11.76; 2 Finegan, Geraldine IRL 12.97; 3 Krepkina. Valentyna UkR 13.56; W50(-1.9): 1 Upshaw, Joy USA 12.19; 2 Palmer, Liz USA 12.46 . 3 Stagles, Sally GBR 12.97; 4 Horder, Jane GBR 13.40 (13.37 / -2.2qr): 6 Clarke, Gaye GBR 14.22 (13.77 / -2.2qr); W55(-1.3): 1 Sanguos, Maria Jesus ESP13.82. 2 Filer, Carole GBR 14.07; 3 Paris Millan, Vilma PUR15.06: W60 (-1.0): 1 Fail, Jean GBR 14.56; 2 Kokkonen, Terhi FIN 14.86: 3 Taylor, Margaret AUS 14.99 . W65 (-1.5) 1 Maier, Marianna 2 Houben, Helgard GER17.65; 3 Nilsson, Kerstin SWE 19.18, 4 AUS15.56 Oakes, Patricia GBR 19.33, W70(-1.4): 1 Sauer, Erika GER18.58; 2 Tang Wing, Monica TRI 19.90, W75(-1.2) 1 Jordan, Barbara USA 18.73; 2 Meiler Florence USA 18 80, 3 Mabuchi, Hiroko JAP 19 22

M50: (-0.5): 1 McCloud, Dexter USA 14.64; 2 Conley, Brian USA 14.81; 3 Garner, Reggie USA 14.87; (QR): James, Tennyson GBR 15.94 / -0.5; Leiper, Allan GBR 19.01 / -3.1; M55: (-0.9): 1 Kreiner, Herbert AUT 15.11; 2 Bolling, Ronald USA 15.83; 3 De Souza Pinto, Ivanildo BRA 16.20; M60: (-0.3) 1 Wilson, Thaddeus USA 14.78; 2 Parnell, Roger USA 15.86;

3 Lorenz, Sylwester POL 16.51; 4 Wells, Anthony GBR 16.65 ; M65: (-2.4)

 Ferguson, Barry GBR 16.92; 2 Bellansky, Milan SVK 17.75;
 Suominen, Harri FIN 18.02; W35 (-0.7): 1 Soulabail-legendre, Carine FRA15.33; 2 Guest, Rachel USA 15.71; 3 Opp, Melanie GER19.11; 110H:

M35: (-0.5): 1 Price, Robert USA 15.29; 2 McLaren, Doug CAN 15.35;

3 Rackwitz, Stefan GER 15.76; M40: (-2.8) 1 Godbout, Michael USA 14.37; 2 Pye, Derek USA 14.68; 3 Drummond, Don USA 15.16; 4 Appiah, Joe GBR 15.19; M45: (-2.9): 1 Ashford, David USA 15.37; 2 Andrade, Henry USA 15.90 : 3 Lindsay, Howard ANT17.27; --Dunson, Greg M47 GBR DNF 15.24qr-0.8; 200H:

M80: (-1.8): 1 Fee, Earl CAN 37.31 ; 2 Przyborowski, Jerzy POL 43.28; 3 Robinson, Willard USA 46.99; **M85** (-1.8) : Delgado Flores, Hugo Antonio PER 45.13(**World Record**); **W70** (-1.3): 1 Sauer, Erika GER 40.60; 2 Nakamura, Noriko JAP 41.87 ; 3 Sisley, Becky USA 43.95; **W75(-2.2)**: 1 Jordan, Barbara USA 41.71(World Record); 2 Meiler, Florence USA 43.83; 300H:

M60: 1 Wilson, Thaddeus USA 45.42 ; 2 Lapp, Rick USA 46.16 ; 3 Montaruli, Antonio ITA 48.83 ; 4 Wells, Anthony GBR 50.24 (49.14qr); M65: 1 Fortunato, Antonio POR 49.43 ; 2 Suominen, Harri FIN 49.60 ; 3 Van der Schaaf, Jelle NED 49.91; 7 Ferguson, Barry GBR 51.47; M70: 1 Stevenson, Michael AUS 51.64; 2 De Stefano, Michael USA 51.92; 3 Knorr, Hartmann GER 52.87; (QR): Caffrey, Ernest IRL 1:00.82; M75: 1 Aadmi, Andy CAN 55.87 ; 2 Clark, William USA 56.85; 3 Bowman, Anthony GBR 57.12; W50: 1 Kay, Marie AUS 46.07 ; 2 Horder, Jane GBR 47.59 ; 3 Shook, Kathleen USA 51.17 ; 4 Clarke, Gaye W50 53.09 ; W55: 1 Sanguos, Maria Jesus ESP 51.93 (European Record); ; 2 Filer, Carole GBR 52.85 ; 3 Paris Millan, Vilma PUR 55.31 ; 5 Argent, Fiona GBR 1:03.96; W60: 1 Metsankyla, Marja FIN 53.75 ; 2 Kokkonen, Terhi FIN 55.14 ; 3 Claassen, Stephanie RSA 1:00.04 ; W65: 1 Allison, Marge AUS 54.06(World Record) ; 2 Haakensveen. Oddbjoerg NOR 58.32; 3 Miyamoto, Hiroko JAP 1:15.35; 400H

M35: 1 Price, Robert USA 55.54 ; 2 Gonzalez, Ivan CHI 57.09 ; 3 Pittman, Lyndell USA 1:01.08 ; M40: 1 Chambers, Winston JAM 55.53 ; 2 Schulze, Andreas GER 56.23 ; 3 Drummond, Don USA 56.78 ; M45: 1 Echeandia Gonzalez, Getulio PUR 57.00 ; 2 Tilt, Jonathan GBR 59.68 ; 3 Amerio, Roberto ITA 1:00.18 ; M50: 1 Gatting, Darnell USA 56.86; 2 Grimes, Peter USA 58.20 ; 3 Roberson, James USA 1:00.87 ; M55 : 1 Cipriani, Alessandro ITA 1:03.94; 2 Haywood, George USA 1:05.13; 3 Cummings, Steve USA 1:06.40 ; W35: 1 Baggiolini, Emanuela ITA 1:00.94; 2 Dendy, LaTrica USA 1:02.09; 3 Soulabail-legendre, Carine FRA1:02.76 ; W40: 1 Daley, Lisa USA 1:03.95 ; 2 Pierre-joseph, Corinne FRA1:04.56 ; 3 Velazquez Roman, Wanda PUR1:05.28 ; W45: 1 Mitchell, Virginia GBR 1:05.65 ; 2 Finegan, Geraldine IRL 1:06.75 ; 3 Steen, Karen USA 1:10.48 ; 6 Johnson, Oriana GBR 1:18.04; 2000 SC

M60: 1 Kongerskov, Rolf DEN 7:13.60 ; 2 Mayfield, Allan AUS 7:18.10 ; 3 Roganov, Boris RUS 7:21.38 ; 5 Snow, Ian GBR 7:25.17 ; M65: 1 de la Camara, Emilio ESP 7:42.46 ; 2 Moreira, Domingos POR 7:59.77 ; 3 Bolding. Ross USA 8:03.15 ; M70: 1 Robertson, Ron NZL 7:10.03(World Record) ; 2 Sandery, Peter AUS 8:16.57 ; 3 Esnault, Jean-Jouis FRA 8:35.70 ; M75: 1 Carr, David AUS 9:36.09 ; 2 Vicente, Francisco POR 10:02.88 ; 3 Roste, Aksel NOR 10:19.54 ; M80: 1 Linde, Gunnar USA 11:06.76; 2 Matzner, Karel CZE 11:47.31 ; 3 Torres Rosa, Luis M83 PUR 12:31.80 ; W35: 1 Martinez Paya, Angela ESP 7:38.52; 2 Sanchez Vivas, Luz Angela COL 7:42.28 ; 3 Manchia, Maria Domenica ITA 7:42.45 ; W40: 1 Ryan, Lisa USA 6:49.58 (World Record) ; 2 Padilla, Grace USA 6:55.56 ; 3 Olivari, Paola CHI 7:24.82 W45: 1 Valle, Lisa USA 6:58.89 (World Record); 2 Finegan, Geraldine IRL 8:14.72; 3 Wieciorkowska, Zofia POL 8:21.25; W50: 1 Henn, Elisabeth GER 8:27.26; 2 Overveld, Jeanine NED 8:28.09; 3 Seth, Betsy USA 8:43.85; W55: 1 Martin, Kathryn USA 8:22.01; 2 Darby, Anne GBR 9:32.25; 3 Sweazey, Nancy CAN 9:33.80; W60; 1 Rodriguez, Irene COL 9:31.99; 2 Davey, Irene AUS 10:02.37 ; 3 Carr. Heather AUS 10:04 35 ; W65: 1 Lang. Anne AUS 10:49.86 ; 2 Rocnakova, Miloslava CZE 10:53.20 ; 3 Harris, Fran AUS 12:53.92 ; W75: 1 Martin, Anne GBR 11:40.62 (European Record); 2 Cumming, Dawn NZL 13:06.40; 3000SC

M35: 1 Doherty, Ciaran IRL 9:15.13 ; 2 Fernandez-Hernandez, Raul ESP 9:33.24 ; 3 Sanz Sanfructuoso, Javier ESP 9:42:95 . M40: 1 Khattabi, Elarbi MOR 9:24.93 ; 2 Ivanov, Ivan USA 9:25.62 . 3 Collins. Liam USA 9:54.82 M45: 1 Pelletier, Gilles FRA 9:51.08 ; 2 Philander, Tobias RSA 10:08.88; 3 Bourgeois, Gilles CAN 10:22:48 . M50: 1 Deighan, Chris CAN 10:27:06 2 Salvador, Manuel ESP 10:49:54, 3 Lancucki, Stanislaw POL 10:53:73. M55: 1 Van der Hoorn, Martinus NED 10:39.20 ; 2 Sono. Masao JAP 11:04.51 3 Campbell, Dale USA 11:13.33: 4x100

M35: 1 USA 41.89 ; 2 GER 44.12 ; 3 GBR 44.62 ( Newton, Keith, Tipper, Jim , Rubenis, Richard, Dunson, Greg ); M40 1 GBR 43.42 ( Appiah, Joe, Scott, Darren, Dunwell, Mark, Carty, Jason ); 2 USA 43 55 3 ITA 44.52; M45: 1 USA 44.73; 2 ITA 45.39; 3 GER 47.20, 5 GBR 52 16 (May, Michael, Gray, Marcel, Lewis, Bob, Leiper, Allan ) M50 1 USA 45 92 2 GBR 46.49 3 ITA 44.52 (Wright, John , Vassiliou, Michael, Battista, Jeff, Guest, Paul); 3 GER 47 45. M55: 1 USA 48.08 . 2 GBR 50.73 ( Franklyn, Walwyn , Phillips, Tom Wells, Anthony , Wade, Trevor ); 3 AUS 50 87 M60 1 USA 47 93(World Record); 2 GER 51 19 ; 3 TRI 52 48, M65 1 AUS 50 89 2 USA 51 12

Sally, Mitchell, Virginia, Timmis, Denise. Clarke, Gaye ); 3 AUS 59.68;
W50: 1 USA 51.88; 2 PUR 52.96; 3 GBR 53.51 ( Kelly, Angela, Dunn, Wendy . Horder, Jane, McClelland, Averil ); W55: 1 GBR 1:00.15 (Trimble, Joan, Filer, Carole, Saunders-Mullins, Joylyn, Powell, Caroline ); 2 USA 1:09.81; 3 MEX 1:10.00; W60: 1 USA 58.75; 2 AUS 1:00.60; 3 NZL 1:01.23; 5 GBR 1:04.69 ( Oakes, Patricia , West, Moira , Copson, Angela, Fail, Jean ); W65: 1 AUS 1:03.83; 2 GER1:05.09; 3 NOR 1:14.59; W70: 1 GER1:09.99; 2 GBR 1:16.78(British Record) ( Fraser, Dorothy, Martin, Anne, Cushen, Bridget, Holder, Iris); 3 COL1:20.43; W75: USA 1:10.19(World Record);

4x400: M35: 1 USA 3:21.57; 2 GBR 3:23.30 ( Rubenis, Richard, Tipper, Jim, Tilt, Jonathan , Scott, Darren ); 3 RUS 3:26.68; M40; 1 USA 3:23.15; 2 CAN 3:29.18 ; 3 JAP 3:30.42 ; M45: 1 USA 3:24.84(World Record) ; 2 ITA 3:22.63; 3 CAN 3:40.32 M50: 1 USA 3:31.76(World Record); 2 GBR 3:43.38 ( Wright, John , Vassiliou, Michael, Battista, Jeff , Lewis, Bob ); 3 FRA 3:43.81 ; M55: 1 USA 3:49.28; 2 AUS 3:56.86 ; 3 GBR 4:09.46 ( Snow, Ian, Wells, Anthony , Dunlop, Alastair, Franklyn, Walwyn ): M60: 1 USA 3:54.56; TRI 4:16.43 ; 3 GER 4:20.60 ; M65: 1 USA 4:08.51 ; 2 AUS 4:13.23 ; 3 GER 4:33.96 ; 5 GBR 4:54.02 ( Jones, Eric, Isetts, Charles, Bush, Frederick, Eland, Albert Gordon ); M70: 1 USA 4:27.17; 2 AUS 4:29.57 ; 3 GER 4:31.79; M75: CAN 5:14.61 ; 2 USA 5:28.59 ; 3 JAP 5:30.22 ; M85: MEX 8:43.72 ; W35: United States of America 4:03.60; 2 Italy 4:06.27; 3 Germany 4:26.92; 5 Great Britain and N. Ireland 4:46.61 ( Oliver, Louise, Kelly, Angela, Clarke, Gaye, Hubbard, Julia); W40: 1 USA 4:03.49; 2 FRA 4:08.22; 3 Costa Rica 4:19.48; W45: 1 Australia 4:08.32(=World Record); 2 United States of America 4:18.81; 3 Canada 4:35.61; 4 Great Britain and N. Ireland 4:52.76 ( Darby, Anne, Johnson, Oriana, Ramage, Sharyn, Mitchell, Virginia ); W50: 1 Great Britain and N. Ireland 4:20.59 (Horder, Jane, Dunn, Wendy , McClelland, Averil , Mahady, Laura ); 2 Germany 4:22.2; 3 Puerto Rico 4:28.15; W55 : 1 Great Britain and N. Ireland 4:39.13 ( Trimble, Joan, Filer, Carole,

1 Great Britain and N. Ireland 4:39.13 (Trimble, Joan, Filer, Carole, Saunders-Mullins, Joylyn, Powell, Caroline); 2 Australia 5:12.15; 3 United States of America 5:29.92; 1) Dickson-Taylor, Paula 58 2) Martin, Kathryn 59 3) Hartzler, Mary 62 4); W60: 1 Australia 4:55.53(World Record); 2 New Zealand 5:25.81; 3 United States of America 5:50.11; W65: 1 Australia 5:16.39 (World Record); 2 Germany 5:56.51; 3 Mexico 7:38.95; W70: 1 Germany 6:47.55; 2 United States of America 7:05.48; 3 Colombia 7:25.67; W75: Mexico 9:14.05;

HJ:

M35: 1 Schuler, Gary USA 1.97; 2 Sara, Zoltan CAN 1.90; 3 Scott, Joshua USA 1.87; M40: 1 Ashley, Brian USA 1.87; 2 Somogyi, Janos HUN 1.84;
3 Godichon, Laurent FRA 1.81; M45: 1 Zapala, Alois CZE 1.87; 2 Hoyle, David AUS 1.87; 3 Johnson, Steve USA 1.78; M50: 1 Mcbarnette, Bruce USA 1.81; 2 Vidos, Gregory USA 1.81; 3 Foley, Thomas USA 1.81; M55: 1 Barrineau, James USA 1.78; 2 Banks, William USA 1.75; 3 Lorenc, Jaroslav CZE 1.69; M60: 1 Jamrich, Milan USA 1.66; 2 Hawkins, Francis CAN 1.62; 3 Sauers, James USA 1.60; M65: 1 Abugattas, Roberto Nicolas PER 1.56; 2 Montieth, David USA 1.54; 3 Boranga, Lamberto ITA 1.52; M70: 1 Dobroth, John USA 1.57; 2 Poutiainen, Kyosti FIN 1.40; 3 Perry, Dave USA 1.40m; 13 Caffrey, Ernest IRL 1.12; M75: 1 ESPhower, Doug USA 1.40; 2 Langenfeld. Tom USA 1.38; 3 Ishikawa, Nobuo JAP 1.26; M80: 1 Propst, Raymond USA 1.06. 2 Smith, J. Val USA 1.04; 3 Sharma, Prem Lal IND 1.02; M85: Roudebush, George USA 1.05; M90: 1 Skrivervik, Gudmund NOR 1.05; 2 Pauwels, Emile BEL 0.94; 3 D'Arcy, Leslie GBR 0.80; M95: McPhie, Leland USA 0.80; W35: 1 Witteveen, Solange ARG1.68m ; 2 Wood, Alison USA 1.65; 3 Albright, Lori USA 1.59; W40: 1 Nieder, Stacey USA 1.62; 2 Smith, Lynette AUS 1.62; 3 Nack, Lolita FRA1.56; W45; 1 Barrientos, Marcela CHI 1.56; 2 Look-Jaeger, Clare USA 1.53; 3 Biskup, Marianna POL 1.50; W50; 1 Drechsler, Monika GER1.46; 2 Mendenhall, Martha USA 1.44; 3 Clarke, Gaye GBR 1.32; W55: 1 Glynn, Kay USA 1.40; 2 Gipson, Eleanor USA 1.40; 3 Filer, Carole GBR 1.38; 4 Garvey, Pam GBR 1.28; W60 1 Steekelenburg, Annelies NED 1.32; 2 Taylor, Margaret AUS 1.28; 3 Kokkonen, Terhi FIN 1.28; W65: 1 Maier, Marianna AUS1.18; 2 Douglass,

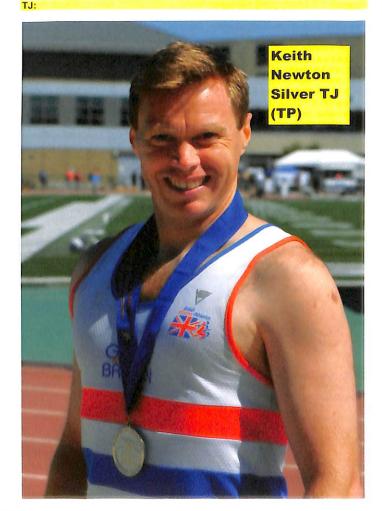
3 Kokkonen, Terhi FIN 1.28; W65: 1 Maier, Marianna AUS1.18; 2 Douglass, Linda USA 1.18; 3 Radcliffe, Marg CAN 1.12; 4 Oakes, Patricia GBR 1.08; W70: 1 Bergen, Kathy USA 1.25; 2 Anderson, Sandy CAN 1.20; 3 Sisley, Becky USA 1.09; W75: 1 Donley, Christel USA 1.07; 2 Mabuchi, Hiroko JAP 1.05; 3 Jordan, Barbara USA 1.03; W85; Valien, Johnnye USA 0.84; W90: Kotelko, Olga CAN 0.73; PV:

M35: 1 Bartl, Radek CZE 4.10; 2 Thorson, Chris USA 3.95; 3 Stahler, Greg USA 3.60; M40: 1 Friedenbach, Paul USA 4.50; 2 Lake, Kevin CAN 4.45; 3 Kyndbol, Morten DEN 4.25; M45: 1 Obiena, Emerson PHI 4.30;

2 Outerbridge. Geoff CAN & Besmer. Daniel USA 4.20; M50: 1 Babits, Paul USA 4.60, 2 Beck, Wendell USA 4.15m; 3 McIntyre, Tim USA 4.15; 10 Leiper. Allan GBR 3.40, M55: 1 Hunter, Gary USA 4.10; 2 Olsen, Bob USA 4.05; 3 Brown. Charles USA 3.95; M60: 1 Morris, Steven USA 3.25; 2 Eaton, William USA 3.20; 3 Bonnett, Larry USA 3.20; M65: 1 Altendorf, John USA 3.84 (World Record), 2 Phillips, Dennis USA 3.60; 3 Kilpelainen, Matti USA 3.50; 5 Bradley, John Elwyn GBR 3.10, M70: 1 Isett, Don USA 3.20;

2 Lagerqvist, Hans SWE 3 10: 3 KPHInczi. Zoltan HUN 3:05. MT5: 1 Lopez Barrera. Raul URU 2:50: 2 Steinman. John USA 2:50: 3 Hewitt, Robert USA & Kandeydi, Hikmet TUR 2:40m. M80: 1 Hinkes, Thomas USA 2:20: 2 Donley, Jerry USA 2:10: 3 Konopka. Manfred GER 1:95. M85: Opperman, Wallace NZL 1:10m. W35: 1 Croskell, Helen USA 2:30: 2 Paul, Shylu IND 2:20: W40: 1 Starkey, Jill USA 3:45: 2 Ziemann, Christina GER 3:10: 3 Craft, Kathy USA 2:95. W45: 1 Wolff, Pascale FRA 3:10: 2 Krepkina. Valentyna UKR 2:90; 3 Regan, Alison USA 2.80; W50: 1 Forcellini, Carla ITA 3.00; 2 Herrmann, Petra GER 2.90; 3 Babits, Brenda USA 2.30; W55: 1 Glynn, Kay USA 2.85; 2 Yeomans, Sue GBR 2.80; 3 Rocha, Ivone da Conceicao BRA 2.00; W60: 1 Raschker, Phil USA 2.30; 2 Perkins, Wilma AUS 2.20; 3 Johnston, Janet USA 1.65; W65: 1 Jager, Kathy USA 2.30; 2 Vander Cruyssen, Dorothy USA 1.90; 3 Hardison, Ellyn USA 1.45; W70: 1 Sisley, Becky USA 2.15; 2 Nakamura, Kimiko JAP 1.70; W75: Meiler, Florence USA 1.96; W85: Valien, Johnnye USA 1.25 (World Record);

M35: 1 Rackwitz, Stefan GER 6.86w; 2 Pettes, Alfy USA 6.45 / 0.2 ; 3 Robinson, Oscar USA 6.37 / 1.3 ; 6 Dods, Darren GBR 6.22 / -0.3 ; M40 1 Mormin, Maxime FRA 6.88 / 1.4 ; 2 Robinson, Jerome USA 6.71 / 1.7 ; 3 Appiah, Joe GBR 6.57 / 1.5 ; M45: 1 Ayears, William USA 6.56w; 2 Schlindwein, Andreas GER 6.49 w; 3 Sampson, Adrian USA 6.40w; M45: 1 Schlindwein, Andreas GER 6.73 w; 2 Ayears, William USA 6.70w; 3 Lindsay, Howard ANT 6.52w; M50: 1 Woerner, Juergen GER 5.98w; 2 Long, William USA 5.70w; 3 Guest, Paul GBR 5.66w; M55: 1 Nikula, Jouko FIN 5.65w; 2 Wade, Trevor GBR 5.46w; 3 Watson, Donald USA 5.41w; M60: 1 Crittenden, Jimmy USA 5.29 / 1.6 ; 2 Holmberg, Sture SWE 5.28 / 0.0 ; 3 Lorenz, Sylwester POL 5.26 / 1.7 ; M65: 1 Ahomaki, Pertti FIN 5.51 (European Record) / -1.0; 2 Da Silva, Alcides Francisco BRA 5.17w; 3 Kreft, Claus-Werner GER 4.85m/ 0.8 ; M70: 1 Backlund, Stig FIN 4.84w; 2 Hallia, Sakari FIN 4.51m/ 2.0 ; 3 Shimizu, Hiromu BRA 4.48w; M75: 1 Fischer, Lothar GER 4.46 / -1.4 ; 2 MacLeod, Norman USA 3.89 / -2.1 ; 3 Uchida, Koji JAP 3.66 / -1.1 ; M80: 1 Platts, William USA 3.66 / 0.7 ; 2 Shimizu, Yoshiyuki BRA 3.52 / 1.3 ; 3 Sharma, Prem Lal IND 3.26/ -0.7 ; M90: 1 Skrivervik, Gudmund NOR 2.78 / 0.0 ; 2 Bulkley, Daniel USA 1.69 / 0.0 ; 3 Estanol Dorantes. Armando MEX 1.39 / 1.1 ; M95: McPhie, Leland USA 1.29m / 0.0 ; W35: 1 Sorokina, Nataliia UKR 5.95w; 2 Borgonovo, Flavia ITA 5.72w; 3 Guest, Rachel USA 5.52w; W40: 1 Ansaldi, Chiara ITA 5.10 / 0.7 ; 2 Sanz, Carolina CHI 5.10w; 3 Hasselberg, Katja GER5.03 / 0.0 ; 9 Oliver, Louise GBR 4.72 / 1.6; W45 : 1 Biskup, Marianna POL 5.40 / 1.9 ; 2 Abraham, Reeth IND 5.09 / 1.6 ; 3 Krepkina, Valentyna Ukraine 5.07w; ; W50: 1 Kay, Marie AUS 5.24w; 2 Upshaw, Joy USA 5.15 / 1.8 ; 3 Herrmann, Petra 1 GER4.87w; 5 McClelland, Averil GBR 4.45 / 0.9 ; 6 Timmis, Denise GBR 4.44 / 1.7 W55;1 Jacobs, Tilly NED 4.84w; 2 Filer, Carole GBR 4.45w; 3 Glynn, Kay USA 4.41w; 6 Yeomans, Sue GBR 3.82 / 1.7 ; W60: 1 Perkins, Wilma AUS 4.32w; 2 Taylor, Margaret AUS 4.29 / 1.6 ; 3 Raschker, Phil USA 4.19w; W65: 1 LaFayette-Boyd, Carol CAN 4.18 / 2.0 ; 2 Ungerer, Aletta RSA 3.90w; 3 Maier, Marianna AUS3.80w; 5 Oakes, Patricia GBR 3.12/ 1.5 ; W70: 1 Sauer, Erika GER3.66w; 2 Nakamura, Noriko JAP 3.36 / 1.9 ; 3 Bortignon, Christa CAN 3.35w; 4 Holder, Iris GBR 3.34w; W75: 1 Lary, Audrey USA 3.22w; 2 Meiler, Florence USA 3.07w; 3 Stancheva, Rozka BUL 2.89w; W80: 1 Kreiskott, Rosemarie GER2.98w; 2 Kuehne, Magdalena USA 2.29 / 2.0 ; 3 Krug, Gloria USA 2.22 / 1.2 ; W85; Valien, Johnnye USA 2.21 / 1.8 ; W90; Kotelko, Olga CAN 1.40w;



M35: 1 Ipina, Jose Angel ESP 13.95 / 1.3 ; 2 Garcinuno Martin, Roberto ESP 13.90 / 2.3 ; 3 Robinson, Oscar USA 13.39w; M40: 1 Mormin, Maxime FRA 14 46w; 2 Newton, Keith GBR 12.90w (12.92gr / 0.0); 3 Rucker, Harold USA 12.78w; M45: 1 Piterman, Dmitry USA 13.88w; 2 Briscan, Andre FRA 13.58w; 3 Foster, Gregory USA 13.30 / 1.1 ; M50: 1 Knabe, Wolfgang GER 13.90 / 1.4 2 McFadgen, David USA 13.28w; 3 Joyner, Alfrederick USA 13.19w; 4 Dixon, David GBR 12.59w; M55: 1 Werthner Dr., Georg AUT 12.48w; 2 Banks, William USA 12.31w; 3 Tefre, Arne NOR 11.87w; M60: 1 Harama, Yutaka JAP 11.82w; 2 Shukevych, Iurii UKR 11.35w; 3 Chernyatevych, Volodymyr UKR 11.24w; M65: 1 Ahomaki, Pertti FIN 11.28w; 2 Kreft, Claus-Werner GER 10.75 / 2.0; 3 Carvalho, Leonel POR 9.08 / 0.5 ; M70: Stig FIN 10.41w; 2 Shimizu, Hiromu BRA 10.17 / 1.5 ; 3 Roytman, Vladimir RUS 9.43 / 0.5 ; 12 Caffrey, Ernest IRL 6.25w; M75: 1 Fischer, Lothar GER 9.71 / 0.9 ; 2 Hewitt, Robert USA 8.68 / 1.2 ; 3 MacLeod, Norman USA 8.63w; M80: Shimizu, Yoshiyuki BRA 7.80 / 1.5 ; 2 Reidma, Harri EST 7.09 / 1.0 ;
 Chalmers, Gordon CAN 6.87w; M90: Bulkley, Daniel USA 4.18w; M95: McPhie, Leland USA 2.42 / 1.6 ; W35: 1 Borgonovo, Flavia ITA 11.70 / 1.4 ; 2 Boyer, Veronique PYF 11.57 / 2.0 ; 3 Witteveen, Solange ARG 11.46w; W40:1 Petersone, Laila LAT 11.36w; 2 Greenfield-Webster, Ruthlyn USA 10.83w; 3 Canedo Reyes, Bertha Alicia MEX 10.50w; 6 Oliver, Louise GBR 9.66 / 0.5 ; 9 Richardson, Lesley GBR 7.63 / 1.6 ; W45: 1 Krepkina, Valentyna UKR 10.95 / 1.1 ; 2 Abraham, Reeth IND 10.92 / 1.7 ; 3 Biskup, Marianna POL 10.49w; 4 Finegan, Geraldine IRL 10.42w; W50: 1 Hedeager, Susanne DEN 10.19 / 1.7 ; 2 Lauridsen, Susanne CAN 8.81w; 3 Savolainen, Annika FIN 8.73 / 1.5 ; W55: 1 Cohn, Linda USA 8.96 / 1.9 ; 2 Nunes, Irenilta BRA 8.91w; 3 Lowery, Linda USA 8.69w; 10 Howarth, Grete GBR 6.07 / 1.7; W60:
1 Taylor, Margaret AUS 9.56 / 1.4; 2 Wlodarczyk, Anna POL 9.50w;
3 Reismann, Gertrude GER 8.80w; W65: 1 LaFayette-Boyd, Carol CAN
8.39w; 2 Houben, Helgard GER 7.40w; 3 Sarnaik, Sharada USA 7.28 / 1.3; 4 Oakes, Patricia GBR 7.25w; W70: 1 Bortignon, Christa CAN 7.33 / 0.9 ; 2 Holder, Iris GBR 7.21w; 3 Simpson, Jane USA 4.93 / 1.9 ; W75: 1 Jordan, Barbara USA 6.99 / 0.0 ; 2 Lary, Audrey USA 6.91 / 0.9 ; 3 Meiler, Florence USA 6.67 / 0.2 ; 5 Martin, Anne GBR 6.48 / 1.2 (British Record) ; W80: 1 Kuehne, Magdalena USA 5.45 / 1.7 ; 2 Krug, Gloria USA 4.71 / 0.0 ; W85: Valien, Johnnye USA 4.55 / 0.0 ; W90: Kotelko, Olga CAN 3.72 / 0.0 ; SP

M35: 1 Landa, Mark USA 14.96; 2 Singh, Pakinder IND 14.96m; 3 Gueyeboirivant, Olivier FRA 12.41; M40: 1 Rohwer, Oliver GER 16.50; 2 Wirtz, John USA 16.38; 3 Harrison, Richard USA 14.86; M45: 1 Gyngell, Stuart AUS 17.91; 2 Kleiza, Saulius LTU 14.41; 3 Barnreiter, Nate USA 14.24; M50: 1 Kostin, Mikhhail RUS 16.14; 2 Ossmann, Paul USA 15.24; 3 Arello, Robert USA 15.11; M55: 1 Goldhammer, John USA 14.36; 2 Grunenwald, Jean Claude FRA 14.07; 3 Abernethy, David GBR 13.87; (QR): O Hanlon, Richard IRL 10.35; Saunders-Mullins, Timothy GBR 9.03; Birkett, John GBR 8.44m; M60: 1 Busterud, Arild NOR 14.92; 2 Muller, Timothy USA 14.89; 3 Sarv, Raimo EST 14.53; (QR) Farragher, Tommy IRL 10.87; M65: 1 Fencl, Pavel CZE 13.67; 2 Harvey, William USA 12.96; 3 Mohr, Felix GER 12.83; 8 Virgo, Peter GBR 11.14; M70: 1 Glowacki, Marek CAN 13.74; 2 Arvidsson, Kenneth SWE 13.31; 3 Roszczak, Czeslaw POL 12.81; M75: 1 Tuovinen, Kaarle FIN 12.53; 2 Laine, Reino FIN 12.44; 3 Hancock, Thomas AUS 11.30; M80: 1 Saarinen, Leo FIN 12.80; 2 Benek, Zdenek CZE 11.52; 3 Sillantau, Rainer CAN 11.18; M85: 1 Rantala, Armas FIN 9.52; 2 Santiago Jovane, Gilberto M86 PAN7.79; 3 Ussami, Mamoru BRA 7.17; M90: 1 Skrivervik, Gudmund NOR 8.88 (European Record); 2 Fischer, Frederico BRA 8.65; 3 Frech, Philipp GER 7.20; 4 D'Arcy, Leslie GBR 6.66 (British Record); M95: 1 Fonseca, Antonio BRA 7.01; 2 McPhie, Leland USA 5.86; W35: 1 George-

1 Fonseca, Antonio BRA 7.01; 2 McPhie, Leland USA 5.86; W35: 1 George-Francis, Geraldine TRI 12.16; 2 Vera, Ana Carolina ARG 11.36; 3 Kadiduman, Nurten TUR 10.89; W40: 1 Shiman, Alena RUS 12.71; 2 Lawrence, Susan GBR 11.24; 3 Stolt, Silke GER 10.38; 4 Oliver, Louise GBR 10.02; W45: 1 Barrientos, Marcela CHI 12.90; 2 Smith, Gwendolyn TRI 12.35; 3 Vahter,

1 Barrientos, Marcela CHI 12.90; 2 Smith, Gwendolyn TRI 12.35; 3 Vahter, Lea EST 12.04; W50: 1 Marghieva, Alexandra MOL 14.34; 2 Lewis, Oneithea USA 13.03; 3 Tenorio, Yaneth COL 12.85; (QR) Dunsford, Wendy GBR 9.67; W55: 1 Kendall, Monica USA 12.92; 2 Cotolupenco, Maria MOL 12.87; 3 Thompson, Vilma GBR 10.90; W60: 1 Kersuliene, Birute LTU 11.36; 2 Schmitt, Karin GER 10.89; 3 Finochietti, Miriam URU 10.64; W65: 1 Maier,

2 Schmitt, Karin GER 10.89; 3 Finochietti, Miriam URU 0.64; W65: 1 Maier, Marianna AUS 10.60; 2 Graber, Adelheid SUI 8.91; 3 Peroutka, Gerda Karin AUS 7.62; 15 Stanley, Patricia GBR 5.08; W70: 1 Williams, Evaun GBR 9.69; 2 Kanari, Tomoko JAP 9.47; 3 Illgen, Karin GER 9.11; W75: 1 Herrera, Doris CHI 8.72; 2 Roman, Mary USA 8.26; 3 Donley, Christel USA 7.62; W80: 1 Hanssens, Rachel BEL 7.93; 2 Reinberga, Austra LAT 7.53; 3 Krug, Gloria USA 7.53; W85: 1 Valien, Johnnye USA 6.19; 2 Ospina, Ethel COL 4.46; W90: 1 Kotelko, Olga CAN 5.32; 2 Fuchs, Elfriede AUS 4.37 (European Record);

#### DT:

M35 1 Landa, Mark USA 45.20; 2 Singh, Pakinder IND 42.67; 3 Erard, David SUI 38.08; M40: 1 Lyakhov, Sergey RUS 53.66; 2 Wirtz, John USA 50.41;
3 Johnson, Erik USA 48.15; M45: 1 Bolles, Cameron USA 49.09; 2 Muse, Steven USA 47.63; 3 Uhlig, Steffen GER 46.77; M50: 1 Riewerts, Ed USA 54.23; 2 Jensen, Tom O. DEN 52.13; 3 Wilson, Randy USA 45.75; M55:
1 Fruguglietti, Ralph USA 52.25; 2 Katona, Sandor FRA 47.24; 3 Patridge, Steve USA 46.31; 5 Abernethy, David GBR 45.91; (QR): Birkett, John GBR 21.12; M60: 1 Gryc, Milos CZE 50.51; 2 Muller, Timothy USA 48.65;
3 Bobrzyk, Leszek POL 47.40; (QR): Farragher, Tommy 2 IRL 31.57; M65:
1 Mohr, Felix GER 45.98; 2 Hiney, John USA 43.67; 3 Korpi-Kokko, Timo FIN 42.87; 10 Virgo, Peter GBR 33.85, M70: 1 Roszczak, Czesław POL 44.51;
2 Pratt, Larry USA 43.45; 3 Busch, Roger USA 43.42; M75: 1 Speckens, Peter GER 40.56; 2 Tuovinen, Kaarle FIN 35.59; 3 Petrovic, Ladislav SVK 34.81;
M80: 1 Benek, Zdenek CZE 29.80; 2 Platts, William USA 27.57;
3 Saarinen, Leo FIN 27.44; M85: 1 Rantala, Armas FIN 22.75; 2 Mulkern, Richard USA 239; 3 Santiago Jovane, Gilberto PAN19.77, M90;

 Skrivervik, Gudmund NOR 21.32; 2 Fischer, Frederico BRA 18.86; 3 Frech, Philipp GER 18.25; 6 D'Arcy, Leslie GBR 12.46; M95: Fonseca, Antonio BRA 14.77; W35: 1 Schardt, Bettina GER 45.64; 2 Vera, Ana Carolina ARG 40.17; 3 Madec, Catherine FRA 40.12; W40; 1 Stolt, Silke GER 39.95; 2 Lawrence, Susan GBR 35.08; 3 Scheffler, Sabine GER 34.03; W45: 1 Barrientos, Marcela CHI 41.32; 2 Vahter, Lea EST 40.23; 3 Kivisto, Jaana FIN 39.05; 10 Smith, Janet GBR 30.55; W50: 1 Finsrud, Carol USA 39.95 (40.27qr); 2 Marghieva, Alexandra MOL 39.52; 3 Grover, Gale USA 38.89; 10 Dunsford, Wendy GBR 26.67; W55: 1 Cotolupenco, Maria MOL 38.32; 2 Jensen, Anne K. DEN 31.91; 3 Vollert, Claudia GER 30.45; W60: 1 Tomanek, Margarethe BEL 32.92; 2 Faldager, Inge DEN 30.91; 3 Finochietti, Miriam URU 28.16; W65: 1 Brasser, Jolande NED 28.01; 2 Graber, Adelheid SUI 21.44; 3 Rizo Garcia, Maria Teresa GUA 20.85; 12 Stanley, Patricia W67 GBR 12.27; W70: 1 Kanari, Tomoko JAP 27.15; 2 Illgen, Karin GER25.76; 3 Erikson, Helvi EST 23.65; W75: 1 Meiler, Florence USA 20.14; 2 Worrell, Valerie AUS 18.72; 3 Thompson Morales De, Perla PAN 18.23; W80: 1 Hanssens, Rachel BEL 19.02; 2 San Martin Conti, Maria Lidia URU 17.73; 3 Krug, Gloria USA 16.45; W85: Ospina, Ethel COL9.11; W90: Kotelko, Olga CAN 12.69;

#### HT:

JT

M35: 1 Calderon, Ignacio ESP 62.77; 2 Landa, Mark USA 53.73; 3 Korhonen, Daniel SWE 51.87; M40: 1 Fabian, Zoltan HUN 63.44; 2 Venter, Martin RSA 56.31; 3 Fahie, James CAN 56.05; M45: 1 Lezsak, Balazs HUN 58.41; 2 Halpin, Garrett IRL 53.71; 3 Severino, Altamiro Medici BRA 49.27; (QR): 2 Halpin, Garrett IRL 51.91; M50: 1 Gassenbauer, Gottfried AUT 56.82; 2 Venning, Michael USA 50.35; 3 Sabroe, Per DEN 49.95; 10 Gibson, Darren GBR 42.61; M55: 1 Goldhammer, John USA 53.37; 2 Kamionka, Marek POL 50.69; 3 Bertelli, Ivan BRA 49.49; (QR): 20 Sauders-Mullins, Timothy GBR 25.97; M60: 1 Busterud, Arild NOR 59.73;2 Zaitchouk, Boris CAN 57.52; 3 Kangas, Heikki FIN 56.75; 10 Farragher, Tommy IRL 41.50; M65 1 Viertbauer, Heimo AUT 50.58; 2 Mathews, George USA 46.26; 3 Cahners, Robert USA 43.62; M70: 1 Burke, Ed USA 55.12m; 2 Singh, Ajmer 2 Muller, Emil CAN 40.28; 3 Speckens, Peter GER 39.45; M80: I Lewellen, Harvey USA 39.27; 2 Benek, Zdenek CZE 38.98; 3 Rzehak, Richard GER 37.17; M85: 1 Rantala, Armas FIN 28.63; 2 Song, Kio USA 25.74; 3 Busaniche, Carlos ARG 21.19; M90: 1 Fischer, Frederico BRA 21.97; 2 Frech, Philipp GER 18.95; 3 D'Arcy, Leslie GBR 17.74 (British Record); M95: Fonseca, Antonio BRA 22.01(World Record); W35: 1 Jenkins, Andrea GBR 51.72; 2 Madec, Catherine FRA50.65; 3 Scribe, Virginie FRA 45.91; W40: 1 Lachat, Daniela SUI 42.01; 2 Tonizzo-kosmala, Mireille LUX 39.55; 3 Thrush, Jane GBR 39.24; 6 Lawrence, Susan GBR 35.95; 8 Hallden, Catarina GBR 33.16; W45: 1 Mik, Gonny NED 48.73; 2 Hodel, Connie SUI 47.50; 3 McCahill, Christine NZL 42.21; 4 Smith, Janet GBR 42.14; W50 1 Lewis, Oneithea USA 54.67; 2 Duss, Magy SUI 45.61; 3 Engelhardt, Ulrike GER 43.61; 7 Dunsford, Wendy GBR 33.86; W55 : 1 Welding, Ruth 39.22; 2 Junker, Christel GER37.71; 3 Jensen, Anne K. DEN 36.74; W60 Welding, Ruth USA 1 Faldager, Inge DEN 42.77; 2 Tomanek, Margarethe BEL 39.97; 3 Nohl, Eva GER 38.43; W65: 1 Banens, Janice AUS 34.12; 2 Cutler, Georgia USA 27.82; 3 Krutob, Tila EST 27.18; 7 Stanley, Patricia GBR 16.24; W70: 1 Williams, Evaun GBR 34.77; 2 Erikson, Helvi EST 31.13; 3 Tosh, Margaret CAN 27.04; 4 Derrien, Carole GBR 26.03; W75; 1 Worrell, Valerie AUS 32.17; 2 Winkelmann, Christa GER 27.13; 3 Roman, Mary USA 25.92; W80; 1 San Martin Conti, Maria Lidia URU 26.26; 2 Hanssens, Rachel BEL 25.20; 3 Krug, Gloria USA 21.33; W85: Ospina, Ethel COL 11.80; W90: Kotelko, Olga CAN 16.71 (World Record);

M35:1 Luoto, Sami FIN 58.54; 2 van Dijk, Aart RSA 58.25; 3 Alvarez Cuervo, Miguel ESP 55.19; M40: 1 Bevans, Erin CAN 63.44; 2 Fernandez, Raimundo ESP 61.37; 3 Morfitt, Graham CAN 57.39; M45: 1 McConnell, Ron USA 58.30; 2 Dietz, Troy USA 54.78; 3 Di Leo Razuk, Juan ARG 52.62; M50:1 Lucumi Avila, Luis Carlos COL 61.39; 2 Havras, Serhiy UKR 59.84; 3 Budnyk, Eduard UKR 57.98; M55: 1 Brown, Michael USA 59.39; 2 Bolgar, Tamas HUN 52.06; Schaffarzik, Josef GER 49.97; (QR): Crosse, John GBR 31.72; M60: 1
 KiPHI, Esa FIN 57.52; 2 Greenberg, Joseph USA 53.83; 3 Gagne, Buzz USA 53.78; (QR): Farragher, Tommy IRL 26.56; M65: 1 Soderberg, Torben DEN 42.73; 2 Appel, H. Douglas USA 41.05; 3 Baker, Robert USA 38.27; M70: 1 Stenlund, Gary USA 52.23(World Record); 2 Honkanen, Kalevi FIN 46.08; 3 Arvidsson, Kenneth SWE 45.60; M75: 1 Porokhin, Vladimir RUS 44.54 2 Yoshikawa, Osamu JAP 38.90; 3 Hancock, Thomas AUS 34.22; M80: 1 Platts, William USA 36.48; 2 Sillantau, Rainer CAN 32.37; 3 Sharma, Prem Lal IND 28.06; M85: 1 Rantala, Armas FIN 24.33; 2 Santiago Jovane, Gilberto PAN20.01; 3 Ussami, Mamoru BRA 17.35; M90: 1 Skrivervik, Gudmund NOR 22.88;2 Frech, Philipp GER 17.29;3 Fischer, Frederico BRA 16.15; W35 1 Benczenleitnerne Pre, Agnes HUN 44.54; 2 George-Francis, Geraldine TRI 43.15; 3 Beran, Johanna GER 39.71; W40: 1 Scheffler, Sabine GER 37.59; 2 Smith, Lynette AUS 37.08; 3 Moolman, Johanna Cornelia RSA 36.74 8 Oliver, Louise GBR 24.72; W45: 1 Cunha, Maria Ceu POR 38.31; 2 Smith, Gwendolyn TRI 37.83; 3 Strohm, Susanne GER 37 73, 7 Finegan, Geraldine IRL 27.84; W50; 1 Herlevi-Malila, Heli FIN 37.38; 2 Engelhardt, Ulrike GER 35.43; W55; 1 Cohn, Linda USA 37.97; 2 Kendall, Monica USA 37.70; 3 Lavandia, Erlinda PHI 28.48; 6 Thompson. Vilma GBR 25.15. W60 1 Klimesova, Jarmila CZE 33.90; 2 Schmitt, Karin GER 28.10; 3 Hartzler, Mary USA 27.54; W65: 1 Rizo Garcia, Maria Teresa GUA 28.46; 2 Graber, Adelheid SUI 28.11; 3 Raham, Sharon USA 26.52, W70 1 Williams, Evaun GBR 31.57: 2 Sisley, Becky USA 24.47: 3 Tosh, Margaret CAN 24 10; W 1 Winkelmann, Christa GER 19.19; 2 Herrera, Doris CHI 18.93; 3 Acton, Myrtle CAN 17.93; W80; 1 Hanssens, Rachel BEL 19.13; 2 Pepene, Ngawini NZL 16.45; 3 Krug, Gloria USA 15.92; W85; 1 Valien, Johnnye USA 11.62. 2 Ospina, Ethel COL 7 48, W90: Kotelko, Olga CAN 12.83.

M35: Calderon, Ignacio ESP 18.06; 2 Korhonen, Daniel SWE 16.71; 3 Landa, Mark USA 15.49; M40: 1 Venter, Martin RSA 16.79; 2 White, Nick USA 15.91; 3 Benczenleitner, Otto HUN 15.01; M45: 1 Ostrom, Michael USA 14.37; S Benczenleitner, Otto HUN 15:01; M45: 1 Ostrom, Michael USA 14:37;
2 Gyngell, Stuart AUS 14:07; 3 Bickel, David USA 13:78; M50: 1 Arello, Robert USA 17:08; 2 Jensen, Tom O. DEN 16:93; 3 Morse, Tim USA 16:82;
M55: 1 Goldhammer, John USA 18:94; 2 Meyer, Thomas USA 17:04; 3 Cedrone, Bob USA 16:65; 15 Saunders-Mullins, Timothy GBR 10:07; M60:
1 Busterud, Arild NOR 21:28; 2 Kangas, Heikki FIN 20:65; 3 Piaczkowski, Andrzej POL 19:65; M55: 1 Viertbauer, Heimo AUT 17:54; 2 Cahners, Robert
USA 17:00:2 Methamer USA 17.40; 3 Mathews, George USA 16.81; M70: 1 Burke, Ed USA 19.12; 2 Palviainen, Esko FIN 18.74; 3 Roszczak, Czeslaw POL 17.94; M75: 1 Speckens, Peter GER 15.90; 2 Muller, Emil CAN 15.18; 3 Hancock, Thomas AUS 14.91; M80: 1 Benek, Zdenek CZE 16.25; 2 Lewellen, Harvey USA 14.45; 3 Rzehak, Richard GER 13.80; M85: 1 Rantala, Armas FIN 11.20; 2 Monesmith, Joseph USA 6.26; M90; 1 Frech, Philipp GER 7.65; 2 Sandahl, Idolf SWE 7.45; 3 D'Arcy, Leslie GBR 6.60 (British Record); W35: I Jenkins, Andrea GBR 15.42; 2 Madec, Catherine FRA 15.35; 3 Scribe, Virginie FRA 13.94; W40: 1 Tonizzo-kosmala, Mireille LUX 12.96; 2 De Wolf, Kathleen BEL 12.26; 3 Thrush, Jane GBR 12.25; 7 Hallden, Catarina GBR 10.40; 8 Lawrence, Susan GBR 9.77; W45: 1 McCahill, Christine NZL 15.48; 2 Mik, Gonny NED 15.10; 3 Smith, Janet GBR 13.29; W50: 1 Lewis, Oneithea USA 18.76 (World Record); 2 Duss, Magy SUI 15.42; 3 Finsrud, Carol USA 14.51; 8 Dunsford, Wendy GBR 10.86; W55: 1 Welding, Ruth USA 12.83; 2 Junker, Christel GER 12.42; 3 Harding, Winifred NZL 12.24; 4 Thompson, Vilma GBR 11.85; W60: 1 Mensey, Myrle USA 16.23; 2 Tomanek, Margarethe BEL 15.86; 3 Faldager, Inge DEN 15.74; W65: 1 Banens, Janice AUS 12.58; 2 Krutob, Tila EST 10.37; 3 Cutler, Georgia USA 10.26; 6 Stanley, Patricia GBR 7.20; W70: 1 Williams, Evaun GBR 12.78; 2 Tosh, Margaret CAN 12.46; 3 Erikson, Helvi EST 12.10: 8 Derrien, Carole GBR 8.65; W75: 1 Worrell, Valerie AUS 10.48; 2 Roman, Mary USA 10.15; 3 Winkelmann, Christa GER 9.41; W80: 1 Hanssens, Rachel BEL 9.64; 2 San Martin Conti, Maria Lidia URU 8.72; 3 Krug, Gloria USA 8.09; W90: Kotelko, Olga CAN 6.77;

#### DEC/HEPT:

WT:

M35: 1 Souza, Jeferson BRA 6349; 2 Roso, Eric FRA 6179;3 Dods, Darren GBR 5959; M40: 1 Gerhard, Christopher GER 6357; 2 Wensel, Marek USA 6144; 3 Jeffery, Mark AUS 6036; 12 McKenzie, Edward GBR 3880; M45: 1 Bates, Christopher USA 7264; 2 Rosado, Douglas PUR 7246; 3 Jery Krauze POL 6641; 8 Glasgow, Derek GBR 5206; 14 Rudd, Matthew GBR 4119; M50: 1 Svilainis, Saulius LTU 6719; 2 Leiper, Allan GBR 6503; 3 Patterson, George USA 6491; 15 Lyon, Kenneth GBR 5481; 21 David Nokes GBR 4327; M55: 1 Werthner Dr., Georg AUT 7450; 2 Neuendorf, Klaus-Peter GER 6367; 3 Kohls, David USA 6335; M60: 1 Langenbach, Dieter GER 7315; 2 Cela, Valdis LAT 6658; 3 Hawkins, Francis CAN 6587; M65: 1 Judson, Fred CAN 6165; 2 Mattle, Herbert SUI 6070; 3 Richter, Ewald GER 5685; M70: 1 Poutiainen, Kyosti FIN 6794; 2 Orneborg, Flemming DEN 6591; Soelvberg, Kjartan NOR 6489; M75. 1 Lopez Barrera, Raul URU 5746; 2 Ishikawa, Nobuo JAP 5561; 3 Jankovich, William USA 5292 ; M80: 2 Islindard, Hotel USA 5579; 2 Konopka, Manfred 4614; 3 Matsumoto, 2 anichi JAP 4544; M85: 1 Smith, Denver USA 5921; 2 Sullivan, Dennis USA 5364; 3 Miyamoto, Hiroshi JAP 4410; M90: Maxwell, Ralph USA 7069 (World Record); ; W35: 1 Guest, Rachel USA 4454; 2 Muhr, Barbara GER 4018 ; Watson, Marlett RSA 3778 ; W40: 1 Schilling, Tatjana GER 5131 ; 2 Sanz, Carolina CHI 4824 ;3 Oliver, Louise GBR 4494; W45: 1 Bajeat, Petra FRA 5808 : 2 Finegan, Geraldine IRL 5525 : 3 Molina, Maria Magdalena CRC 4381; W50: 1 Kay, Marie AUS 6202(World Record); 2 Hedeager, Susanne DEN 4778 ; 3 Clarke, Gaye GBR 4601; W55: 1 Glynn, Kay USA 5032 ; 2 Reppe, Gabriele GER 4918 ; 3 Matusova, Anna SVK 3920 ; 4 Stafford, Judi GBR 2908 ; W60: 1 Raschker, Phil USA 5694; 2 Kokkonen, Terhi FIN 5250;

2908 : Woo. I Nasolinet, Fill 058 3034, 2 Norkoni, Tenir Fill 5250; 3 Dahler, Margaritha SUI 5101 : W65: 1 Maier, Marianna AUS 5765 ; 2 Vander Cruyssen, Dorothy USA 4551; 3 Myklestad, Grethe-Maren NOR 3225 : W70: 1 Sauer, Erika GER 5352(World Record) ; 2 Bortignon, Christa CAN 4840 ; 3 Tomilova, Nelli RUS 3884 ; W75: 1 Meiler, Florence USA 5289 ; 2 Mabuchi, Hiroko ; JAP 4986

### We the results of the M40-M60 do not appear to be available but I have found some British results from these groups , position not stated)

M35: 1 Landa, Mark USA 3718 ; 2 Korhonen, Daniel SWE 3242 ; 3 Calderon, Ignacio ESP 3216 : M40: Edward McKenzie 2200; M50: Darren Gibson Ignacio ESF 0210 Hinds Edward marker (1990) 2249; M55: Tim Saunders-Mullins 2479; M65: 1 Economides, Paul USA 4357 : 2 Viertbauer, Heimo AUT 3775 : 3 Hoyer, Knud DEN 3770 : M70: 1 4357 : Burke, Ed USA 4508 : 2 Roszczak, Czeslaw POL 4476 : 3 Hytten, Svein NOR 4402 : M75: 1 Hancock, Thomas AUS 4290 ; 2 Speckens, Peter GER 4245 ; 3 Sluga. Marko SLO 3181 : M80: 1 Saarinen, Leo FIN 4432; 2 Benek, Zdenek CZE 4303 ; 3 Lewellen, Harvey USA 4015 ; M85; Rantala, Armas FIN 3814 M90: 1 Frech, Philipp GER 3356 ; 2 Sandahl, Idolf SWE 2962 ; 3 Lampert, Seymour USA 2071 W35: 1 Madec, Catherine FRA 3648 ; 2 Jenkins, Andrea GBR 3580 (British Record) ; 3 Scribe, Virginie FRA 3037 ; W40: 1 Thrush, Jane GBR 3216 ; 2 Shiman, Alena RUS 3152 ; 3 Lawrence, Susan GBR 2866 ; 8 Hallden, Catarina GBR 2501 ; W45: 1 Mik, Gonny NED 4034 ; 2 McCahill, Christine NZL 3968 3 van Dijk, Ingrid NED 3907 9 Smith, Janet GBR 3172 . W60: 1 Tomanek, Margarethe BEL 4394 ; 2 Faldager, Inge DEN 4171 3 Hartzler. Mary USA 4127 W65 1 Banens, Janice AUS 3562 2 Raham. Sharon USA 3370 3 Myklestad. Grethe-Maren NOR 3211 5 Stanley, Patricia GBR 1649, W70: 1 Williams, Evaun GBR 5418 ; 2 Erikson. Helvi EST 4295 3 Tosh. Margaret CAN 4277 6 Derrien, Carole GBR 3282 W75: 1 Winkelmann, Christa GER 3906 ; 2 Worrell, Valerie AUS 3707 ; 3 Acton Myrtle CAN 3564 W80 1 Hanssens, Rachel BEL 4788(World Record) 2 San Martin Conti, Maria Lidia URU 3894 ; 3 Krug, Gloria USA 3818 ; W90 Kotelko, Olga CAN 4263;

5k WALK:

M35 1 Soto Maldonado, Etiel MEX 21 53 68 2 Babenko, Dmitry RUS 24 20 17 3 Durand Pichard David FRA 25 20 67 M40 1 Silva, Luis POR

21:27.52 ; 2 Lorefice, Jorge ARG 21:41.40 ; 3 Seid-Christmass, James AUS 24:49.71; M45: 1 Banda, Royce MEX 23:11.13; 2 Gnauck, Dick GER 23:35.07; 3 Xu, Jianping CAN 24:08.55; M50: 1 De Los Angeles, Guadalupe MEX 23:43.40; 2 Schroter, Uwe GER 24:33.49; 3 Ferenc, Major HUN 25:23.23; M55: 1 Matthews, Jonathan USA 22:33.47; 2 Shipitsyn, Anatoly RUS 23:52.50 ; 3 Parker, Mike NZL 24:09.06 ; 16 Dunn, Rodney GBR 30:01.77 ; M60: 1 Morotti, Graziano ITA 24:09.66 ; 2 Lopez Camarena, Jose Luis MEX 24:27.95 ; 3 Richards, Ian GBR 24:41.66 ; M65: 1 Jamieson, Andrew AUS 25:57.71 ; 2 Jobin, Marcel CAN 27:41.94 ; 3 Budnik, Michael USA 28:06.64 ; M70: 1 Ing.Strieder, Hermann AUT 29:28.10 ; 2 Kuchumor, Aglya RUS 29:58.45 ; 3 Vainikka, Einari FIN 30:07.08 ; 6 Shillabeer, Edmund GBR 31:11.15 ; M75: 1 Poisner, Alan USA 33:34.89 ; 2 Tsukrov, Semen RUS 33:50.77 ; 3 Stevens, David GBR 34:13.67 ; M80: 1 Starr, John USA 36:41.38 ; 2 Moremen, William USA 36:58.69 ; 3 Michel Paoli, Sergio Augusto DOM 37:21.74 ; M85: 1 Amano, Kohsoh JAP 38:09.60 ; 2 Vallabhajosyula, Sriramulu IND 39:47.92 ; 3 Hansen, Richard USA 42:45.33 ; M90: 1 Estanol Dorantes, Armando MEX 45:36.80 ; W35: 1 Schenker, Bianca GER 25:40.37; 2 Schroter, Brit GER 26:08.21 ; 3 Hammond, Nardene CAN 26:43.68 ; W40 1 Sunderland, Nyle NZL 27:33.11 ; 2 Stevenson, Tamara USA 28:04.73 ; 3 Bogdanovich, Elena RUS 31:19.26 ; W45: 1 Terry, Joan USA 26:05.33 ; 2 Grimes, Kathryn USA 27:32.07; 3 Guzman Rodriguez, Maria Mag ESA 28:49.36 ; 11 Gormley, Anne IRL 34:16.94 ; W50: 1 Ventris, Lynette AUS 24:25.56; 2 Tindal, Pam AUS 25:56.09 ; 3 Daniel, Maryanne USA 27:35.57 ; 12 Bishop, Fiona Jane GBR 33:29.53 ; W55: 1 Nell, Barbara RSA 27:05.07 ; 2 Flipsen, Johanna CAN 27:49.21 ; 3 Marcenco, Natali ITA 28:43.98 ; W60: 1 Carr, Heather AUS 28:26.07 ; 2 Feldman, Elizabeth AUS 31:02.31 ; 3 Hoskin, Sue NZL 31:23.30 ; W65: 1 Karetie, Pirjo FIN 31:59.43 ; 2 Balser, Kathleen USA 33:40.56 ; 3 Barber, Shirley NZL 33:55.03 ; W70: 1 Richardson, Elton USA 31:53.61 ; 2 Walters, Louise USA 32:13.51 ; 3 Vey, Hildegard RSA 32:52.16 ; W75: 1 Leclerc, Denise FRA 34:33.24 2 Dockstader, Shirley USA 36:33.09 ; 3 Horne, Jean CAN 37:17.91 ; W80: 1 Carrier, Ruth CAN 43:32.40 ; 2 Elkins, Claire USA 44:53.80 ; 3 Wormen, Grace USA 45:02.72 ; W85: Thomas, Athanasia USA 46:08.93 ; W90: Ramirez vda de Banue, Maria MEX 52:54.16; 10k WALK:

#### M35: 1 Soto Maldonado, Etiel MEX 46:51.38 ; 2 Babenko, Dmitry RUS 48:30.58 ; 3 Durand Pichard, David FRA 51:23.14 ; Team: 1 Mexico 2:36:33.19; 2 France 2:47:05.59; M40; 1 Silva, Luis POR 44:41.09 ; 2 Kollmorgen, Stuart AUS 47:27.76 ; 3 Caliskan, Hakan TUR 51:40.82 ; TEAM: 1 AUS 2:31:51.44; 2 ITA 2:41.35.19; 3 AUT 3:10:24.82; M45: 1 Banda, Royce MEX 47:34.76 ; 2 Gnauck, Dick GER 48:46.58 ; 3 Meyer, Steffen GER 49:22.80 ; TEAM: 1 Germany 2:29:17.91; 2 United States of America 3:02:08.23 M50: 1 De Los Angeles, Guadalupe MEX 50:07.16 ; 2 Schroter, Uwe GER 51:08.53 ; 3 Ferenc, Major HUN 51:37.96 ; TEAM; 1 Australia 2:39:54.73; 2 Mexico 2:44:59.05; M55: 1 Matthews, Jonathan USA 46:55.46; 2:39:54.73; 2 Mexico 2:44:59.05; M55: 1 Matthews, Jonathan USA 46:55.46; 2 Shipitsyn, Anatoly RUS 49:24.32; 3 Heywood, Colin AUS 50:11.81; 18 Dunn, Rodney GBR 1:02:39.56; TEAM: 1 USA 2:37:16.36; 2 Russia 2:38:07.33; M60: 1 Morotti, Graziano ITA 49:33.13; 2 Lopez Camarena, Jose Luis MEX 49:50.84; 3 Richards, Ian GBR 50:01.34(British Record) ; TEAM: 1 Mexico 2:36:44.85; 2 United States of America 2:42:17.26; 3 Austria 2:52:21.93; M65: 1 Jamieson, Andrew AUS 50:11.38 (World Record) ; 2 Jobin, Marcel CAN 55:50.77 ; 3 Dickenson, Russell AUS 56:01.53 ; 10 McMullin, John IRL 58:33.44; TEAM: 1 Australia 2:42:26.46; 2 United States of America 2:52:00.96 ; 3 Canada 3:06:40.18 ; M70: 1 Ing.Strieder, Hermann AUT 58:56.04 ; 2 Kuchumor, Aglya RUS 59:22.74 ; 3 Shillabeer, Edmund GBR 1:00:06.43 ; TEAM:1 United States of America 3:16:40.12 ; 2 Australia 3:44:34.43; 3 Mexico 3:45:58.80 ; M75: 1 Poisner, Alan USA 1:07:25.90; 2 Tsukrov, Semen RUS 1:07:31.71 ; 3 Acosta, Carlos USA 1:08:46.15 ; 5 Stevens, David GBR 1:10:12.42(British Record); ; TEAM: United States 3:26:03; M80: 1 Starr, John USA 1:11:22.61; 2 Moremen, William USA 1:14:19.90; 3 Michel Paoli, Sergio Augusto M80 DOM1:17:32.23 Team: United States of America 3:53:36.65; M85: 1 Amano, Kohsoh JAP 1:19:46.55; 2 Vallabhajosyula, Sriramulu IND 1:21:22.44; 3 Hansen, Richard USA 1.27:54.14; W35: 1 Schenker, Bianca GER 53:29.78; 2 Schroter, Brit GER 53:40.16; 3 Harmond, Nardene CAN 54:09.89; TEAM: 1 Canada 53:40.16 2:57:13.40; 2 Germany 2:58:55.12 ; W40 : 1 Sunderland, Nyle NZL 57:03.15 ; 2 Stevenson, Tamara USA 57:35.53 ; 3 Bogdanovich, Elena RUS 1:02:52.47 ; TEAM:1 United States of America 3:13:14.01 ; 2 Russia 3:16:42.19; W45 1 Grimes, Kathryn USA 56:51.16 ; 2 Brooke, Susan CAN 57:27.82 ; 3 Guzman Rodriguez, Maria Mag ESA 1:00:03.47 ; 10 Gormley, Anne IRL 1:09:23.83 TEAM: 1 Australia 2:46:35.94; 2 United States of America 3:05:08.77; W50 1 Ventris, Lynette AUS 49:51.84 ; 2 Tindal, Pam AUS 53:59.00 ; 3 Garcia Frontons, Carmen ESP 57:59.52 ; 13 Bishop, Fiona Jane GBR 1:08:01.60 ; TEAM: 1 France 3:16:23.17; 2 Mexico 3:27:29.13; 3 Canada 3:31:45.09 W55 : 1 Nell, Barbara RSA 54:58.31 ; 2 Flipsen, Johanna CAN 56:53.47 ; 3 Marcenco, Natali ITA 58:29.33 ; TEAM: 1 Canada 2:58:17.93; 2 United States of America 3:07:10.12: 3 Mexico 3:40:08.24 , W60 : 1 Carr, Heather AUS 57:19.43; 2 Martino, MarianneUSA 1:01:53.52; 3 Feldman, Elizabeth AUS 1:02:10:48 : TEAM: 1 United States of America 3:09:03:32. 2 Australia 3:12:32:02: 3 Mexico 3:44:44:35; W65: 1 Karetie, Pirjo FIN 2 Matsumoto, Hatsue JAP 1:05:42.19 1.03.36.98 3 Heller, Judy USA 1:06:32.25 . TEAM: 1 United States of America 3:21 44.09; W70: 1 Richardson, Elton USA 1:33:20.11 , 2 Walters, Louise RSA 1:41:08.27; 3 Vev. Hildegard USA. W75: 1 Dockstader, Shirley USA ; 2 Horne, Jean CAN 3 Meza Gonzalez, Alicia MEX, TEAM, 1 United States of America 3 15:59:58 2 Canada 3 55:28 18. 3 Mexico 4 08:19:35. W80 1 Carrier, Ruth CAN; 2 Moremen, Grace USA, 3 Elkins, Claire USA, TEAM, 1 United States of America 4 15:27 01. W90: Ramirez vda de Banue, Maria MEX. 20k WALK:

 M35
 1
 Soto
 Maldonado
 Etiel
 MEX
 1.35:08.83
 2
 Babenko
 Dmitry
 RUS

 1.43
 13.38
 3
 Durand
 Pichard
 David
 FRA
 1.50.49.54
 TEAM
 1
 Mexico

 5.05
 37
 25
 2
 France
 6.08.42.60;
 M40:
 1
 Kollmorgen
 Stuart
 AUS
 1.41.34.75

2 Caliskan, Hakan TUR 1:49:16.54 ; 3 D'Orlando, Pasquale ITA 1:50:50.82 ; TEAM: 1 Australia 5:39:57.49; 2 Austria 6:35:55.16 ; M45: 1 Banda, Royce MEX 1:39:36.12; 2 Gnauck, Dick GER 1:40:39.21; 3 Gutierrez, Sergio CRC1:43:31.21; TEAM: 1 Germany 5:17:41.96; 2 United States of America 6:30:33.48; M50: 1 Schroter, Uwe M51 GER 1:46:43.14; 2 Ferenc, Major HUN 1:49:00.81; 3 De Los Angeles, Guadalupe MEX 1:50:52.30; TEAM: 1 Italy 5:59:29.81; 2 Australia 6:06:01.61; M55: 1 Matthews, Jonathan USA 1:37:06.55 ; 2 Ruzzier, Fabio Slovenia 1:43:40.36 3 Shipitsyn, Anatoly RUS 1:44:13.70 ; TEAM:1 United States of America 5:26:10.02; M60: 1 Lopez Camarena, Jose Luis MEX 1:42:57.88 ; 2 Morotti, Graziano ITA 1:44:37.01 ; 3 Richards, Ian GBR 1:47:21.81 ; TEAM: 1 Mexico 5:24:05.44; 2 Austria 5:58:00.27; 3 United States of America 5:58:06.56; M65: 1 Jamieson, Andrew AUS 1:42:56.80(World Record) ; 2 Dickenson, Russell AUS 1:57:23.09 ; 3 Frable, Norman USA 1:58:49.10 ; 4 McMullin, John IRL 2:00:48.14 ; TEAM: 1 Australia 5:44:05.35; 2 United States of America 6:04:35.12; M70: 1 Shillabeer, Edmund GBR 2:03:20.57 ; 2 Ing.Strieder, Hermann M70 AUT 2:04:11.77 ; 3 Kuchumor, Aglya M73 RUS 2:07:16.42 ; TEAM: 1 United States of America 6:49:06.51; M75: 1 Tsukrov, Semen RUS 2:20:47.33 ; 2 Acosta, Carlos USA 2:22:11.85 ; 3 Everson, Ray USA 2:23:59.92 ; TEAM: 1 United States of America 7:24:20.94; M80: 1 Starr, John USA 2:30:51.74 ; 2 Moremen, William USA 2:36:33.26; 3 Michel Paoli, Sergio Augusto DOM 2:39:42.83 ; 4 Theurel Franoy, Teofilo Napole MEX 3:01:32.94 ; W35: 1 Schenker, Bianca GER 1:15.36.43; 2 Hammond, Nardene CAN 1:15:57.23;3 Schroter, Brit GER 1:21.58.70; W40; 1 Sunderland, Nyle NZL 1:56.54.18; 2 Stevenson, Tamara USA 2:00.37.20; 3 Rivera Lopez, Flor MEX 2:34.39.82;TEAM: 1 Australia 6:28:35.06; W45: 1 Grimes, Kathryn USA 2:01:24.13 ; 2 Brooke, Susan CAN 2:02:50.27 ; 3 Guzman Rodriguez, Maria Mag ESA 2:08:05.85 ; TEAM: 1 United States of America 6:32:29.72; W50 : 1 Ventris, Ly nette AUS 1:42:19.35(World Record) ; 2 Tindal, Pam AUS 2:01:03.68 ; 3 Risk, Monica RSA 2:04:43.32 ; TEAM: 1 Mexico 7:56:07.30; W55 : 1 Nell, Barbara RSA 1:56:46.19 ; 2 Marcenco, Natali ITA 2:07:36.21 ; 3 Topham, Debbe SA 2:08:17.76 ; TEAM: 1 United States of America 6:44:56.14; W60 ; 1 Carr, Heather AUS 1:58:11.17 ; 2 Feldman, Elizabeth AUS 2:10:34.16 ; 3 Hoskin, Sue NZL 2:12:00.38 ; TEAM: 1 Australia 6:38:50.72; 2 United States of America 6:46:47.89; W65: 1 Karetie, Pirjo FIN 2:14:19.94; ; 2 Matsumoto, Hatsue JAP 2|:17:01.35; 3 Balser, Kathleen USA 2:19:06.30; TEAM: 1 United States of America 7:04:40.14; W70: 1 Walters, Louise USA 2:13:30.09; 2 Richardson, Elton USA 2:15:41.31 ; 3 Vey, Hildegard RSA 2:15:42.58 ; TEAM: 1 United States of America 7:08:00.64; XC 8000M:

M35: 1 Celinski, Robert POL 26:22.61 ; 2 Thiery, Fabrice FRA 26:44.00 ; 3 Yanes Q., Jose VEN 27:53.24 ; TEAM:1 Colombia1:27:32.44; 2 Mexico 1:28:52.17; 3 United States of America 1:35:49.54; M40: 1 Troncoso Troncoso, Cesar Javie ARG 25:59.77 ; 2 Khattabi, Elarbi MOR 26:09.92 ; 3 Castro, Daniel Andres ARG 26:12.34 ; 11 Deegan, Gerard IRL 30:34.16 ; TEAM:1 United States of America 1:24:42.67; 2 Australia 1:37:26.91; 3 Austria 1:40:30.05; M45: 1 Kremer, Dov ISR 27:19.87 ; 2 Ernst, Ken USA 28:06.95 ; 3 Meyer, Steffen GER 28:22.32 ; 16 Roberts, Alan GBR 34:48.52 ; TEAM: 1 United States of America 1:26:53.67; 2 Great Britain and N. Irel IEAM: 1 United States of America 1:20:53.07; 2 Great Britain and N. Ife
 1:35:04.49; 3 Germany 1:36:16.59; M50: 1 King, Daniel USA 27:48.74;
 2 Cannon, David USA 27:56.87; 3 Pilcher, Brian USA 28:01.96;
 5 Tighe, Martin GBR 29:02.26; 18 Doxey, Steven GBR 31:13.71; TEAM:
 1 United States of America 1:23:47.57; 2 Canada 1:41:14.63; M55:
 1 Bateman, Keith AUS 27:14.12; 2 Ramirez, Jose del Carmen COL 27:51.15
 D Bateman, Keith AUS 27:14.12; 21 Murroy: Andrew CDD 23:41414. 3 Deegan, Michael GBR 28:33.91; 21 Murray, Andrew GBR 33:41.18; 24 Jenkins, Archie GBR 34:12.49; 27 Proffitt, David GBR 35:51.44; 28 Sargent, Rob GBR 36:30.70 ; 33 Lippitt, Martin GBR 40:21.09 ; TEAM: 1 United States of America 1:29:18.03; 2 Russia 1:33:54.20; 3 Australia 1:33:54.25; 4 Great Britain and N. Irel 1:36:27.58; M60: 1 Oxland, David GBR 29:27.72 ; 2 Herridge, John AUS 30:08.27 ; 3 McCluskey, Terry USA 30:14.04 ; 12 Appleby, Alan GBR 33:15.88; 23 Rich, Alan GBR 37:28.70; 28 Bradshaw, Arnold GBR 39:14.08 TEAM: 1 Russia 1:34:14.98; 2 United States 1:34:52.81 ; 3 Great Britain and N. Irel 1:40:12.30 ; M65: 1 of America Andereqq, Albert SUI 30:41.49; 2 de la Camara, Emilio ESP 31:22.02 3 Carboni, Antonio ITA 31:33.78; 7 Renyard, Malcolm GBR 33:05.47; 18 Heywood, John GBR 38:48.86; Team Result: 1 AUS 1:39:32.30; 2 BRA 1:45:13.80; 3 USA 1:50:36.80; 6 GBR 2:23:15.00; M70: 1 Robertson, Ron 145:13:80; 3 USA 1:50:36:80; 9 USA 2:25:15:00; Mr0, 17 USA 1:60001501; NZL 32:09:96; 2 Lessing, Peter GER 33:29:55; 3 Sandery, Peter AUS 33:47:80; 12 Cosgrove, Patrick IRL 41:11.07; 24 Green, Les GBR 1:11:20:56; Team Result: 1 USA 1:52:07:90; 2 GER 1:57:05:90; 3 AUS 2:26:43:30; M75; 1 Vicente, Francisco POR 35:30:30; 2 Lauridsen, Bent DEN 36:24.37 ; 3 Rosales, Manuel ESP 37:28.71; Team Result: USA 2:23:16.31: M80: 1 D'Erbee, Leon GER 49:05.57; 2 Howarth, Derek GBR 51:06.11; 3
 Barrett-Lennard, Irwin AUS 53:10.14; 7 Walsham, Arthur GBR 1:16:49.89; Team Result: GBR 3:39:17:50; M85: Canelo, Jose POR 1:00:25.12 W35: 1 Manchia, Maria Domenica ITA 29:45.81 ; 2 James, Jeanine FRA 31:50.69 ; 3 Key, Latashia USA 33:31.38 Team Results - 1 AUS 1:54:27.27; 2 COL 1.55:05.58; W40: 1 Escareno Lopez, Gloria MEX 29:36.88; 2 Breen, Verity AUS 31 13.23 : 3 Stevenson, Michelle AUS 33:23.32 ; W45: 1 Castro Solino, Soledad ESP28:52.02 : 2 Pieterse, Zola RSA 29:19.81 ; 3 Ridley, Susan GBR 29:23.47 ; 6 Pidgeon, Jane GBR 32:22.52 ; 9 Ramage, Sharyn GBR 33:37.79 12 Gibson, Tracey GBR 34:37.53 1:41:53.78; 2 USA 1:44:23.79; **W50**: - GBR Team Results

1 Shemyakina, Elena USA 31:36.07 ; 2 Siegler, Joannie USA 32:19.81

3 Meyer, Ashley VEN 32:21.83 , 16 Marr. Lynne GBR 43:18.31 , 21 Doxey. Wendy GBR 57:10.08 , Team Results –USA 1:44:09.74; W55: 1 Martin, Kathryn USA 32:52:43 , 2 Fischer: Anne GER33:07.08 ; 3 Reediger Kathryn USA 32:52:43 2 Fischer Anne GER33:07:08 3 Roediger Rosemary AUS 33:52:04 10 Darby Anne GBR 38:23:84 29 Lippitt, Anne 
 Rosemary AUS
 33:52:04
 10 Darby
 Anne
 GBR
 36:23:84
 29 Lippitt
 Anne

 GBR
 52:18:58
 30
 Hall
 Carol
 GBR
 57:30:44
 Team
 Result
 1
 USA

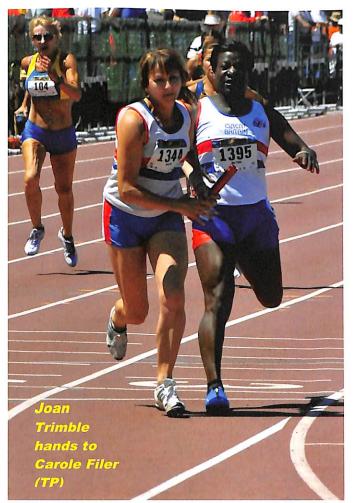
 1:50:08:00;
 2 AUS
 1:51:07
 70;
 3 MEX
 1:56:00
 50;
 5 GBR
 2:28:13:00;
 W60;

 1
 Tabor,
 Resalind
 GBR
 36:25:79;
 2
 Galeana
 Morales,
 Maria
 De
 La
 MEX

37 11 24 3 Rowland, Jo Anne USA 39 54 34 12 Mills Nina GBR 49 25 83

Team Result: 1 GBR 2:07:54.10; 2 USA 2:22:36.00; W65: 1 Matsuda, Mizue JAP 38:29.38; 2 McNelis, Evelyn IRL 39:35.28; 3 Da Silva Cruz, Marisa BRA Team Result: 1 MEX 2:20:24.20; 2 USA 2:33:51.10; W70: 1 Flores, Joaquina POR 40:12.74 ; 2 Turosz, Zofia POL 44:54.30 ; 3 Fleming, Jan NZL 49:20.12 ; 6 Cushen, Bridget GBR 59:22.55; Team Result: USA 2:38:20.80; W75: 1 Martin, Anne GBR 48:03.27 ; 2 Hochstatter, Margarida BRA 50:32.52 ;

3 Harada, Mary USA 51:49.58 ; W80: Frei, Lydia SUI 1:21:02.46;



Medal				
Count				
Men				
Team	Gold	Silver	Bronze	Total
1 USA	199	173	152	524
2 AUS	49	30	35	114
3 CAN	38	27	31	96
4GBR	32	37	42	111
5 GER	30	39	49	118
6 FIN	22	14	10	46
5 MEX	21	12	11	44
7 BRA	15	14	10	39
8 POR	15	2	2	19
ITA	14	11	12	37
10 ESP	13	11	3	33
FRA	12	14	19	45
NZL	12	5	14	31
AUT	12	5	2	19
JAP	11	17	11	41
BEL	9	8	0	17
NOR	9	2	4	19
CHI	8	4	4	16
DEN	7	9	8	24
COL	7	8	7	22
CZE	7	6	2	15
NED	7	5	2	14

### INTER AREA TRACK AND FIELD CHALLENGE – SOLIHULL – 07.08.11

- Southern Counties win men's and overall (Bill Taylor) trophy
- Midland Masters win women's
- British record for Cecilia Morrison

#### WORDS – ARTHUR KIMBER PICTURES-TOM PHILLIPS.



n an extremely competitive match, Southern Counties held off Midland Masters to win the men's trophy by a small margin of nine points, 418-409. Midland Masters had an even closer contest with Eastern Veterans and Southern Counties in the women's match, winning by 2.5 points, Midlanders 322.5, Easterners 320 and Southerners 316. These results gave the overall Bill Taylor Trophy to Southern Veterans by another small margin of 2.5 points, Southern Counties on 734 points to Midland Masters on 731.5.

Peter Davey got Southern Veterans off to a good start winning the first event, the 100m. Hurdles in 17.0. The flat sprints were dominated by record breaker Darren Scott's double victory; he took the M35 100m. in 11.3 and the 200m. in 22.2 for Southern Counties. Midlander J. Wright, M50, scored a 100/200m. double, 11.9/24.2, G Sutton the M60 races for Wales, 13.3/26.6, with Easterner Alan Carter winning the M70 in 15.2. B. Ward was the outstanding 400m. athlete, winning the M35 race for the Midlands in a fast 51.8. The middle distance stars were Southerner Steve Baldock, dipping under the two minute barrier to take the M35 800m. in 1:59.3 and M60 Dave Oxland's 800/1500m. double for the Midlands with 2:24.9 and 4:45.1.

In the field Southern Counties dominated the shot and discus, M60 Neil Griffin scoring a fine double win with 12.35 and a long 49.72, supported by Allan Leiper's M50 shot win, 12.68, and Colin Brand's 9.87 to take the M70 event. Eastern Veteran D. Sketchley threw a long 59.47 to win the M35 javelin, with Steve Langdon winning the M50 event for the South, while the M50 hammer victory went to S. Woolley, Midland Masters, 37.82.

The pole vault provided exciting contests in both age groups, Southerner Chris Mills and Northerner Mark Johnson producing a tie on 4.20 to win the M35, and Southerner Nick Phipps and Wales' M. Davies on 3.00 in the M50. Ian Allen, South West, jumped an impressive 1.75 to win the M35 high jump and the same club's P. Guest triple Jumped 10.94 to take the M50 with Southerner Keith Newton winning the M35 with 12.80.



M70 Easterner M. Simmonds had a busy day to score the highest number of points in the men's match, winning the 400m. in 71.9, placing second in 800m. and shot, 2:51.8 and 7.82. and third in the 3000m. in 13:30.0 - 36 points.

The medley relays were dominated by Midland Masters and Southern Counties, winning two each, Midlanders M35 and M60 and Southerners M50 and M70.

The outstanding performance in the women's competition came from Southern Counties athlete Cecilia Morrison, W70, and placing second in the W60 3000m. in 13:36.0 and breaking her own British record by a huge margin of 20.6 seconds. The race was won by Midlander Angela Copson in a fast 11:34.3.



In the sprints Midlander Vic Bonner ran an impressive 14.6 for an easy win in the W60 100m, while Caroline Powell scored a triple success for South West Veterans, 100m. in 14.2, 200m. in 28.7 and 400m. in 63.4, and W35 Ellena Ruddock a double for Midland Masters, a 12.7 100m. and a 25.5 200m.

W60 Midlander Nancy Hitchmough easily took an impressive 400/800m. double in 75.5 and 2:50.0, while Eastern Veteran Jayne Clarke, W50, scored an impressive distance triple, 800/1500/3000m. in 2:40.1. 5:01.1 and 11:06.4. Eastern Veteran Cath Duhig showed her class in the 2000m. walk, winning the W50 race in 11:32.2 and posting a faster time than all the athletes in the W35 race.

In the field Emma Beales,W35, from Eastern Veterans, took a shot and discus double win, 10.46 and 39.77, while W60 Southerner Liz Sissons won both shot and javelin, 9.44 and 25.80.

Northern Veteran Jennifer Ibbitson, W50, had a busy day winning three events, pole vault 2.70, hammer 40.27 and discus 30.35, with a second place in the shot, to become the highest scorer in the match with 39 points, closely followed by

Southerner Imeta Barauskiene, W35, on 36.5 points, who won the triple jump, 10.14, tied to win the long jump, 4.90, placed second in the high jump, 1.45 and third in the 80m. hurdles, 13.8.

The Midlanders swept the board in the medley relays, winning all three races, W35, W50 and W60.



#### MATCH RESULTS: (provisional)

MEN: 1 SCVAC 418; 2 MMAC 409; 3 EVAC 368; 4 WMAA 304; 5 NVAC 284; 6 SWVAC 227; 7 VAC 143; 8 VAA-NE 97; 9 NIMAA 9; WOMEN: 1 MMAC 322.5; 2 EVAC 320; 3 SCVAC 316; 4 WMAA 256.5; 5 NVAC 195; 6 SWVAC 113; 7 VAA-NE 57; 8 VAC 40.5; TOTAL: 1 SCVAC 734; 2 MMAC 731.5; 3 EVAC 688; 4 WMAA 560.5; 5 NVAC 479; 6 SWVAC 340; 7 VAC 183.5; 8 VAA-NE 154; 9 NIMAA 9;

M35 100: 1 D Scott SC 11.3 (=MR); 2 R Roberts MM 11.6; 3 R Samuel VAC 11.6; 4 I Quazi SW 12.1; 5 S Thorpe NV 12.4; 6 N Grey WM 13.2; 7 L Croft EV 13.4; 8 R Baker NE 13.6; 200: 1 Scott 22.2 (MR); 2 J Tipper MM 22.9; 3 P Ellershaw NV 24.1; 4 Quzi 24.5; 5 P Benedickter EV 24.9; 6 N Taylor WM 25.5; 7 N Lauder VAC 25.9; 400; 1 B Ward NV 51.8; 2 M Gardner MM 53.1; 3 D Mkpa VAC 53.3; 4 Benedickter 53.9; 5 N Tunstall SW 55.4; 6A Jones WM 56.0; 7 G Gallacher SC 57.7; 800: 1 S Baldock SC 1:59.3; 2 P Harmer MM 2:00.1; 3 Ward 2:05.0; 4 S Price WM 2:10.1; 5 P Downhill EV 2:11.4; 6 N de Bruin NE 2:12.5; 7 N Baker SW 2:21.9; **1500**: 1 A Haines SC 4:21.6; 2 C Palmer MM 4:21.9; 3 D Connell EV 4:23.3; 4 T Brannon NE 4:34.5; 5 A Rowe NV 4:34.7; 6 P Lemmon VAC 4:47.9; 7 J Hogan SW SW 4:54.6; 8 M Davies WM 5:33.7; **3000**: 1 J Douglas MM 9:21.0; 2 C Curran NI 9:32.5; 3 M Tuff EV 9:50.9; 4 A Rowe NV 9:54.4; 5 Haines 9:57.4; 6 Lemmon 10:31.0; 7 B Roberts WM 10:36.1; 8 F Young SW 10:47.1; 110H: 1 P Davey SC 17.0; 2 Ellershaw 17.5; 3 A Young MM 17.8; 4 G Reddington VAC 17.9; 5 Benedickter 17.9; 6 Tunstall 18.1; 7 D Osborn WM 19.7; 8 R Baker NE 21.6; 2000W: 1 M Williams MM 9:11.8; 2 D Stephenson EV 11:52.2; 3 H Brown WM 12:43.3; 4 A N Other VAC 13:56.6; Medley: 1 MM 3:36.8; 2 SC 3:49.8; 3 EV 4:00.4; 4 VAC 4:26.0; DT: 1 A Kruger MM 37.02; 2 G Holder WM 36.11; 3 D Burrell EV 34.57; 4 J Twiddle NV 34.52; 5 T Tipping SC 32.45; 6 S Richards SW 25,10; LJ: 1 N Lincoln SC 6.32; 2 I Allen SW 6.18; 3 D Davenport MM 6.05; 4 M Bellham EV 5.27; 5 D Osborn WM 5.07; 6 Baker 3.70; TJ: 1 K Newton SC 12.80; 2 Davenport 12.29; 3 Bellham 10.68; 4 N Baker SW 10.66; 5 Osborn 10.27; PV: 1 M Johnson NV & C Mills SC 4.20 (MR); 3 Kruger 3.20; 4 Richards 3.10; 5 Osborn 3.00; HJ: 1 Allen 1.75; 2 2 S Linsell NV 1.75; 3 A Young MM 1.70; 4 Davey 1.60; 5 A Bellham EV 1.55; 6 Osborn 1.40; 7 Baker 1.30; JT: 1 D Sketchley EV 59.47; 2 S Bennett SW 59.18; 3 L Peters MM 52.15; 4 M Dobblestein SC 49.33; 5 J Powell 38.11; SP: 1 Twiddle 12.32; 2 Kruger 12.20; 3 Holder 11.25; 4 Burrell 11.14; 5 Tipping 10.64; 6 Richards 8.37; 7 N Lauder VAC 6.93; M50

100: 1 J Wright NV 11.9; 2 P Logan SC 12.1; 3 M Vassiliou VAC 12.4; 4 J Statham MM 12.5; 5 R Huskisson EV 12.8; 6 K Powell WM 12.8; 7 K Jackson SW 13.6; 200: 1 Wright 24.2; 2 A N Other VAC 24.4; 3 Huskisson 25.3; 4 C Moven MM 25.9; 5 Logan 26.6; 6 Powell 27.4; 6 S MacGregor SW 28.7; 400: 1 Vassiliou 54.5; 2 B Lewis SC 55.6; 3 I Broadhurst WM 55.9; 4 I Licietis EV 58.3; 5 P Edwards MM 59.0; 6 M Cowton 59.4; 7 S Pugh NV 65.8; 800: 1 D Wilcock SC 2:13.1; 2 P Bevan WM 2:13.8; 3 M Down EV 2:14.1; 4 C Ireland NV 2:18.0; 5 MacGregor 2:25.3; 6 F Pidgeon MM 2:37.7; 1500: 1 P Crane WM 4:30.2; 2 Ireland 4:32.1; 3 Wilcock 4:33.9; 4 M Bridgeland EV 4:35.8; 5 R Fox MM 4:37.3; 6 K Archer SW 4:41.2; 3000: 1 A Wetherill MM 9:45.9; 2 Bridgeland 9:47.8; 3 T Ellis VAC 9:53.4; 4 T Symons SW 10:03.9; 5 Ireland 10:25.9; 6 S Howells WM 10:33.3; 7 C Oxlade SC 10:55.0; 100H: 1 J Mayor EV 15.7; 2 Edwards 16.0; 3 P Guest SW 17.7; 4 D Talbot SC 20.5; 5 M Davies WM 22.3; 6 Pugh 24.8; 2000W: 1 S Allen SC 10:36.2; 2 M Wall EV 11:18.2; 3 S Walker WM 12:20.8; 4 E Horwill MM 14:40.6; 5 M May VAC 16:19.6; **Medley:** 1 SC 4:07.5; 2 WM 4:08.5; 3 EV 4:16.4; 4 NV 4:23.2; 5 MM 4:37.2; **HJ**: 1 Mayor 1.55; 2 Talbot 1.50; 3 P Guest SW 1.45; 4 R Singh MM & Ireland 1.25; 6 Pugh 1.25; LJ: 1 Mayor 5.32; 2 T Wade SC 5.10; 3 K Jackson SW 4.94; 4 D Steward WM 4.62; 5 A Earle MM 4.61; 6 Ireland 4.13; TJ 1 Guest 10.94;2 Earle 10.84; 3 Wade 10.72; 4 Huskisson 10.32; 5 D Shield WM 10.04; 6 Ireland 8 79; PV: 1 N Phipps SC & Davies 3.00 (MR); 3 J Bradley MM 3.00; 4 Huskisson 2.00; JT: 1 S Langden SC 45,45; 2 I Stephenson EV 35.76; 3 S Woolley MM 34.73; 4 D Steward WM 32.69; 5 Guest 32.51; 6 I Cooley NV 20.53; SP: 1 A Leiper SC 12.68; 2 P Davies NV 12.51; 3 G Pugh WM 11.72; 4 Woolley 11.24; 5 G Packman EV 9.88; 6 Guest 7.96; 7 M May VAC 3.97; HT: 1 Woolley 37.82, 2 D Gibson NV 36.65, 3 Leiper 30.17, 4 M Burling 29.32, 5 K Jackson SW 6.47 M60:

100: 1 G Sutton WM 13.3; 2 R Shaw NV 13.6; 3 V Novell SC 13.9; 4 J Steel MM 14.4; 5 A Wells EV 14.5; 6 C Isetts VAC 14.8; 7 M Erith SW 15.9; 8 G Routledge

NE 20.3; 200: 1 Sutton 26.6 (MR); ; 2 T Bissett SC 27.6; 3 Shaw 27.6; 4 D Wardle VAC 28.5; 5 Wells 29.0; 6 B Hendry MM 29.5; 7 I Snow SW 32.5; 8 Routledge 47.7; 400: 1 P Anthony MM 61.7; 2 Wardle 62.5; 3 G Kitchener SC 63.8; 4 Erith 64.3; 5 J Charlton NV 64.8; 6 Wells 65.1; 7 R Howe WM 66.2; 8 G Routledge NE 94.7; 800: 1 D Oxland MM 2:24.9; 2 Erith 2:26.2; 3 K Daniel SC 2:27.9; 4 J Skelton EV 2:29.5; 5 E Connolly VAC 2:30.6; 6 A Perkins WM 2:37.6; 7 M Smith NV 2:38.8; 8 A Potter NE 3:42.2; 1500: 1 Oxland 4:45.1 (MR); 2 R Marks WM 4:52.2; 3 Snow 4:44.9; 4 Skelton 4:58.7; 5 D Michael SC 5:20.5; 6 Smith 5:26.7; 7 WWessley VAC 6:22 9: 8 Potter 6:36 3: 2000; 4 Michael SC 5:20.5; 6 Smith 5:26.7; 7 W Wessley VAC 6:02.9; 8 Potter 6:36.3; 3000: 1 Michael 10:36.4; 2 Marks 10:38.1; 3 Skelton 10:45.1; 4 Snow 11:01.8; 5 G Orme MM 11:40.0; 6 N Robson NV 12:01.7; 7 Wessley 13:06.6; 8 Potter 14:53.6; 2000W: 1 K Richards MM 11:28.4; 2 K Bobbitt WM 11:42.2; 3 P Hannell VAC 11:48.6; 4 G Ayre EV 12:19.4; 5 A N Other SW 12:41.3; 6 R Powell SC 13:01.7; 7 C Graham NE 16:19.4; Medley: 1 MM 4:24.8; 2 SC 4:30.9; 3 WM 4:50.5; 4 EV 4:59.4; 5 NV 5:03.4; DT: 1 N Griffin 49.72(MR): 2 W Renshaw NV 38.44; 3 T Richards EV 37.88; 4 D Russell MM 35.69; 5 C Petty SW 31.96; 6 J Davies WM 27.35; 7 Routledge 17.41; SP: 1 Griffin 12.35; 2 Richards 11.14; 3 Charlton 10.43; 4 Russell 9.44; 5 Petty 8.01; 6 Routledge 7.35; 7 Davies 7.17; PV: B Hendrie 2.60; LJ: 1 Charlton 4.64; 2 B Williamson WM 4.20; 3 G Kitchener SC 3.45; 4 Routledge 2.46;

#### M70:

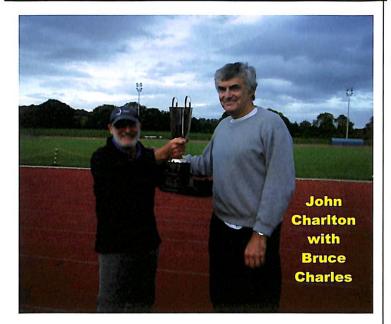
100: 1 A Carter EV 15.2; 2 A Crocker MM 15.2; 3 C Field SC 16.2; 4 M Farnham WM 19.4; 6 C Foote-Wood NE 20.5; 400: 1 M Simmonds EV 71.9; 2 F Gibbs NV 80.1; 3 G Hudson MM 81.2; 4 J Seymour SC 82.8; 5 R Checkley NE 83.5; 6 N Farnham WM 88.8; 800: 1 B Swindells MM 2:50.3; 2 Simmonds 2:51.8; 3 Gibbs 2:57.4; 4 Checkley 3:24.3; 5 Seymour 3:30.6; **3000**: 1 Gibbs 11:55.8; 2 Swindells 12:48.1; 3 Simmonds 13:30.0; 4 B Carter SC 15:16.2; 5 Foot-Wood 16:14.9; **Medley:** SC 6:22.9; **SP**: 1 C Brand 9.87; 2 Simmonds 7.82; 3 P Rees WM 7.33; 4 R Checkley NE 6.02; **HJ**: 1 Crocker 1.25; 2 R Bruck 1.15; 3 Carter 1.10; 4 Rees 1.00; LJ: 1 Crocker 4.01; 2 Bruck 3.77; 3 Carter 3.49;

 Wos:
 100: 1 E Ruddock MM 12.7 (MR); 2 J Hubbard SW 12.8; 3 K Sutton EV 14.6; 4 L
 Kelly SC 15.4; 5 S Fletcher WM 16.0; 200: 1 Ruddock 25.5(MR); 2 Hubbard 26.0;
 3 Sutton 27.0; 4 M Wakefield SC 29.2; 5 W Laing NV 29.9; 6 Fletcher 32.6; 400; 1
 Hubbard 59.8; 2 A Wale WM 60.8; 3 D Morley EV 62.5; 4 J Rogers MM 64.6; 5 Wakefield 67.1; 800: 1 Morley 2:27.9; 2 S Gray MM 2:29.3; 3 R Matthews WM 2:31.2; 4 C Steven SW 2:35.9; 5 S Kearney NV 2:37.9; 6 C Oliver SC 2:41.7 1500: 1 W King EV 5:08.2; 2 Kearney 5:08.7; 3 Steven 5:09.1; 4 L Knights MM 5:14.7; 5 J Phillips WM 5:16.1; 6 C Oliver SC 5:19.4; 3000: 1 J Pidgeon MM 11:07.4; 2 S Hawkins SC 11:15.3; H Jessop WM 11:34.8; 4 H Grant EV 11:56.8; 5 T Gibson NV 12:38.3; 80H: 1 Wale 12.9; 2 Laing 13.4; 3 I Barauskiene SC 13.8; 4 J Jagger EV 17.6; 5 Pidgeon 19.0; 2000W: 1 J Howard SC 11:44.8; 2 J Bellfield MM 12:23.3; 3 S Rey EV 13:53.2; 4 C Steven SW 17:15.8; 5 S James WM 18:21.6; Medley: 1 MM 4:30.8; 2 WM 4:38.5; 3 EV 4:40.7; 4 SC 5:27.8; LJ: 1 L Oliver MM & Barrauskiene 4.90; 3 Laing 4.56; 4 C Johnson EV 4.51; 5 R Jansen WM 4.29; 6 Steven 3.71; TJ: 1 Barrauskiene 10.14; 2 Rogers 8.77; 3 Laing 8.39; 4 J Isbill EV 7.90; 5 Phillips 7.87; PV: 1 Kelly 2.50; 2 J Buckley MM 2.40; 3 Isbill 2.00; DT: 1 E Beales EV 39.77; 2 S Laurence SC 32.71; 3 J Cooper MM 29.44; 4 C Alford WM 23.68; 5 Laing 21.63; HJ: 1 Laing 1.50; 2 Barrauskiene 1.45; 3 Jansen 1.40; 4 Oliver 1.30; 5 J Jagger EV 1.10; **JT**: 1 Jansen 27.65; 2 Laing 25.35; 3 Laurence 24.72; 4 K Addis MM 24.44; 5 Jagger 22.81; **SP**: 1 Beales 10.46; 2 Laurence 9.67; 3 Laing 9.26; 4 Alford 9.00; 5 Cooper 7.46; 6 C Steven SW 4.88;

W50 100: 1 C Powell SW 14.2; 2 J Trimble SC 14.4; 3 S McDonald MM 14.9; 4 C Filer EV 15.0; 5 I Hemming NV 15.1; 6 C Coleman WM 16.1; 7 F Argent VAC 18.0; 200: 1 Powell 28.7; 2 J Horder MM 29.0; 3 Trimble 31.0; 4 Hemming 31.7; 6 Coleman 35.0; 6 J Lawson EV 37.0; 400: 1 Powell 63.4 (MR); 2 Filer 71.6; 3 S Frisby MM 73.7; 4 T Eades SC 79.5; 5 A N Other 86.0; 800: 1 J Clarke EV 2:40.1; 2 S Tawney 2:46.5; 3 M Lorraine NE 3:01.0; 4 P Williams WM 3:11.9; 1500: 1 Clarke 5:01.1 (MR); 2 M Williamson MM 5:02.7; 3 J Coker WM 5:22.2; 4 J Morley NV 5:55.5; 5 L Hall SC 5:59.9; 6 Lorraine 6:09.3; 3000: 1 Clarke 11:06.4 (MR); 2 K Brooks MM 11:28.3; 3 Hall 12:22.4; 4 Morley 12:31.1; 5 P Williams WM 13:21.9; 6 Lorraine 13:30.3; 2000W: 1 C Duhig EV 11:32.2; 2 N Blatchford SC 11:43.6; 3 Y Priestman MM 13:50.3; 4 K Rogers SW 14:13.0; 5 G Williams WM 14:22.1; Medley: 1 MM 4:51.5 (MR); 2 EV EV 5:02.0; 3 WM 5:36.3; 4 SC 5:54.6; HJ: 1 Filer 1.35; 2 H Barker NV & Eades SC 1.25; 4 J Wakelam MM 1.15; 5 E Arwyn WM 1.00; LJ: 1 D Timmis EV 4.31; 2 Hemming 4.01; 3 Coleman 3.82; 4 S Yeomans SC 3.78; 5 P Garner MM 3.54; 6 Argent 2.79; TJ 1 Eades 9.09; 2 Filer 8.10; 3 Hemming 7.91; 4 Coleman 7.49; 5 E Restorick MM 6.76; 6 M Lorraine NE 6.68; PV: 1 J Ibbitson NV 2.70; 2 Filer 1.80; 3 J Piercey VAC 1.60; SP: 1 V Thompson SC 10.95(MR); 2 lbbitson 10.65; 3 W Dunsford EV 9.16; 4 A Morgan VAC & A Wrightson WM 7.87; 6 Frisby 7.52; 7 Rogers 5.06; HT: 1 lbbitson 40.27 (MR); 2 S Quinn EV 35.49; 3 Thompson 34.21; 4 Morgan 29.10; 5 Wakelam 28.57; 6 R Prells WM 25.68; 7 M Lorraine NE 11.62; DT: 1 Ibbitson 30.35; 2 Quinn 30.06; 3 Thompson 19.95; 4 Wrightson 18.97; 5 Wakelam 18.02;

W60: 100: 1 V Bonner MM 14.6 (MR); 2 E McMahon SC 16.0; 3 M Williams NV 17.1; 4 D Fraser EV 18.3; 5 J Kilgour NE 19.5; 6 A Conroy WM 25.2; 400: 1 N Hitchmough MM 75.5; 2 S James SC 81.3; 3 Fraser 91 4: 4 Kilgour 95.2; 5 Conroy 1:50.2; 800: 1 Hitchmough 2:50.0;2 P Gallagher 2:58.8; 3 James 3:10.3; 4 Kilgour 3:32.3; 5 A N Other 3:38.8; 3000: 1 A Copson M M 11:34.3; 2 C Morrison 13:36.0 (British Record); 3 R Hambrook WM 14:24.4, 4 Fraser 19:30.7: Medley 1 MM 5:04.8 (MR); 2 SC 6:17.5; 3 WM 6:44.6; SP: 1 L Sissons SC 9.44. 2 M Simmonds EV 8.54; 3 Williams 6.47, 4 C Rafferty MM 6.37, 5 H Cole WM 6.04, 6 Kilgour 5.43; JT: 1 Sissons 25.80; 2 Rafferty 21.38; 3 Simmonds 17.64; 4 Williams 17.05; 5 Cole 13.88; 6 Kilgour 11.41; LJ: 1 Simmonds 3.40; 2 S Hines MM 3.24; 3 P Oakes SC 3.13; 4 Williams 2 98; 5 Cole 1 72; HJ: 1 McMahon 1.17; 2 Simmonds 1.11; 3 Hines 1 11, 4 Williams 1 05

B.M.A.F. DECATHLON & HEPTATHLON , OXFORD-10/11<sup>th</sup> SEPT. Words- Bruce Charles. Picture-Derek Warn.



Oxford provided us with sunshine and an occasional heavy shower and a wind which made hard work for the sprints and hurdles.

We had a very large entry for the Decathlon which included three ladies and we were very glad of the 3<sup>rd</sup> Pole Vault bed at nearby Tilsley Park. This was an experiment that may well become a necessity if numbers continue to increase.

The picture for the Heptathlon is not however so good with yet another low turnout although there were some very good performances.

In the Decathlon John Charlton again won M60 and in so doing also won the Clarke Cup for the highest age adjusted score of all Decathletes.

In the Heptathlon the corresponding trophy went to Jean Fail whose return to Combined Events was very welcome. In addition to John Charlton there were three other athletes who exceeded 6000. These were : Tony Bowman (6343), John Mayor (6041) and Darren Dods with 6109.

6000 points is always an indication of a true combined eventer. The outstanding performances in an individual event came from Graham Ley with a 51.90 Javelin, Darren Dods with a 6.57cm long jump, John Mayor 15.98 sec Hurdles and Tony Bowman 14.82sec for 80 m Hurdles at age 76!

In the Heptathlon Amanda Wale ran a very fast 800 m in 2min 32.36 sec. and Louise Oliver an excellent 200m into the wind in 28.79 sec.

Again into a strong -3.9 metre wind Jean Fail ran a terrific 80 m Hurdles in 15.02 sec.

It is always a pleasure to officiate for combined events because the atmosphere between the athletes and between athletes and officials is always so good and this was again very apparent. M35-39: 1.Darren Dods (12.01-6.57-11.38-1.72-54.76-15.62-35.55-3.30-41.90-5-14.13) 6109; 2.Steve Wren (12.32-5.89-10.23-1.60-57.21-18.40-25.53-2.70-32.80-6-30.01) 4523; 3. Andrew England (13.23-5.39 9.70-1.69-68.97-20.01-33.43-2.80-40.12-7-00.67) 3983; 4. Graham Lay 13.50-4.93-12.30-1.45-68.92-21.53-32.23-2.50-51.90-7-05.32) 3771; 5.Stuart Richards (13.97-5.20-8.07-1.42-74.27-22.14-27.96-3.00-39.75-6-39.35) 3237;-6.Nathan Kitchen (14.49-3.62-9.10-1.42-66.41-23.40-27.09-1.50-29.78-5-34.77) 2826;

M40-44 1.Adam Young (13.43-5.84-9.31-1.75-60.50-18.05-24.84-2.50-37.26-5-38.82) 5039; 2.Rich. Buckingham(12.84-5.48-10.17-1.54-60.96-19.87-35.78-2.20-33.59-6-23.22) 4671; 3. Nathan Baker (13.41-5.32-8.42-1.60-58.33-20.85-22.28-2.30-28.85-5-12.50) 4465; 4.Kevin Byrne (13.21-5.08-8.14-1.69-61.32-19.37-24.58-2.40-27.89-5-37.21) 4447; 5.Darren Askew (13.21-4.85-11.81-1.45-66.13-19.60-35.01-2.60-36.29-7-06.09) 4344; 6.Geoff Butler (14.49-4.35-8.08-1.57-65.47-21.25-23.10-2.20-26.45-5-26.22) 3657; Ian Bridgeman (13.25-5.28-7.90-1.60-62.81) RETD;

M45-49: 1. Derek Osborne (13.68-5.62-8.75-1.48-59.58-21.43-26.14-3.00-35.73-5-17.97) 5288; 2.Geoff Powley (13.32-5.00-8.28-1.48-61.37-20.36-22.84-3.10-38.55-5-27.27) 5123; 3.Paul Flavell (13.36-4.75-7.83-1.42-58.19-19.08-20.37-3.10-29.57-5-04.64) 5117 ; 4.Nicolas Walker (13.61-5.00-9.61-1.39-66.52-19.86-30.58-3.40-36.04-6-58.41) 4817 5.John Dickinson (13.38-5.10-7.38-1.36-59.78-21.49-18.83-2.90-29.64-

5-42.65) 4555;6.Mark-Gray(13.70-4.84-6.64-1.45-62.10-21.72-18.96-2.50-31.75-5-15.43) 4432; 7.Alan-Easey (13.35-5.20-6.54-1.24-62.73-20.88-20.22-3.00-24.90-5-58.41) 4284; 8.Derek-Warn (13.79-4.90-7.42-1.39-64.82-21.94-21.84-2.50-27.82-5-55.08) 4132; 9.Marc-Juffkins (14.08-4.48-7.82-1.45-64.26-23.49-22.50-2.20-30.96-5-25.16) 4114;

M50-54: 1.John Mayor (13.30-5.44-10.14-1.54-58.43-15.98-29.42-2.50-32.29-5-37.31) 6041; 2.Paul Guest (13.07-5.19-8.02-1.54-60.55-17.77-27.46-2.00-33.44-6-07.87) 5283; 3.Keith Powell (13.10-5.04-8.36-1.39-61.65-19.29-28.59-3.10-25.21-6-24.08) 5078; 4.Ken Moncrieff (13.86-4.83-10.65-1.51-66.94-20.44-25.89-2.60-27.69-5-52.08) 4866; 5.Steven Wadley (14.08-4.53-7.99-1.30-60.49-20.02-23.05-2.10-28.10-5-00.91) 4710; 6.Peter-Stepney (13.94-4.72-6.78-1.36-62.22-18.54-21.37-2.40-18.77-5-19.04) 4597; 7.Alastair Duncan (12.94-4.56-9.06-1.42-57.99-25.93-25.07-2.20-18.82-dnf) 3952; Peter Ley (14.04-4.65) RETD;

M55-59: 1.-Clem Leon (3.67-4.35-7.32-1.51-61.99-20.27-23.56-2.00-21.27-5-47.84) 5055; 2.Geoff Miller (14.42-4.49-9.24-1.30-70.74-23.08-25.19-1.50-20.49-6-51.72) 4014; 3.Tomas Ulrik (15.52-4.02-10.26-1.33-83.77-22.02-32.82-2.20-30.06-dnf) 3817; 4.Rashpal Singh (15.25-4.64-6.51-1.30-75.16-21.84-14.39-1.90-21.53-6-55.72) 3569;

M60:64 1.John Charlton (14.16-4.98-10.84-1.24-66.23-18.32-33.47-2.70-37.21-6-53.77) 6152; 2. David Cowley (14.53-4.44-9.60-1.33-68.30-19.93-29.29-2.40-26.37-6-37.31) 5342; 3.Adrian Essex (14.11-4.38-8.65-1.30-70.37-23.23-24.46-1.50-21.17-6-18.54) 4557; 4.John Howard (15.94-3.73-8.58-1.27-74.94-21.66-33.10-1.50-24.74-6-19.70) 4279;

M65-69: 1.John-MacDermott (14.30-4.07-7.99-1.12-66.58-20.92-21.69-1.30-24.65-6-14.50) 5158; Brian Loten (17.78-2.98-7.45-1.03-102.18) RETD; -

M70-74: 1.Nick-Bannenberg (15.95-3.71-10.84-1.21-74.39-17.36-31.95-1.60-27.37-7-31.98) 5641; 2.David Haines (16.39-3.88-8.56-1.21-78.37-19.25-21.48-2.30-19.71-7-10.70) 5098;

M75-79: .1. Tony Bowman (14.85-4.01-7.55-1.15-74.80-14.82-19.23-1.80-23.20-8-13.57) 6343; 2.David Burton (15.48-3.85-7.70-1.12-83.92-19.85-22.00-1.70-20.56-7-28.88) 5498;

OPEN: 1.Steven Davey (12.67-5.50-11.24-1.51-59.19-19.14-33.94-3.50-44.15-5-10.66) 4851; 2.Robert Bushrod (13.10-5.19-6.96-1.57-59.98-20.91-15.98-2.20-30.46-5-17.04) 3460 ;

Women-OPEN; Jess Collins (14.75-4.31-8.61-1.42-78.93-20.82-16.85-1.60-23.78-7-27.98) 3036;

W35-39: Janet Littlewood (16.24-3.31-6.51-1.15-71.59-22.67-14.45-1.80-17.70-5-29.90) 2876;

W45-49: Ruth Bird (16.81-3.49-8.68-1.18-85.13-18.52-20.41-1.60-22.96-7-30.64) 3398; -

HEPT:

W35-39: Tanya-Jacobs (19.14-1.30-7.37-33.95-3.75-20.09-3-00.25) 2523; W40-44: Amanda Wale (12.82-1.33-8.63-29.06-4.64-25.18-2-32.36) 4405; Louise Oliver (14.87-1.39-10.57-28.79-nj) RETD;

W45-49: Sue vanHuyssteen (16.10-1.24-6.42-30.72-4.02-20.29-2-32.74) 3835.

W50-54. 1.Judith Jagger ( 16.98-1.30-8.80-33.29-4.01-24.35-3-08.44) 3934; 2.Penny Butcher (16.53-1.15-5.88-36.66-3.72-18.01-2-53.85) 3225;

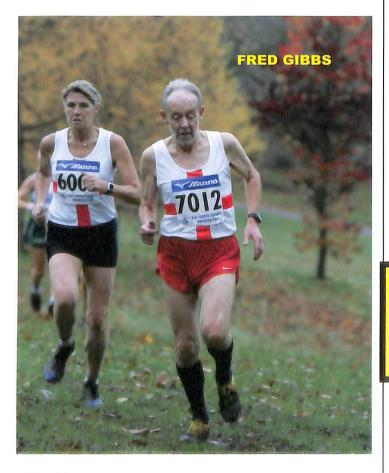
W60-64 Jean Fail (15.02-1.21-6.82-36.21-3.83-21.54-3-54.98) 4353; W65-69 1.Patricia Oakes (19.38-1.09-6.75-42.52-2.90-14.89-5-05.46) 3130 2.Margaret Coombe (22.18-97-6.37-50.78-2.53-18.45-5-59.89) 2276

### BMAF 10 MILE HEXHAM 4<sup>th</sup> SEPTEMBER. REPORT: WALTER HILL

BMAF members were entertained with a nourishing bap and jelly when they finished what can only be described as a unique 10 Mile Road Race. Tynedale Harriers had attracted a healthy list of open entry runners and over 70 BMAF members to compete over an undulating, scenic, rural and near traffic free course. When the day was over we once again showed that accommodating BMAF members increases the quality of the field and the final results.

It would be unfair to highlight any particular individual in this race. However, a number of members had competed two weeks ago at Leek and will continue to compete in BMAF races in forthcoming weeks.ie the 10 K in Exmouth and the Marathon both in October.

I am in the process of planning for 2012 and I hope you will find time to download a very short questionnaire which will also appear in the forthcoming edition of Masters Athletics. Please e-mail it directly back to me at walterhelen@hotmail.co.uk. I will always aim to distribute Championship Races across Great Britain and seek out those races which allow us an opportunity to celebrate members' achievement at a price which is realistic to all parties.



#### BMAF TEAMS:

W35: Tynedale (J.Lee, S.Scott & L.Marr); M35: North Shields Polytechnic ( Twaddle, Bracken & Hemy.); M45: 1. Lowfell (Stephens, Kelly & Doidge); 2 South Shields ( Jones, Balmer & Potter); M55 Morpeth ( Bayne, Sewell & Jenkins); M65: Clyesdale (Young, Cartwright & Jones)

#### BMAF FINISHERS BY AGE GROUPS

M35: 1 54:22 ALDRIDGE, Michael Wootton RR; 2.1:03:47 COUPLAND, Ronnie Tynedale H; 3.1:13:17 MOORE, Michael North Shields Poly;
M40: 1. 54:35 TWADDLE, Iain North Shields Poly; 2. 57:14 BELL, Stewy Chester-le-Street; 3. 1:00:32 HARKER, Ken Richmond & Zetland; 4.1:13:56 SINGER, Iain Blyth RC; 5.1:14:57 MCALINDEN, Gary South Shields;
M45: 1.56:08 BRACKEN, Guy North Shields Poly; 2.57:30 HOLLINSHEAD, Christopher Stafford H; 3.57:47 WATERSTON, Paul Morpeth H; 4.58:55 REDMAN, Paul Sunderland Harriers; 5.59:47 JONES, Michael South Shields; 6.1:04:45 HEMY, Vaughan North Shields Poly;

M50:1. 59:25 HETHERINGTON, Gary Sedgefield Harriers; 2. 1:02:16 STEPHENS, John Low Fell RC; 3. 1:03:54 MARSHALL, Stephen Durham City H; 4. 1:04:57 CROWE, Martin Elswick H; 5. 1:09:52 ROBINSON, Geoff Chester-le-Street;

M55: 1. 59:02 SHAPLAND, John North Devon RR; 2. 1:00:44 BAYNE, Gavin Morpeth H; 3. 1:02:45 HESKETH, Kevin Preston H; 4.1:06:38 HILL, Walter Crawley AC; 5. 1:09:01 SEWELL, Robert Morpeth; 6. 1:11:19 KELLY, David Low Fell RC; 7. 1:12:26 SARGENT, Rob Dagenham 88 Runners; 8. 1:17:17 THIRLAWAY, Malcolm Gateshead; 9 1:18:10 JENKINS, Archie Morpeth H;

M60: 1,1:08:50 CHRISTOPHER, Len Sunderland Harriers; 2.1:15:29 DOIDGE, Bill Low Fell RC; 3.1:23:42 ELWELL, Michael Cobra RC; 4.1:29:19 ELDERS, Alan Low Fell RC; 5.1:57:48 ROUTLEDGE, George Heaton Harriers;

M65: 1.1:06:02 NEWTON, Geoff Tadworth AC; 2. 1:06:50 BRACKSTONE, Tony SCVAC; 3. 1:09:31 O'GARA, Terry Wallsend H; 4. 1:10:08 ALLAN, William Tadcaster; 5. 1:12:22 CARTWRIGHT, Pete Clydesdale H; 6. 1:15:52 JENKINS, Glyn Thanet RR; 7. 1:16:56 POTTER, Arthur South Shields; 8. 1:19:30 WALKER, Mike Gosforth H; 9. 1:20:04 YOUNG, Robert Clydesdale H; 10. 1:20:31 BALMER, Bob South Shields;

M70: 1. 1:10:17 GIBBS, Fred Bingley H; 2. 1:21:03 MCCASKEY, Walter Edinburgh AC; 3.1:22:21 PRUDHAM, Joe Jarrow & Hebburn AC; 4. 1:22:39 JONES, Watson Clydesdale H; 5.1:31:50 MCNEIL, Bill Durham City H; 6.1:34:13 CHECKLEY, Reg Heaton Harriers ;

W35: 1.1:06:15 LEE, Joanne Tynedale H; 2. 1:18:58 THOMPSON, Vicki Jarrow & Hebburn AC;

W40: 1. 1:07:00 ACASTER Caroline Blaydon; 2.1:10:19 SCOTT, Steph Tynedale H; 3. 1:12:07 CHRISTOPHER, Heather Blyth RC; 4. 1:21:34 WALKER, Lisa Tyne Bridge H; 5. 1:25:14 PAYNE, Emma North Shields Poly;

W45: 1.1:13:55 HUNTER, Susanne Blyth RC; 2. 1:20:56 FRIEND, Jenny Heaton Harriers;

W50: 1. 1:07:57 ROBINSON, Heather Chester-le-Street; 2. 1:09:06 SHENTON, Fiona Elvet Striders; 3. 1:09:54 PALMER, Julia Benfleet; 4. 1:17:18 WHITE, Stephanie Tynedale H; 5. 1:23:03 POTTER, Sue North Shields Poly; 6. 1:32:21 MARR, Lynne Tynedale H; W55: 1.1:10:38 HESKETH, Marian Preston H; 2. 1:17:53 LORAINE, Maggie

Gateshead H ; W60: 1:32:28 KILGOUR, Janette Claremont RR;

W70: 1:30:27 JONES, Brenda Bro Dysynni AC;

### BMAF HALF MARATHON 21<sup>st</sup> AUGUST. REPORT: WALTER HILL

The Leek Half was my first Championship Race since being appointed Road Race Sec. I was anxious that all would run smoothly and members would be awarded with the correct medals. I also wanted members to have a good experience and recommend returning if our hosts Staffordshire Moorlands AC would have us back.

All looked good of the morning of the race. A healthy list of BMAF entrants would compete in fine weather and would be challenged by an undulating course along quiet country lanes.



Attractive T Shirts were collected prior to the start and the venue provided more than adequate facilities.

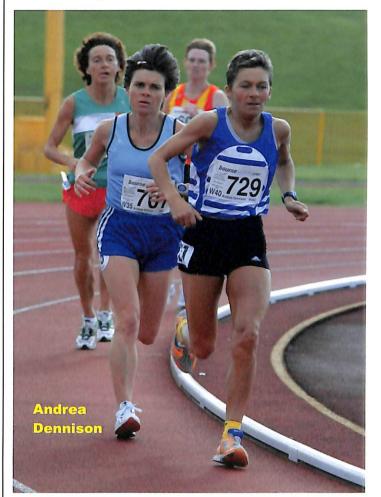
Of the 60 entrants we had 53 finishers. A sound statistic. Members indicated the strength of the federation with 7 members filling the first 9 places. Michael Aldridge M35 was the overall winner in a very respectable 1-15-36. Yes the course is challenging and he was almost 2 minutes clear of 2nd placed David Evans M35 in 1-17-36.

Lisa Finlay F40 led the BMAF ladies home in 1-29-03. Lisa whose first claim club is Dumfries Running Club returned home having been placed second lady overall. Behind her there was an amazing battle between Michelle Buckle F35 and Mandy Vernon F40 who both recorded the same time of 1-29-29, fortunately for the purpose of the prize presentation they were in different age categories.

The full results are in finishing times and Mark Hall M50 made a mark amongst the younger athletes with a fine 1-19-48. Tracey

Greenway F45 produced a similar performance and was placed 6th overall with a good time of 1-32-24. The final results highlight many pleasing performances as the course has a reputation of adding 5 or 6 minutes when compared to a flat half.

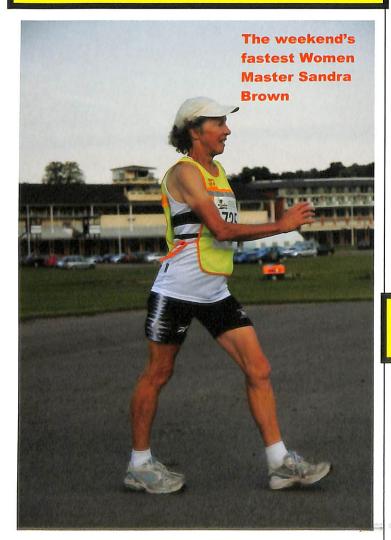
I am confident that all finishers would want me to thank our hosts. Personally I cannot fault the race. The infrastructure was all in place. Time keeping and results were very efficient which led to a smooth prize presentation where many members left with open prizes. I recommend returning and I am sure all parties would agree.



Michael Aldridge M35 (001/034) Wootton Road Runners 1:15:36; 2 David Evans M35 (002/034) Wolverhampton & BilstonAC 1:17:26; 3 Gavin Felton M40 (001/047) Barnsley AC 1:19:07; 4. Chris Hollishead M45 (001/052) Stafford Harriers 1:19:48; 5. Mark Hall M50 (001/027) Barnsley AC 1:21:40; 6. Paul Gibbings M45 (002/052) Trentham Running Club 1:22:24; 7. Ramasy Grant M35 (003/034) Fairlands Valley Spartans 1:22:49; 8 Pete Mallison M40 (002/047) South Cheshire Harriers 1:23:08; 9. Glen North M45 (004/052) Charnwood AC 1:24:33; 10. Viesturs Dude M45 (005/052) Crawley AC 1:24:38; 11. Scott Howell M50 (002/027) Les Croupiers RC 1:26:52; 12. Gary Moore M40 (004/047) North Shields Poly AC 1:27:04; 12. James Simpson M35 (006/034) South Cheshire Harriers 1:28:45; 13. Melvin Wallace M40 (005/047) Barnsley AC 1:28:56; 14. Lisa Finlay W40 (001/017) Dumfries Running Club 1.29:03, 15. Michelle Buckle F35 (001/016) Newcastle (Staffs) AC 1 29:29, 16 Mandy Vernon W40 (002/017) Trentham Running Club 1:29:29. 17 Desmond Michael M60 (001/021) Barnet & District AC 1:31:02; 18. Robert Tabbanor M50 (003/027) Trentham Running Club 1:31:15; 19 Walter Hill M55 (001/022) Crawley AC 1:32:21; 20. Tracey J. Greenway F45 (001/018) Derby AC 1:32:24 21. Martin Ford M65 (001/008) Cheltenham Harriers 1:32:26; 21. David Norman M40 (008/047) Dudley Kingswinford 1:32:57; 22. Geoff Newton M65 (002/008) Tadworth AC 1:33:14, 23. Richard Pitt M55 (002/022) Thames Hare & Hounds 1:33:51; 24 Adela Salt F35 (003/016) Staffs Moorlands AC 1 35 27 25 Andrea Dennison F45 (002/018) Bingley Harriers & AC 1 35 39 26. Eric Green M50 (006/027) Valley Striders 1:36:37 ; 27. Elame O'Sullivan F50 (001/013) EVAC 1 37 28 Tracy Lason F50 (002/013) Reading RR 1 37 51 29 Julia Paimer F50 (003/013) Benfleet 1 39 56 30 Stan Winterton M65 (003/008) Trentham Running Club 1 40:31 . 31 Steve Herrington M60 (004/021) Hereford Couriers 1 42 19 32 Beth Massey E40

(004/017) Barnsley AC 1:42:34 ; 33. Zina Marchant F60 (001/004) Team Bath AC 1:43:44 ; 34. Andrew Hanson M40 (018/047) Northern Vets AC 1:44:12 ; 35. Terry Fowler M45 (017/052) Staffs Moorlands AC 1:44:14; 36. Susan Ransome F50 (004/013) Pudsey Pacers RunningClub 1:44:23; 37. Rob Banner M50 (010/027) Northern Vets AC 1:47:18; 38. Alan Lewis M70 (001/004) Trentham Running Club 1:47:42 ; 39. John Thomas M70 (002/004) Corby AC 1:48:28; 40. Peter Giles M65 (004/008) Hercules Wimbledon AC 1:52:04 ; 41. Jerry Smith M55 (010/022) Sale Harriers Manchester 1:53:13 ; 42. Sarah Vick F40 (006/017) The Saxons Running Club 1:54:20 ; 43. Rose Wilson F50 (005/013) Trentham Running Club 1:54:39; 44. Mary Mills F45 (007/018) Holme Pierrpont RC 1:57:06; 45. John Heywood M65 (007/008) Huncote Harriers 1:57:47; 46. Bob Corinaldi M40 (035/047) Vale Royal AC 1:59:01 ; 47. Steve McCall M50 (023/027) Manchester Harriers 1:59:17 ; 48. Linda Fernough F45 (011/018) North Staffs RR Ass'n 2:05:09 ; 49. Michael Elwell M60 (015/021) Cobra RC 2:07:59 ; 50. Rita Banks F65 (001/002) Stone Master Marathoners 2:15:55; 50. Brenda Jones F70 (001/001) Bro Dysynni Runners 2:17:19; 51. Dave Onion M70 (004/004) Reading RR 2:28:45;

BMAF LONG-DISTANCE CHAMPIONSHIP 2011 – SURREY 100 MILES SATURDAY/SUNDAY 2<sup>ND</sup>/3<sup>RD</sup> JULY 2011 LINGFIELD PARK RACE COURSE Pictures: Mark Easton



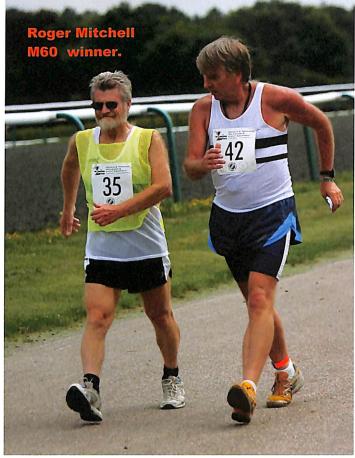
W35: Tara Williams LDWA 21:33:35; W40: 1. Sarah Lightman Leicester WC 22:55:58: 2. Suzanne Bi

W40: 1. Sarah Lightman Leicester WC 22:55:58; 2. Suzanne Beardsmore 23:23:43;

W45: 1 Ilona Klinkendon NED 21:04:02; 2. Caroline Mestdagh NED 21:30:57; 3. Marie-Paule Vandenabeele NED 21:32:01; 4. Angie Alstrachen Enfield & Haringey 23:42:48 (British Gold medal);

W50: Wendy Thurrell LDWA 21:33:35;

W55: Marth Pemen NED 23:48:37



W60: Sandra Brown Surrey WC 20:18:23;
M40: Bart Snoeren NED 19:04:07;
M45: 1. Fabiaan De Roeck NED 20:33:02; 2. Eddy Goeman NED 20:33:02;
3. Rudy Schoors NED 21:32:02; 4. Andrew Titley Isle of Man 22:57:05;
(British Gold medal); 5. Martin Fisher Redcar 23:53:31;
M50: 1. Rein Pistorius NED 20:26:26; 2. Ian Statter Surrey WC 21:12:25
(British Gold medal); 3. Kevin Marshall Ilford 21:25:20;
M55: 1. Frans Derijcke NED 21:32:01; 2. Wim van Cappelle NED 22:46:31;
3. Kenneth Falconer LDWA 22:54:23 (British Gold medal); M60: 1. Roger
Michell Surrey WC 21:36:17; 2. David Jones Redcar 21:38:13; 3. Willy
Vermeulen NED 22:44:15; 4. Paul King Belgrave H 23:57:20; M65: 1. Piet van der Kroft NED 23:30:27; M70: Jaap Visser NED 22:46:31;

#### B.M.A.F. 20KM CHAMPIONSHIPS (MEN/WOMEN) WARWICK UNIVERSITY, 20<sup>th</sup> AUGUST.

#### MEN:

 Paul Evenett M40 Redcar RWC 102.04; 2.Scott Davis M35 Ilford A.C.
 105.21; 3. Ian Richards M60 Steyning A.C. 109.01; 4. Steve Uttley M50 Ilford A.C. 116.12; 5. Steve Arnold M45 Nuneaton H 117.24; 6.Steve Allen M55 Barnet & D 130.17; 7. Michael Harran M70 Surrey W.C. 131.31;
 8. Ed Shillabeer M70 Ilford A.C. 132.48; 9.Sean Pender M55 Enfield & H 133.50; 10.Andrew Fraser M45 Portobello 134.49; 11. Bob Dobson M65 Ilford A.C. 135.18; 12 Mark Byrne M50 Redcar RWC 136.58; 13. Gareth Edwards M60 Telford H 138.07; 14 John Constandinou M35 Birchfield H 139.41; 15. John Borgas M65 Loughton 143.40; 16. John Payn M75 Lancashire 150.41; TEAM: Ilford 5:54:21;

#### WOMEN:

1. Diane Bradley M45 Tonbridge AC 117.25; 2. Maureen Noel M45 Belgrave 126.01; 3. Cath Duhig W50 Ryston Runners128.45; 4. Judy Howard W50 Abingdon 134.41;

#### MEN 30K:

1.Daniel King Colchester H 2.24.50 (Guest); 2. Paul Evenett M40 Redcar RWC 2.34.50; 3. Scott Davis M35 Ilford A.C. 2.37 14 1; 4. Ian Richards M60 Steyning A.C. 2.49.37 1; 5. Steve Arnold M45 Nuneaton H 3.04.09; 6 Chris Berwick Leicester W.C.3.05.37 (Not BMAF); 7. Steve Allen M55 Barnet & D 3.21.25; 8. Ed Shillabeer M70 Ilford A.C. 3.22.12; 9. Sean Pender M55 Enfield & H 3.26.29; 10. Bob Dobson M65 Ilford A.C. 3.27 30; 11. Gareth

Edwards M60 Telford H 3.34.05; 12. Mark Byrne M50 Redcar RWC 3.35.10; 13. John Borgas M65 Loughton 3.47.03; 14. John Payn M75 Lancashire 3.49.29; D.Q: Francis Thomason Road Runners Club; DNF Dominic King Colchester Harriers (Guest); TEAM: Ilford 9:26:56; WOMEN: Maureen Noel W45 Belgrave H. 3.15.45; 1<sup>st</sup> W45

### **WORLD MASTERS MOUNTAIN RUNNING CHAMPIONSHIPS, PALUZZA** ITALY, 17th SEPT

#### 35-54 : 10,980 metres. 65 plus: 8,680 metres.

M35: 1 GALLIANO Massimo ITA 47:52; 13 O'FARRELL Peter IRL 56:01; 14 90 SCHWEIGL Alexander 1974 M35 ITA ITALY 56:09; 23 BRIGGS Gareth GBR . 59:24; M40: 1 MOLINARI Antonio ITA 49:12; 15 CARTY Neil IRL 53:37; 31 CORNROY Cormac IRL 58:25; 32 MURRAY Leo IRL 58:50; 46 McCAULEY Richard IRL 1h01:07; 49 TAYLOR Roger GBR 1h01:41; 108 BIRBECK Mark GBR 1h22:36;Team: 2 IRL 64; M45: 1 ROBERTS Craig GBR 49:23; 11 DUGDALE Paul GBR 54:58; 12 CUNNINGHAM Mike IRL 55:05; 13 PYKE Stephen GBR 55:11; 21 RYAN Keith IRL 58:21; 23 BLACKBURN Thomas IRL 58:47; 101 ROBERTS Alan GBR 1h17:15; TEAM: 2 GBR 25; 3 IRL 56; M50; 1 AMATI Claudio ITA 51:08; 5 MALONEY Gerard IRL 57:40; 9 Mc DONALD Martin IRL 58:04; 11 NORMANDALE Andy GBR 58:06; 15 STEVENSON John GBR 59:11; 20 GRIFFIN Ger IRL 1h00:11; 24 RAINFORD John GBR 1h01:02; 33 BEATY Andrew GBR 1h03:46; 35 Mc CAVANA Pat IRL 1h04:10; 36 McGREEVY Dominic IRL 1h04:44; 44 KENNY Raymond Edward GBR 1h09:13; 59 GREENAN Seamus IRL 1h12:35; 79 THOMPSON Gordon Douglas GBR 1h21:4; TEAM: 3 GBR 202; 4 IRL 233; M55: 1 TIKHONOV Leonid RUS 41:01; 19 HAUSER Andy GBR 47:18; 36 BURN Robert GBR 51:04 57 McLOUGHLIN Micheal GBR 56:27; 67 BRADLEY Nich GBR 58:33: TEAM: 5 GBR 112; M60: 1 MOSCATO Aurelio ITA 43:55; 4 GRANT Bernhard GBR 45:54; 5 WINN Jackie GBR 46:28; 27 HERINGTON Steve GBR 53:40; 36 NICHOLLS Peter GBR 56:57; 63 LEWIS John GBR 1h06:32; TEAM: 3 GBR 36; 1 FRUET Alfred ITA 34:48; 12 MOODY Peter GBR 40:49; 13 FORD Martin GBR 41:25; 14 HETHERTON Michael GBR 41:44; 31 WIKELEY Alan GBR 52:11; 34 MORGAN David GBR 52:44; M70: 1 GROß Georg GER 37:39; 2 COVEY Peter GBR 38:53; 13 KENNETH Buckle GBR 45:02; 24 WATSON Stephen GBR 54:54; 25 KELLETT Michael IRL 55:35; M75: 1 BAGGIA Bruno ITA 40:44; 12 DUFFY Peter GBR 1h02:41; W35: 1 SEKYROVA Ivana CZE 57:38; 7 McCAULEY Jenny IRL 1h02:48; W40: 1 CHEMELLO Maria Pia ITA 59:53; 13 MELLING Zoe IRL 1h09:33; 17 SALLIER Vanessa IRL 1h13:11; 18 DOLAN Maria IRL 1h13:40; 21 VAUGHAN Andrea GBR 1h16:04; TEAM: 2 IRL 48; W45: 1 GREENWAY Tracey Jayne GBR 1h01:30; 3 WHITE Helen IRL 1h05:43; 14 SANDFORD Anne IRL 1h12:57; 19 DUGDALE Evelyn GBR 1h14:57; 35 SHOTTER Jean GBR 1h30:47; 36 CALLANAN Patricia IRL 1h33:47; **TEAM: 3 IRL 53; 4 GBR 55; W50**: 1 HEILIG-DUVENTÄSTER Mari GER 1h01:44; 4 GREENAN Mags IRL 1h11:09; 11 BEATY Kathleen GBR 1h14:14; 24 BUCK Lindsay Jean GBR 1h24:45; W55: 1 PAULU Blanka CZE CZECH REPUBLIC 49:30; 17 PATTON Dot GBR 1h07:47; 25 MOTTRAM Jane GBR 1h17:59; 28 BURN Christine GBR 1h19:12; TEAM: 3 GBR 70; W60: SPRONK Marianne GER 56:35; W65: 1 PLENER Charlotte GER 42:16; 7 GRIGIO Veleria ITA 54:59; 8 ROBINSON Brenda GBR 56:31; W70:BERGHAUS Bärbel GER 50:43; W75:1 1158 MARCIBALOVA Maria 1934 W75 SVK SLOVAKIA 57:50

### **EUROPEAN MASTERS GAMES** LIGNONO, ITA 10-20<sup>th</sup> SEPT

(This very much a post script item, so if anyone could provide a report it will be included in the winter edition)

M35 (-0.8): 3 Michael Downey IRL 11.70; M40 (-0.8): 1 Will McGee GBR 11.49; M45(-1.0): 6 David Kemp GBR 12.42; M50 (-0.1) : Pat Logan GBR 11.78; M55 (-0.6): 1 David Elderfield GBR 12.07: 4 Rob Cawson 13.63; W50(-0.3): 4 Teresa Eades 15 16:

M35 (0.6): 2 Baba Tindogo 23.16; M40 (1.3): 1 McGee 23.48; 5 Peter Benedicker 25.03; M45 (1.1): 4 Ian Allen 25.26; 6 Lance Croft 26.35;

M55 (-0.9): 2 Elderfield 25.35; 4 Tom Phillips 26.39; 5 Cawson 27.70; M75 (-3.1): 1 Ernest Caffrey IRL 36.73; W50(0.9); 2 Janice Hardcastle 31.11; W55(1.2) 1 Caroline Powell 28.71.

M35: 1 Tindogo48.98; M40: 2 Benedickter 54.46; 3 Michael Osunsami 54.74: M45: 3 Robert Grew 53.65; M50: 1 Robert Lewis 54.82; M55: 1 Elderfield 54.25. M70: 2 Anthony Treacher 69.28. W45: 1 Geraldine Finnegan IRL 63.12; W55: Powell 63 70, 4 Fiona Argent 82 42



M40: 6 Benedickter 2:07.88; M45: 3 Croft 2:08.70; 5 Grew 2:11.20; 7 Allam Roberts 2:49.27; M50: 3 Lewis 2:16.03; W45: 1 Finnegan IRL 2:32.49; W55: 1 Powell 2:33.68;

M45: 7 Roberts 5:28.54;

M45: 5 Roberts 20:42.40;

M45: 5 Roberts 42.27.52;

M45: 5 Roberts 14:25.56;

M60: 2 Aleksander Swiecicki 7:36.79; W45: Finnegan IRL 9:078.75;

110F M45(-1.6): 1 Allen 17.83;

M75 (-1.2): 2 Caffrey IRL 21.10; W45 (-0.5): 1 Finnegan 13.15; W50 (1.2); 2 Hardcastle 16.15;

M35: 1 Michael Downey IRL 62.34; M40: 1 Benedicker 58.86; M45: 5 David Kemp 68.18; W45: 1 Finnegan IRL 73.14;

M75: 1 Caffrey IRL 66.08; W50; 1 Eades 57.68; 2 Hardcastle 64.64; W55: 5 Argent 67.93;

M45: 3 Allen 1.75; W50; Eades 1.25;

W45: 2 Finnegan IRL 2.20; W50; 1 Eades 2.20;

M35: 4 Steve Lake 5.85(1.5); M40: M45: 1 Allen 6.31 (1.3); M70; 4 Treacher 4.15 (-0.8); W50; 2 Eades 4.26w;

M35: 3 Lake 12.52 (-1.3); M40: 1 Allen 12.62 (1.0); M50: 2 Rez Cameron 12.75 (-2.6); W45: 2 Finnegan IRL 10.06; W50; 1 Eades 8.84 (0.0); 3 Hardcastle 8.19 (-0.8);

M40: 6 David Glendower 7.17; M45: 7 David Burrell 11.12; M65: 3 Mike Hazlewood 11.81; M70; 4 John Scott 11.96; W50; 3 Claire Cameron 10.33; W75: Sheila Champion 5.26;

M40:5 Glendower 22.50; M45: 6 Burrell 34.68; M65: 2 Hazlewood 43.22; W50; 3 Cameron 33.39:

M40: 4 Glendower 7.24; M45: 5 Burrell 14.42; M65: 1 Hazlewood 15.98; M70; 4 Pat Comboy IRL 14.90; W50; 4 Cameron 10.82;

M45: 7 Burrell 40.50; M65: 3 Hazlewood 41.84; M70; 3 Comboy IRL 39.55; W50; 5 Cameron 30.56; 6 Lucy Moore-Fox 28.97;

M45: 3 Burrell 40.50; M65: 2 Hazlewood 41.32; W70: 1 Champion IRL 10.01:

×100

M45: 2 GBR 49.73 (Lewis, Croft, Allen & Grew)

W50: 2 GBR 5:00.03 (Eades, Hardcastle, Argent & Powell);

M45: 8 Roberts 1h39.53; M55: 4 Leslie Smyth IRL 1h32.22;

M45: 5 Burrell 3322: 8 Edward McKenzie 2122; M50: 1 Robert Broadbridge 3607

W50 2 Hardcastle 3673

W55 3 Argent 3075

 Joylyn Saunders-Mullins silver in the 400 metres.

Anne Martin two Gold's two Silvers.

Malcolm Renyard bronze at 5000 metres.

1335

**GREAT** BRITAIN

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1368

MENTO UCS

Gaye Clarke Heptathlon Bronze

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